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The Quincy Sun

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‘CHOWDA’ CHAMP – Jeff and Meredith Earnest of Quincy serve their shrimp corn chowder at the recent Houghs Neck Chowdafest. Their recipe was voted the top chowder in the individual category. More coverage on Page 6.

Quincy Sun photo/Tom Gorman

YMCA Seeks 11,000-SF, Two-Story Addition

*For Office Space, Exercise Studio
Gymnastics Center*

By SCOTT JACKSON

The South Shore YMCA is seeking to expand its Quincy location to provide additional office space and room for a gymnastics center.

The Planning Board on Sept. 18 held a public hearing on the YMCA's proposal add the addition to the Quincy location. The board is expected to take up the matter again on Oct. 16.

The Hale Family YMCA branch is located at 79 Coddington St. The two-story, 118,000-square-foot building opened in late 2013, replacing an 85,000 square foot building originally constructed in 1954. The South Shore YMCA is seeking to add a two-story addition with an 11,000-square-foot

footprint onto the building.

Katelyn Szafr, the branch's executive director, said the first floor of the new addition would include both office space and a group exercise studio.

"That is not only to feed the need in the city of group exercises that we are seeing over the past year, but also to assist with the teens that are utilizing our facility," she said. "As you know, the high school is located right across the street. We are a great community partner, so the teens flood over. Monday through Friday starting at 2:30, we average about 400 teens in that field house, so the expansion will certainly help the need within the community to

Cont'd On Page 4

Keenan: Changing Shelter Law Could Have Unintended Consequences

By SCOTT JACKSON

In a recent interview, Sen. John Keenan said he is concerned about the unintended consequences that could occur if lawmakers were to limit who would be eligible for assistance under the state's right-to-shelter law.

The Quincy City Council on Sept. 9 voted 6-3 to approve a resolution, introduced by Council President Ian Cain, that urges the legislature to amend the right-to-

shelter law to limit eligibility for state-supported emergency housing to individuals and families who have been residents of Massachusetts for the previous six months and are citizens or lawful permanent residents of the United States.

Keenan, a Quincy Democrat, said lawmakers have previously considered making those changes to the right-to-shelter law. He ex-

Cont'd On Page 16

License Board OKs Six Requests

By SCOTT JACKSON

During its most recent meeting, the Board of License Commissioners granted six separate requests.

The requests were all approved the afternoon of Sept. 24.

Among those items approved was the request of Ward 2 Coun-

cillor Richard Ash for special-use permits and one-day beer and wine licenses for "Food Truck Sundays Hosted by Councillor Richard Ash." The first event was set for this past Sunday at Faxon Field and the next one will take place

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SOUTH SHORE YMCA is seeking to add an addition onto the Hale Family branch in Quincy. The addition (seen at right) would have an 11,000-square-foot footprint. The first floor would have office space and a group exercise studio while a gymnastics center would be on the second floor.

Rendering Courtesy DJSA Architects



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More Quincy news:
The Quincy Sun.com

Interfaith's Food Rescue Program Diverts Over 200 Tons Of Food To Those In Need

As many as 1 in 3 adults in Massachusetts are facing food insecurity, and at the same time, more than one-third of all available food in the United States is going to waste. How can that uneaten food (nearly 92 billion pounds per year) get into the hands of those who need it most? One solution is food rescue programs.

Interfaith Social Services in Quincy operates one such program, diverting more than 434,700 pounds of food last year from the waste stream to the households of Massachusetts residents in need. Since 2009, the organization has rescued more than 5 million pounds of food from local restaurants, retailers and grocery stores.

"This is more than just an initiative to feed the clients served by Interfaith Social Services' food pantry," said Interfaith's Executive Director Rick Doane. "Preventing food waste is part of our collective responsibility to protect our planet and be conscientious stewards of our natural resources."

Interfaith Social Services operates one of Greater Boston's largest emergency food pantries, a mental health counseling center, Thrift Shop and homelessness prevention program. Since 1947, Interfaith Social Services has been a safety net for thousands of children and families from the South Shore who are trying to make ends meet.

In 2014, the Massachusetts Department of Environmental Protection banned the disposal of commercial organic waste. That meant that no one in the state could dispose of one ton or more of organic material per week. In 2022, they tightened the rule to half a ton per week. So, what happens to that food if it can't be thrown away? It has to be composted or donated. Interfaith Social Services is part of this solution.

Interfaith's food rescue coordinators drive a refrigerated box truck around the region five days a week, stopping at grocery stores like Stop & Shop and Trader Joe's and retail establish-

ments such as Target. At each stop they load up the truck with food that the stores can no longer sell. Interfaith also partners with local food rescue organization Spoonfuls for weekly deliveries of perishable foods they recover.

"For the most part, this is perfectly good food that would otherwise be heading to a landfill," Doane said. "In some cases, the store may have over-ordered a product or the best buy dates are quickly approaching. As stores restock with new items, the old ones are pushed out and that's what we're rescuing."

Doane credits local store managers who are committed to this initiative with the success of the program. "Many companies have corporate policies that mandate food must be donated, but it takes the dedication of the store's employees and management to turn those policies into a reality," said Doane.

When the boxes of food rescued from supermarkets return to Interfaith's food



INTERFAITH SOCIAL SERVICES' Food Rescue Coordinators Geoff Bowen (foreground) and Dritan Spiro assist in recovering more than 8,000 pounds of food each week from local grocery stores and retailers. The rescued food, which otherwise would have ended up in landfills, is redistributed to the organization's food pantry clients. Photo Courtesy Interfaith Social Services

pantry in Quincy, a team of volunteers sort and shelve it, making sure that the food is fresh and within food safety guidelines.

"We make it a point to only distribute food that we would feed our own families," Doane said. "If it's not in good enough condition to feed our own kids, we wouldn't want to give that our client families. Interfaith's volunteers are amazing. They tackle the herculean task of sorting thousands of pounds of food each day. We also work with

a local company to compost food that is unfit for human consumption."

According to the U.S. Environmental Protection Agency, the average family spends \$1,500 a year on food that doesn't get eaten.

Here are some tips on how you can prevent food waste at home:

- Meal Plan – Plan your meals for the week and purchase only what is needed to make them.

- Beware BOGO Sales – Buying in large quantities, or falling for buy one get

one deals, only saves money if all the food can be used before it spoils.

- Store it Right – Properly store fruits and vegetables to make them last longer and preserve freshness.

- Compost – Utilize at-home or city composting services to convert food scraps into soil or energy.

- Donate – Nutritious, untouched food can be donated to food pantries.

Learn more about Interfaith's food rescue program at <https://interfaithsocialservices.org/food-rescue>.

Christmas Parade Theme Contest

The theme contest for the Quincy Christmas Parade is underway, the Christmas Festival Committee announces. The Committee is seeking public nominations for the theme of the 71st parade which will be held on Sunday, Dec. 1.

The parade theme plays a significant role in float preparation for the annual event and is an important step in planning each year's parade.

The contest is open to all, and the winner will receive a gift and be invited to ride in a vehicle in the parade on

the Sunday after Thanksgiving.

All entries must be received no later than 4:30 p.m. on Friday, Oct. 4.

Entries should be made to Christmas Festival Committee, 1 Merrymount Parkway, Quincy, MA 02170.



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HOT DOGS



ICE CREAM



CORN HOLE

Keenan Hopeful For T's Future

By SCOTT JACKSON

Sen. John Keenan is optimistic about the future of the MBTA and believes the recent partial shutdown of the Red Line should be worth any aggravation commuters endured. He also called the award of a \$4.2 million federal grant to modernize the ferry pier in Squantum Point Park "absolutely huge."

The Braintree Branch of the Red Line, which links Quincy and Braintree to Boston, reopened on Monday after being closed for much of September. The shutdown allowed the transit agency to make repairs along 18 miles of track, eliminate 20 slow zones, and is expected to reduce round-trip travel times by up to 24 minutes. During the closure, the MBTA allowed fare-free rides on the Commuter Rail from Braintree and Quincy Center into Boston and provided a shuttle service between Quincy and Braintree stations and Ashmont.

In an interview on Sept. 25, while work on the Braintree Branch was still ongoing, Keenan, a Quincy Democrat, said the work on the Red Line would have taken 15 years to complete had the branch not been closed.

"It's going well," he said of the work to date. "Any-

one who drives by or gets on the Commuter Rail and goes into town and bypasses the work that's being done, it's absolutely unbelievable, the mobilization effort that was put in place on the Red Line. They are working 24-7. You can hear them working at night; if you're out a little later, you can see the lights.

"They are replacing track along the whole length. I spoke to the general manager...directly and he said the amount of work they're getting done with this basically shutdown of the Red Line, it would take them at least 15 years doing it the way they had been doing it. So, I asked him what's the life expectancy of the ties and rails, the work that you're doing, he said we hope to get 20 years out of that, maybe more, because he said we're going to turn our efforts to maintaining it after we've done it. So, in my mind I'm thinking it would have taken at least 15 years to replace these rails, by the time they got done with it, they would have been replacing the ones that they started with.

"And so, it has been inconvenient for people, but it is a lot of work. It seems to be moving pretty well.

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NEW CUSTOMER SERVICE CENTER – Don MacArthur, SVP of Strategic Accounts at Granite Telecommunications, and Michael Jacobs, CTO of J. Crew and chairperson of the Granite User Group, cut the ribbon at Granite's new headquarters, as Sen. Ed Markey and INCOMPAS CEO Chip Pickering look on in the background. The 240,000-square-foot facility at 1 Heritage Dr. in Quincy, now serves as Granite's Customer Service Center, designed to leverage advanced technologies that enable seamless, high-quality service for customers. The center features cutting-edge tools and platforms that support real-time customer interactions and provide rapid, efficient solutions. Granite's Network Operations Center (NOC) utilizes 24/7 monitoring, advanced analytics, and real-time response capabilities to ensure smooth operations for its clients. In his remarks, Senator Markey praised Granite's support for the local community and its role in fostering competition within the communications industry. "It's my distinct pleasure to be here with Rob Hale because he and Karen Hale are the number one philanthropic citizens of New England," said Markey. "[Granite stands] as the emblematic competitive telecommunications company in the United States of America, and it is headquartered right here in Quincy."

Courtesy Photo

Quincy Fire Prevention Week Open House Oct. 12

The Quincy Fire Department will be once again hosting its Fire Prevention Week Open House. This year's event will be held on Saturday, Oct. 12th from 10 a.m. to 1 p.m. at St. Mary's church parking lot, 115 Crescent St.

This year's Fire Prevention Week theme is SMOKE ALARMS: MAKE THEM WORK FOR YOU!

The Quincy Fire Department invites all residents of all ages to come and learn about fire prevention and other fire and life safety is-

ssues. There will be coloring books, toy helmets and stickers for the kids as well as valuable fire and life safety literature covering a variety of topics.

Visitors can watch the Jaws of Life in action as firefighters cut up a car and kids can flow water from the engine truck. Sparky the Fire Dog will be there as well.

Pizza and bottled water will be provided.

This will be a fun and educational event for the residents of Quincy.

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Moments in time

THE HISTORY CHANNEL

• On Oct. 14, 1957, The Everly Brothers scored their first No. 1 hit on the Billboard charts with "Wake Up, Little Susie." Though the lyrics described a perfectly innocent scenario, the song still managed to stir up enough controversy to get it banned in Boston for a time.

• On Oct. 15, 2004, the National Highway Traffic Safety Administration ruled that hearse manufacturers would no longer be required to install anchors for child-safety seats in their vehicles, though the rare models that contain rear seats are not technically "funeral coaches" and are therefore subject to the same child-restraint rules as other carmakers.

• On Oct. 16, 1991, George Jo Hennard drove his truck through a Luby's Cafeteria window in Killeen, Texas, before opening fire on a lunch crowd of more than 100, killing 23 and injuring 20 more. He was shot several times by police before fatally turning the gun on himself. No clear reason for one of the deadliest shootings in U.S. history was ever determined.

• On Oct. 17, 1835, Texans approved a resolution to create the Texas Rangers, a corps of armed and mounted lawmen designed to "range and guard the frontier between the Brazos and Trinity Rivers."

• On Oct. 18, 1977, New York Yankees outfielder Reggie Jackson hit three home runs in a row off of three consecutive pitches from three different pitchers -- a feat only Babe Ruth had ever previously pulled off -- in the sixth game of the World Series against the Los Angeles Dodgers.

• On Oct. 19, 1796, an essay by a writer calling himself "Phocion" appeared in the Gazette of the United States, in which presidential candidate Thomas Jefferson was accused of carrying on an affair with one of his enslaved workers. Phocion turned out to be former Treasury Secretary Alexander Hamilton.

• On Oct. 20, 1984, Monterey Bay Aquarium, one of the largest in the world, opened in California. Amongst its many firsts, the aquarium holds the distinction of being the only one in the world able to keep a great white shark captive for more than 16 days.

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Pollinators like the Blue Calamint Bee rely on this rare wild mint, also known as "Ashe's Savory" or "Ohoopie Wild Basil." It has only been found in two places: along the Ohoopie River in Georgia and the sand pines and scrub of central Florida. It has gray-green foliage and light pink or pale purple blossoms. It is one of many plants named after William Ashe (1872-1932), who was a pioneer forester of the United States Forest Service.

- Brenda Weaver

Sources: www.fws.gov, www.wildflower.org

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YMCA Seeks 11,000-SF, Two-Story Addition

Cont'd From Page 1

have the teens have a place to go after school."

A gymnastics center would be located on the second floor of the new addition.

"The city of Quincy currently does not have a gymnastics center; there are some dance studios and some cheer studios," Szafr said. "So, that would be a great add to the city of Quincy, not only the South Shore YMCA."

The proposed addition would be located within the

current loading area on the south side of the building, project engineer Brandon Li said. The loading dock would be rebuilt to the left of the addition if the proposal goes forward.

There are presently 377 parking spaces on site. Li said six spaces would need to be removed to make way for the addition, leaving the site with 371 spaces, more than two times the 140 spaces required by the city's zoning code.

The property is located within land subject to

coastal storm flowage, Li said, and the applicant has previously gone before the Conservation Commission and obtained an order of conditions for the project. The applicant also needs a special permit from the Zoning Board of Appeals and Li said they will be before that board at one of its October hearings.

One resident, Tom Stansbury of Newcomb Street, spoke during the public hearing. Stansbury said his only concern was that stormwater be absorbed on the side of the YMCA

closest to Southern Artery instead of making its way toward the Newcomb Street side of the site. Li said stormwater from abutting properties drains onto the YMCA property, and the stormwater system on site discharges the water into the city's drain system on Coddington Street.

The proposal, including the stormwater management system, was being reviewed by a third party peer reviewer. The hearing was continued one month so that the peer review could be completed.

Food Truck, Music Festival Saturday On Coddington Street

The City of Quincy's Annual Food Truck and Music Festival will take place on Saturday, Oct. 5th from noon to 6 p.m. along Coddington Street from Quincy High School to the Thomas Crane Library.

The day will include a variety of bands, more than 30 various food trucks, dessert trucks and adult refreshments, as well as children's entertainment and lawn games.

"Each year, this event has grown in popularity. It's a great afternoon packed with lots of family-friendly entertainment," said Mayor Thomas Koch.

The Booty Vortex Disco/Funk Band will kick off the day from noon to 1 p.m. with their timeless disco and funk songs. The Willie J. Laws Band will take the stage from 1:30 to 2:30 p.m. performing their blues act.

Soul and blues music from the Munk Duane Band will take place from 3 to 4 p.m. Former Boston guitarist Barry Goudreau will perform with his band, Engine Room, from 4:30 to 6 p.m.

Kids entertainment includes Philip Alexander and the Wild Things from noon to 12:45 p.m., The Ridiculous Magician from 1:15 to 2 p.m., The Matt Heaton Band from 2:30 to 3:15 p.m., Danny Drakes Green Dragon Circus Aerialist from 3:45 to 4:30 p.m., Disney Princess with Superheroes sing along from 5 to 5:45 p.m. There will also be a Kids Gaming Truck from noon to 4 p.m.

There will be an extensive line-up of food trucks including Blacks Creek BBQ, Bone & Bread, Captain Mike's Tiki Boat, Cheese Louise, Cheesy Chicks, Deag's Local Diner, Gangnam Spice, Granite Links, Great Grandma Flaherty's,

Gonzalez, Kettle Corn, Loco Larry's Tacos, LollyJollyWaffles, Mi Corozon Tacqueria, Mom On The Go, Moyzilla, N Shore Beefie Boys, Pizza, Diavolo, Rockin Burgers, Sarcastic Swine BBQ, The Artisan Pig, Trolley Dogs, Wanderlust and Wicked Flavah.

Dessert trucks include Ellie's Treats, Smiles by the Mile, Sweetie's Shaved Ice, What's Up Cupcake and Whoopie Wagon.

Beverage trucks and tables include Craig's Café, Coffee Break Café and Hive.

For more information on this and upcoming events, follow the City of Quincy at quincyma.gov and on social media platforms Facebook, Twitter, Instagram and Nextdoor.

'Presidents Coast' Topic Seaside Social Club Oct. 8

The Seaside Social Club will host PJ Foley on Tuesday, Oct. 8 at 7 p.m. at the Houghs Neck Congregational Church, 310 Manet Ave., Quincy.

Foley will speak about what's called Presidents Coast - envisioned as a citywide network of pedestrian trails that would be a

roughly 5-mile "pedestrian highway" that would run from Quincy Center over Town Brook and Town River, through Broad Meadows, along the river and to Palmer Street, where it would then snake into Germantown and Houghs Neck near Rock Island Cove.

All are welcome.

READERS FORUM SUBMISSION POLICY

Instructions For Submitting Letters To The Editor

The Quincy Sun policy for letters to its Readers Forum is as follows:

The letter writer must send an actual letter - either typed or hand-printed (no cursive, please) via the U.S. Mail to the Quincy Sun office.

The front of the letter should be addressed:

The Quincy Sun
Attn: Readers Forum
1372 Hancock St.
Quincy, MA 02169

The Sun does not publish letters submitted by writers using an alias or a pseudonym.

The Sun also does not publish anonymous letters.

The letter must include the person's full name (first and last name) who is submitting the letter, home address and a daytime phone number so that the letter writer can be verified.

The letter should also be signed by the individual who wrote the letter.

The Quincy Sun welcomes the opinions of our readers in the form of letters to the editor, as long as the submissions are not in bad taste and refrain from personal attacks on individuals.

The Quincy Sun reserves the sole discretion to decide whether or not a reader submission will be published. If your letter is selected it will be run on a single occasion.

The Quincy Sun will not accept letters that are duplicated, reprinted, copied, or otherwise reproduced.

Letters should be original, typewritten or neatly handwritten. Letters should not exceed 400 words. Letters ex-

ceeding this length could be subject to editing and may not be published in their entirety.

The Quincy Sun does not as a general rule print form letters or letters which are also submitted to other newspapers. We are most interested in sincere personal views. If a writer cannot assure us that their submission is individual and personal, it may be rejected.

Letter writers may submit one letter to the editor once a month (no more than one in a four-week span). One letter per subject matter.

Letters that are accepted for publication will be printed when space permits.

Your Letter to the Editor must include:

- Your full name with signature
- Your complete address
- Your daytime telephone number

Your address and telephone number will not be printed in the newspaper, but will be used for verification by newspaper editorial staff.

Unsigned letters and letters containing personal attacks the newspaper deems to be of a libelous nature will not be published.

The Quincy Sun reserves the right to end debate on a topic after both sides have had ample chance to express their views.

The Quincy Sun reserves the right to edit or refuse all letters.

Robert H. Bosworth
Publisher
The Quincy Sun

Scenes From Yesterday



THIS IS A late 1920s postcard view of Billings Road looking east from the end of Lunt Street in Norfolk Downs. The Parker School is in the distance out of view behind the automobile. This is a wide street because when the land company that developed this area laid it out, they had trolley tracks running down the middle of the street through grass islands. People who bought lots along here got discounted tickets for the trolleys. The trolleys were discontinued in 1920 and in 1924 the

first busses used in Quincy went into service on this route. A number of doctors and dentists settled along here and had their offices in the large houses on both sides of the street. The new Model A Ford shown here probably belonged to the photographer, as it was common at the time to include their cars in their pictures as a trademark.

From the Tom Galvin Postcard Collection

Quincy's Yesterdays

This Week
1983
41 Years Ago

Council Rejects McCauley Proposal Over 2 1/2 Question

The City Council voted 8-1 to reject Mayor Francis McCauley's proposal to place the question of exempting the \$28 million payback over 10 years to General Dynamics from the tax limitations of Proposition 2 1/2 on the Nov. 8 ballot.

"The next call for a referendum should come from the City Council," McCauley said one day after the council torpedoed his bid to have the people vote on a Prop 2 1/2 exemption.

"I made my pitch. Let them take responsibility to ask for a referendum next time. I'll do the best I can to fit the \$2.8 million a year into the 2 1/2 structure. But it will be difficult."

"The voters have spoken already on 2 1/2," said Councilor Stephen McGrath. There's no need for them to do it again. People elected us to solve problems. I don't want to pass the buck to them."

Councilor Patricia Toland cast the only vote in favor of placing the referendum on the ballot.

"People may have changed their minds about 2 1/2," she said. "A healthy dialogue should take place on this question. I make no apology for letting people decide at the ballot box."

The Council left in the Finance Committee a second order approving the \$28 million bond issue itself, which, in effect, would be approval of the agreement worked out between McCauley and General Dynamics.

FAMED BAND IN CHRISTMAS PARADE

The famed McDonald's All-American High School Band, comprised of 104 school musicians from across the country, will be featured in this year's Quincy Christmas Festival Parade Nov. 27.

The band, which will be participating in the local parade for the first time, will also be featured in the Macy's Thanksgiving Day Parade in New York City and the Tournament of Roses in Pasadena, Calif. Jan. 2.

"I think it will add a lot of excitement to the parade," said Steve Gillig, local McDonald's owner, who arranged for the band's appearance.

The All American Band program was organized in 1967 by McDonald's Corporation to provide outstanding young musicians with the same "All American" status bestowed on high school athletes.

QUINCYISMS

Youngsters from the South Shore YMCA in Quincy - including Clinton Alexander, Michele Donovan and Greg Cooper - toured Boston Harbor as guests of the Boston Gas Co. Joining them was Day Camp Counselor Steve McCarthy. . . . School Committee member Francis Anselmo was presented with a plaque noting his 85th birthday during a representative council meeting of the Quincy Education Association. Anselmo was recognized for his "many years of service and genuine devotion to the causes of quality education for the children of Quincy." . . . The architectural firm of T. Owen Trainor Associates Inc., of Quincy, was retained by Nick's Volkswagen dealership which planned to move into the old A & P supermarket building on Southern Artery.

. . . DPW Commissioner Paul Anderson said snow-plowing of city streets will be better than ever this winter thanks to an odd-even parking plan enacted by the City Council. Under the plan, odd-numbered year people are required to park on the odd-numbered side of the street and in an even year park on the even side. . . . Kiwanis Club of Quincy installed the following officers: Robert Abraham, club president; Chandler Garland, vice president; Aldo Saluti, treasurer; Robert Parker, secretary; and new board members Alan Davis, Rev. Dr. Richard Malmquist, Charles Simpson, Jr., W. Henry Parker and James F. Stearns, Jr. . . . John E. Franklin, M.D., general practice and internal medicine at 59 Coddington St., announced Physician Home Care Services for senior citizens and the homebound. Services included doctor's visits, x-rays, EKG and laboratory services. . . . Martin F. Nolan, Boston Globe editorial page editor, was a guest speaker at Quincy Junior College's Distinguished Speaker Series in the second floor conference room at Quincy City Hall. . . . The Koch Club of Quincy forwarded hundreds of used clothing to a community service organization in Boston's South End for distribution to needy persons of all ages. . . . Eastern Nazarene College awarded an honorary doctorate of Humane Letters to Dr. Edward S. Mann. The lifelong Quincy resident served as president of ENC from 1948 to 1970. . . . A \$133,375 state contract to repave Willard Street from West Street to the Braintree line was awarded to the Simeone Corp. of Stoughton.

License Board OKs Six Requests

Cont'd From Page 1

on Sunday, Oct. 13, at the Fore River Clubhouse from 1 to 4 p.m. Jay Southwood of Break Rock Brewing said the events would feature a number of family friendly activities, like music and touch-a-trucks.

Also approved was the request of the Merry Men Foundation for a one-day beer and wine license for a hockey game that will take place between the group and the Boston Bruins Alumni.

The game is slated for 2 p.m. on Saturday, Oct. 26, at Quincy Youth Arena.

Likewise approved the request of the Hospital Hill Neighborhood Association for a special-use permit and one-day beer and wine license for a Fall Block Party on Saturday, Oct. 26, from 11 a.m. to 6 p.m. (rain date is Oct. 27). Edward Mulrane said they were working with TPAL to close off Glendale Road between Presidents Lane and Monroe Road for

the party. The neighborhood group has hosted Halloween events for children in the past, he said, and this year's would be for children and adults.

Also approved was the request of Off the Hook, 1269 Sea St., for a temporary extension of premises for its annual Octoberfest Event. That is set for Saturday, Oct. 5, from 11 a.m. to 8 p.m. with outdoor music.

In addition, the request of 99 Restaurant & Pub, 59

Newport Ave., for a change of its manager from Frank Rampino to Cindy Medeiros was approved, subject to final approval from the Fire Department. Medeiros said she has worked for the 99 since 2008.

Also approved was the request of Shankar Bhole LLC d/b/a Neighborhood Variety for a retail beer and wine license for the premises at 132 East Howard St. The premises are home to a 2,465-square-foot convenience store.

Quarry Museum & Lyons Turning Mill October Opening

The Quincy Quarry & Granite Workers Museum and the Lyons Turning Mill located on Quarry Hills Drive, West Quincy will open on Saturday, Oct. 5th and Sunday, Oct. 6th from 11 a.m. to 3 p.m. Also, a self-guided walking tour of the Lyons Turning Mill grounds to view artifacts around the mill with interpretive information at each location will be viewable.

The museum has added several new granite related artifacts to the outdoor museum as well as a newly constructed walking path around the rear of the mill with interpretive information on sites related to the mill's operation. Historic pictures of Quincy's granite industry with interpretive information on each picture will be displayed in what was the engine room of the mill. Visitors can view the locations of where the machinery was located by the foundations and stud locations.

The indoor museum will also be open for a self-guided tour to view pictures and artifacts from Quincy's granite industry. A new display of Quincy's sculptor, John Horrigan, with tools that he would have used and the hammer he is holding in the photo carving the Titanic statue. The museum's building featuring a geology display will also be open.

Museum members will be on hand to answer questions and Quarry Museum t-shirts will be on sale to help support the museum. Free admission. Directions: At the intersection of Copeland and Willard Streets, West Quincy, proceed under Expressway, stay to right to stop light, the U.S. building will be on the other side of ramp. Proceed across ramp onto Ricciuti Drive to end and right on to Quarry Hills Drive. The Turning Mill will be 100 yards on left.

Visit www.quincyquarrymuseum.org or call 617-472-1322 for more information.

Consider Moving Quincy College To ENC Campus

To the Editor:
Just a thought:

It was reported in the Sept. 19th Quincy Sun that the Mayor Koch and Ward 5 City Councilor Daniel Minton have co-sponsored an ordinance to create a new overlay district for housing for people over the age of 55 at the current ENC campus. I applaud their forward thinking efforts and we all would agree that Quincy could use the additional 55 plus housing.

However, I think that perhaps a less disruptive thought should be considered. How about considering moving the Quincy College to the Eastern Nazarene Campus? ENC has a beautiful library, class rooms, sports gymnasium, scientific laboratories and some limited housing for students. This opportunity to acquire what is essentially a turn key ready made college is not something that comes along every day.

By using ENC for what it already is - a college - we could avoid considerable disruption to the neighborhood

and avoid significant construction costs.

In regards to the over 55 housing why not consider making the Munroe Building into an over 55 housing complex? After all the exceptional efforts of the mayor, the city council and partner developers, over the past 15 years, together working as a team they have literally transformed the Quincy downtown from a depressed area into a vibrant, beautiful, historic centerpiece. I would think this area would be very desirable with its close proximity to the MBTA and walking distance to all the restaurants.

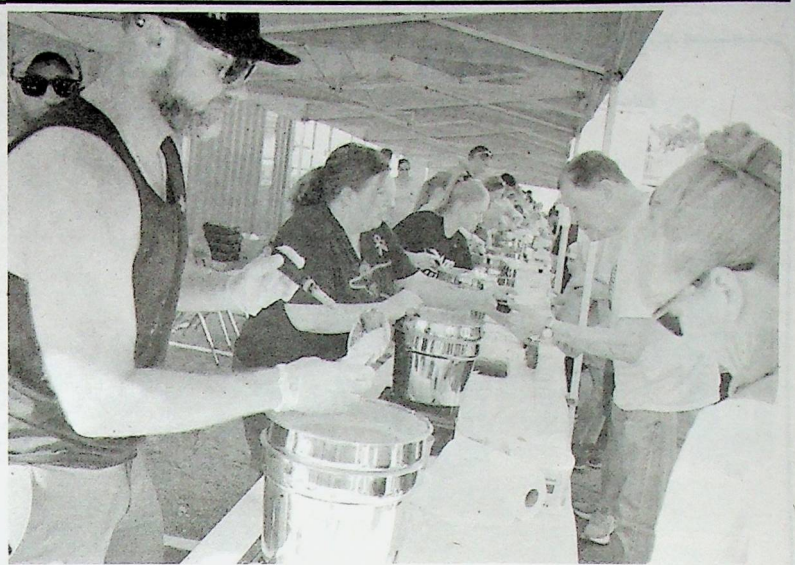
In addition, with the Munroe Building turned into a market rate over 55 housing complex it moves from being a non revenue property to an income, tax paying asset on the positive side of the ledger. Just a thought.

H.A. "Alie" Shaughnessy
Quincy

READERS FORUM



KATIE TRACEY, left, and Brandon Nadeau, right, dish out restaurant chowder samples during the ninth annual Houghs Neck Chowdafest Sept. 14.



CHOWDER COMPETITORS from restaurants and individuals dish out samples at the Houghs Neck Chowdafest.

Ninth Annual Houghs Neck Chowdafest Draws Hundreds

By TOM GORMAN

Hundreds gathered on a postcard-perfect afternoon Sept. 14th for the ninth annual Houghs Neck Chowdafest at the Maritime Center.

"This has really become a neighborhood reunion where we see generations of families, people that grew up here, come back," said Maragret Laforest of the Houghs Neck Community Council. "And what a blessing mother nature granted us today, it's perfect ten out here. There's a nice breeze, a good day on the Houghs Neck waterfront."

There were boat rides on the bay by the Quincy Police and State Police Maritime Units, music, a gaming trailer for kids featuring video games, a bake sale by the Houghs Neck Congregational Church to support the Quincy Public Schools McKinney Vento Homeless program, and a cash bar.

Also, the Houghs Neck Community Center was selling merchandise and memberships and Boy Scout Troop 6 was on hand serving burgers and hot dogs.

But, it's all about the chowder.

"The star attraction of course is the chowder," Laforest said. "We have restaurants from around the South Shore and individu-



AMANDA KNOWLES serves chowder samples.

als competing for the people's choice best chowder awards."

Chowders judged the top recipes in the restaurant category were Abby Park in Milton (first place), Tony's Clam Shop (second place) and Off the Hook (third place).

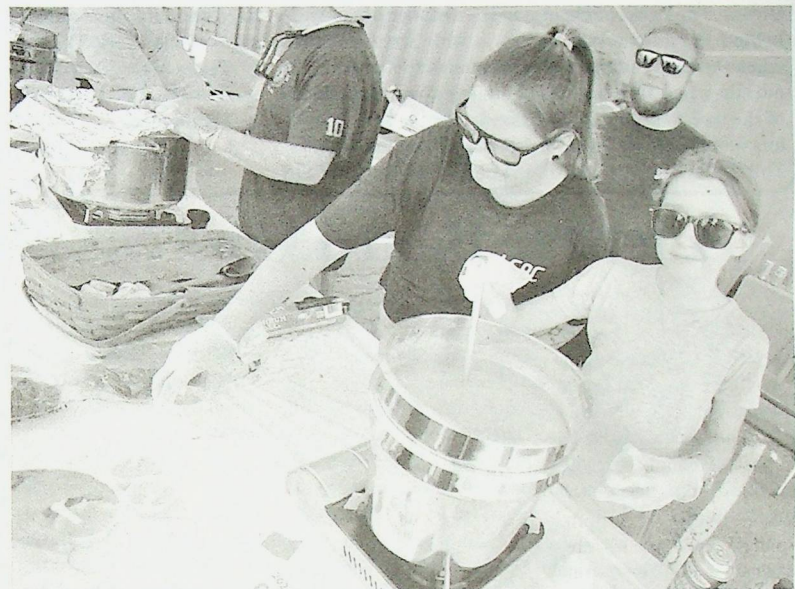
Meredith Earnest's homemade recipe for shrimp chowder took home the top honor in the individ-

ual category.

Tables with canopies were set up where chowder samples were given out. The lines were long where people of all ages patiently waited. Ballots were cast for the best chowder in both restaurant and individual categories.

Father and son team, Billy and Brian Dunn of Quincy said they have a lot going

Cont'd On Page 8



MOTHER AND DAUGHTER chowda team Kerri O'Rourke and Kaylee, 10, of Houghs Neck serve their chowder samples.



SON AND FATHER, Brian and Billy Dunn, serve their chowder at the Houghs Neck Chowdafest Sept. 14.
Quincy Sun Photos/Tom Gorman



SERVING CHOWDER from Waves Seafood are Sandra and Justin Silva.



A BAND entertains during the ninth annual Houghs Neck Chowdafest.

Angel Fund For ALS Research Gala

The Annual Gala to benefit The Angel Fund for ALS Research, an independent nonprofit organization that benefits ALS (Lou Gehrig's Disease) research at UMass Chan Medical School in Worcester, will be held at the Medical School on Saturday, Oct. 5th beginning with tours of the laboratory in the new NERB research building at 6 p.m.

The tours will enable attendees to see where the cutting-edge research takes place. Researchers will be on hand to explain their research projects.

In addition to the tours, the evening will include a silent auction, dinner, and remarks from Dr. Robert H. Brown, Jr. of UMass Chan Medical School, and Richard Kennedy, president of The Angel Fund for ALS Research. The event will honor individuals and organizations that have made extraordinary contributions to The Angel Fund for ALS Research.

The cost of the gala is \$125 per person and includes dinner which begins at 7 p.m. Sponsors to date include Nigro, Pettepit and

Lucas, Lucia Lighting, Solimine Funeral Homes and The Savings Bank.

Corporate sponsorships are available for \$5,000 (Gold Sponsorship), \$2,500 (Silver Sponsorship) and \$1,000 (Bronze Sponsorship).

Advance reservations are required, and tickets must be purchased in advance online at www.theangelfund.org. Information about the gala or a corporate sponsorship can be obtained at www.theangelfund.org or by calling (781) 245-7070.

Remembering Marie D'Olimpio

Longtime Sun Food Columnist Passes Away

To our faithful readers:
My mother, Marie D'Olimpio, passed away this week a few months short of her 100th birthday. She was such an inspiration to all of us and not only had an incredible will but a thirst for knowledge about what was happening around her, whether it be local happenings, world news, the "Sox", family events, including all the new babies.

Mom (Mimi to the grandkids) never missed a beat! She still recollected all our phone numbers (as well as all our doctors appointments, flights if traveling, and the whereabouts of every grandchild at any given time) she still had her nails done, her hair colored (gray is only good for sweaters) and wore all her jewelry and applied makeup daily (even though sometimes her hand wasn't too steady).

She loved and missed cooking for all of us kids.... but she still loved a great recipe! Always health conscious (but adored a donut every once in a while). Us kids would bring her homemade meals to her assisted living quite often (yes she complained quite a bit about the food and used to request



MARIE D'OLIMPIO

meetings with the kitchen team!) but of course, she was quite particular when it came to her meals.

She especially loved her food column in The Quincy Sun and was very proud that I was doing it along with her. We would often chat about what we would be writing about and she loved using recipes from her children and grandchildren. She adored all the staff at the "Sun" and even when she could no longer type the recipes out she had her niece assist her until the very last day.

I will continue to write in the food column and will use recipes from my mom's cookbook as much as I can.

I know many people loved my mother's recipes (even more than mine) since hers were always more "old school," so I will do my very best to honor that. I will be using recipes from my siblings, their children as well as my own children, who definitely got their grandmothers talent!

In honor of my mother, this week I will celebrate her by sharing one of her favorites recipes (printed below). Remember, lots of the absolute best memories revolve around family gatherings and memorable meals. It doesn't have to be fancy, even a good sandwich will many times do the trick.

Thank you for following us. But mostly, I thank my mother for instilling in me a love for cooking for my family and friends, that I know will continue with each generation, thanks to "Cooking with Marie."

Suzanne Falco

(Editor's Note: Marie's obituary was not available at press time. Her obituary will be posted on The Quincy Sun website when available and appear in the Oct. 10th print issue. The Sun staff extends its sincerest condolences to Marie's family.)

Movie Review: 'Transformers One'

By BOB GARVER

I actually had high hopes going into "Transformers One." Not because I'm a big fan of the toys or really anything about the property, but because this movie promised to correct some of the mistakes made by its predecessors. Namely, I was excited that there wouldn't be any live-action actors. For some reason, this franchise has never shied away from shoving human Shia LeBeouf or Mark Wahlberg characters down our throats when we all know it's the giant robots that sell tickets. This time, no humans, all robots. Also, animated versions of previously-live-action franchises have been pleasing me lately. Both "Spider-Verse" movies are outstanding, and last year for the first time I found myself liking a "Teenage Mutant Ninja Turtles" movie with "Mutant Mayhem." Could "Transformers One" turn me around on another property that I had previously dismissed as a series of glorified toy commercials? Sadly, no.

The new film is a prequel that looks at the friendship-turned-feud between Optimus Prime (Chris Hemsworth) and Megatron (Brian Tyree Henry) back when they were just humble miners on the planet Cybertron. The robots, known then as Orion Pax and D-16, respectively, live to serve planetary leader Sentinel Prime (Jon Hamm), but they can't do much since they lack the gears to Transform. Orion believes that if he can retrieve an ancient artifact known as the Matrix of Leadership, he can help the struggling planet more than Sentinel ever could. He hatches various harebrained schemes that include breaking into forbidden records rooms, entering he and D-16 in a race off-limits to non-Transformers, and exiting the mines and visiting the planet's surface ultra-dangerous surface.

It's on the surface that they meet left-for-dead Prime robot Alpha Trion (Laurence Fishburne), who warns them of a threat to the entire planet. They also come across a roving band



of disavowed High Guard robots led by Starscream (Steve Buscemi), who may become allies if Orion and D-16 can win them over. History is learned, secrets are revealed, some characters are captured by the villains for the final act. Along for the ride are disgruntled ex-mining supervisor Elita-1 (Scarlett Johansson) and waste management grunt B-127 (Keegan-Michael Key). Supposedly the latter will eventually become Bumblebee, a Transformer I know to be more competent than Optimus Prime, but here is just an annoying screwup, making me understand why "Bumble" is part of his name.

B-127 is responsible for about a third of the unfunny comedy in this movie, meaning that he's the "most" responsible, but he's not the only one. There's a weird... what I'll call "frat boy" energy permeating the scenes with male robots in this movie, outside of Fishburne. It's like Hemsworth, Henry, and Hamm are all competing to nail the perfect ratio of humor, chill, and action stardom. The result is three performances that are basically the same, which might work if the humor was funnier and the chill was necessary. And by "chill" I mean overly casual mannerisms, not the

reassuring calmness that an actor like Optimus Prime's previous voice actor Peter Cullen brought to the role.

The action scenes didn't really do it for me either. It's nice that the animated movie doesn't have to worry about Earthly limitations, but with every character being an arguably-soulless robot, it's hard to care about anyone having an advantage over anyone else. Plus, while the characters may have some color to their trim, their skeletons are all the same grayish metallic color, and that's what you mostly see during action sequence, so it's hard to tell who's winning.

"Transformers One" doesn't have much to offer outside of the Orion/D-16 relationship, which does provide some nice emotional moments from Hemsworth and Henry. Otherwise, this movie is right on par with the live-action "Transformers" movies that I wanted to leave behind. To be sure, getting rid of the humans is a step in the right direction, but it will take many more steps before I give one of these movies a recommendation.

Grade: C-
"Transformers One" is rated PG for sci-fi action and animated action throughout, and language. Its running time is 104 minutes.

Healthy Chocolate Cake

By SUZIE FALCO

My mom always loved chocolate cake (as well as chocolate ice cream and chocolate pudding). Today I am sharing a healthy chocolate cake recipe that is a family favorite. This recipe has a unique ingredient that not only adds nutrition but also incredible moistness and natural sweetness. Sweet potato!

Sweet potato chocolate cake (vegan and gluten free). This was adapted from "easyvegan4u."

3/4 cup cooked sweet potato (easy in the microwave) and mashed

1/4 cup each maple syrup and coconut sugar

1/4 cup cacao powder

1/2 cup full fat coconut milk

1 cup gluten free flour blend

2 teaspoons vanilla

1 tsp baking powder

1 tsp baking soda

1/2 tsp salt

1 tablespoon natural rice vinegar

3/4 cup good quality chocolate chips (I use mini Enjoy Life brand.)

Pre heat oven to 350.

I use a mixer but a food processor can be used. Do not put chips in yet.

Make sure you add the vinegar and baking powder/soda last to ensure proper rising.

Once all mixed fold in 1/2 cup of the chips. I use two small cake pans which I have lined with parchment paper but you can make a larger version.

Bake at 350 for about 30 minutes. Do not over bake.

Depending on size of pans you are using, Sprinkle rest of chips on top of the cake while warm/hot and spread on top like a frosting. You can use more chips if you like. I hope you enjoy!

QFD Retirement Banquet Oct. 7

The Quincy Fire Department, IAFF Local 792, will hold its annual retirement banquet on Monday, Oct. 7 at Florian Hall, 55 Hallett St., Boston.

Cocktail our begins at 6 p.m. and dinner begins at 7 p.m.

This year's honorees: Lieutenant Ralph Blight, Lieutenant Kevin Ferrent, Firefighter Paul Campbell, Firefighter Kevin Donelin, Firefighter Stephen Mitchell and Firefighter Michael Radigan.

All active and retired members are invited to at-

tend and honor the careers of these members.

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DIANE BECK serves up chowder from True North restaurant. Quincy Sun photos/Tom Gorman



VARIOUS CHOWDER concoctions are dished out.



MUSIC FILLS the air at the Houghs Neck Chowdafest.



ATTENDEES RELAX as they enjoy chowder and a scenic view.

Ninth Annual Houghs Neck Chowdafest Draws Hundreds

Cont'd From Page 6
on in their chowder.

"It's got everything, haddock scallops, clams, shrimp, bunch of stuff," Billy Dunn said. "The recipe is a thousand years old."

Meredith Earnest who moved to Quincy 16 years ago from Georgia brought her southern shrimp corn chowder concoction to the chowdafest.

"It's an old tradition I've entered several times here," she said. "The ingredients are shrimp, corn, lots of cream, and a secret ingredient I cannot divulge."

Kerri O'Rourke from Houghs Neck and her daughter, Kaylee, 10, were

busy working together dishing out their samples of corn chowder with bacon and potatoes – a brand-new recipe.

"I just came up with it like two weeks ago and I decided to enter it," said Kerri O'Rourke.

"And it's delicious," chimed in Kaylee.

Attendees paid \$10 and all the proceeds raised support the Houghs neck Community Center's free children's programs throughout the year.

Laforest said the chowdafest is a true community event.

"Really, it's like a group of neighbors that put this party on to do better for the community."



HUNDREDS of all ages enjoy the ninth annual chowdafest.

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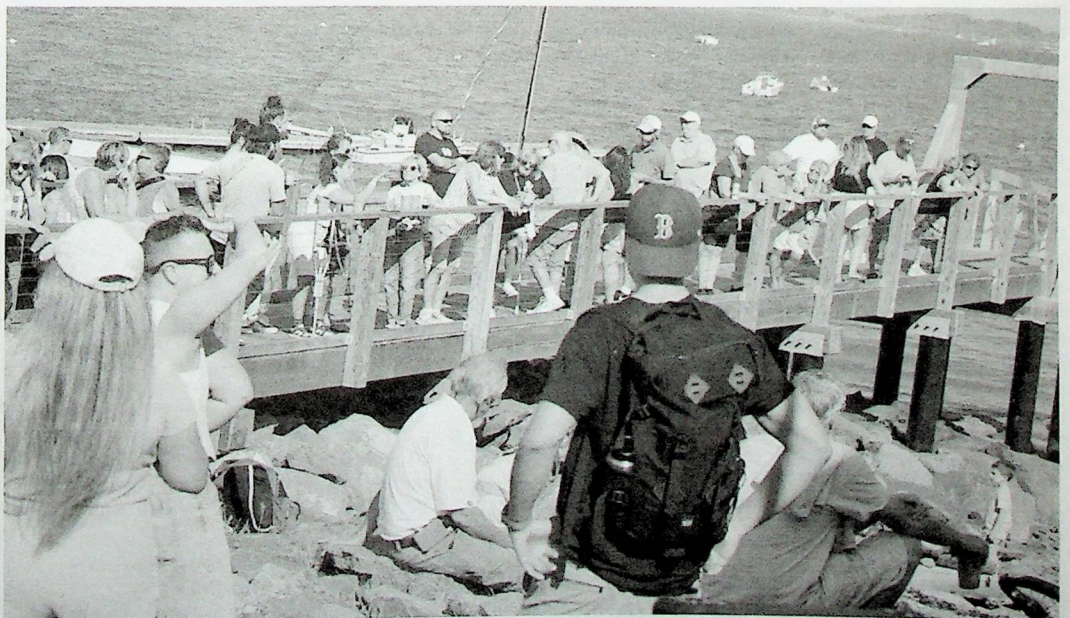
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THE DOCK is lined with attendees enjoying the chowdafest and warm weather.

Social Security Matters Ask Rusty – Veteran Ask About Special Credits For Military Service

By **RUSSELL GLOOR**
National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: I just learned that if I served in the military during an active-duty period, I could get extra earnings for Social Security and that these benefits would be automatically added to my record, but I was never asked by the SS employee who calculated my benefits if I was in the military. I took benefits at age 62 (2013) due to health reasons. Should I ask for a recalculation or is it too late? **Signed: Proud Veteran**

Dear Proud Veteran: Thank you for your service to our country, for which you have every right to be proud. You likely heard about "Special Extra Credits for military service," which applies to those who served in the military during certain periods earlier than the year 2001. This rule can add up to \$1,200 per year to your Social Security earnings record for the years you served and, since your SS benefit is based on your lifetime earnings record, your military earnings may have been included when calculating your Social Security benefit. But the rules for getting that "extra earnings credit" are a bit complex, and how much extra earnings credit you receive depends entirely on which years you served. Here's a quick summary:

- SS taxes have been withheld from military pay since 1957, so your actual military earnings are already included as part of your lifetime SS earnings record.
- If you served between 1957 and 1977, an extra \$300 for each quarter of active-duty service would be added to your military pay, up to \$1,200 per year maximum.
- If you served between 1978 and 2001, an extra \$100 would be added to your military pay for each \$300 of active duty pay received, up to a maximum of \$1,200 per year. FYI, no additional earnings are added to your military pay for service years after 2001.
- Those who served on active duty before 1967 should inform SS when applying for benefits about their military service (e.g., provide a copy of DD-214). For those who served after 1967, the "special extra credits" were automatically added to their military earnings record when they applied for SS benefits.

It's important to note that the "extra credits" are additional earnings added to your military pay record – not an additional benefit amount added to your Social Security payment because of your military service. If, however, your military pay was included in the 35 years used to compute your Social Security benefit when you claimed, then your military pay affected your SS payment amount.

In any case, if you served in the military after 1967, the special extra earnings credits were automatically included in your military pay record and, thus, were automatically included when calculating your Social Security benefit when you applied. If your non-military working career consisted of over 35 years during which you earned more than you did while serving, your years in the military wouldn't be included when computing your Social Security benefit anyway (only your highest earning 35 years of earnings are included when calculating your SS benefit).

Although it's never "too late" to request a recalculation, if you served after 1967 your military pay during your service years was automatically increased by SS to account for your military service. If you served before 1967, you could contact Social Security to ensure that the extra credits were included when calculating your SS benefit. FYI, here's a copy of the Social Security rules on this topic: www.ssa.gov/pubs/EN-05-10017.pdf.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisory@amacfoundation.org.



CITIZENS BANK presented Quincy Asian Resources Inc. (QARI) with a \$5,000 donation at the grand re-opening of its presence in Quincy Center. QARI's mission is to foster and improve the social, cultural, economic and civic lives of immigrants and their families to benefit their communities. Located at 1200 Hancock St. in Quincy Center, the upgraded Citizens Bank branch features the latest technology including Interactive Teller Machines (ITMs), and meets the banking needs of the community. On hand for the ribbon cutting ceremony Sept. 19 were (from left to right) state Rep. Tackey Chan, Quincy Councillor-at-Large Noel DiBona, Citizens Retail Banking Director Randi Skodras, Citizens Quincy Branch Manager Mary Nguyen, Mayor Thomas Koch, Citizens MA State President Lisa Murray, and QARI President and CEO Philip Chong. *Courtesy Photo*

Cain Supports Deaton In Senate Race

By **SCOTT JACKSON**

Quincy City Councillor Ian Cain said he will vote for John Deaton in the upcoming election for US Senate after Deaton bested him in last month's Republican primary.

Deaton, a Swansea resident, topped the ballot in the Sept. 4 primary, collecting 64.1 percent of the vote statewide. Robert Antonellis of Medford was second with 26.6 percent of the vote and Cain came in third with 9.3 percent. Deaton will face incumbent Elizabeth Warren, who was unopposed in the Democratic primary, in the Nov. 5 general election.

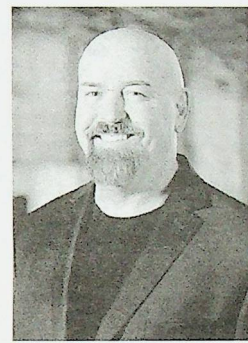
In a recent interview, Cain, the president of the Quincy City Council and co-founder of QUBIC Labs, was asked why he thought



IAN CAIN

voters in the primary backed Deaton over him. Cain said he lost votes to Antonellis because he is not pro-Donald Trump, and that Deaton was able to outspend him.

"I think there are two factors that played into this campaign," Cain said. "I think, one, I wasn't pro-Trump as a Republican and so I think that's why An-



JOHN DEATON

tonellis got as many votes as he did. And then I didn't have essentially \$3 million behind me, a million dollars on my own and a \$2 million super PAC supporting my candidacy. A million dollars from the super PAC was going towards television, radio and mailers, and that matters. I think that counted for a lot.



ELIZABETH WARREN

"We raised \$400,000, which might sound like a lot, but ballot access in Massachusetts is prohibitive. You have to get 10,000 signatures to get on the ballot. When I decided to run for the seat it was a little late in the game, so I didn't have a volunteer organized effort to hit the streets so we had

Cont'd On Page 11

ESTATE PLANNING LUNCH & LEARN

**Wednesday, October 9
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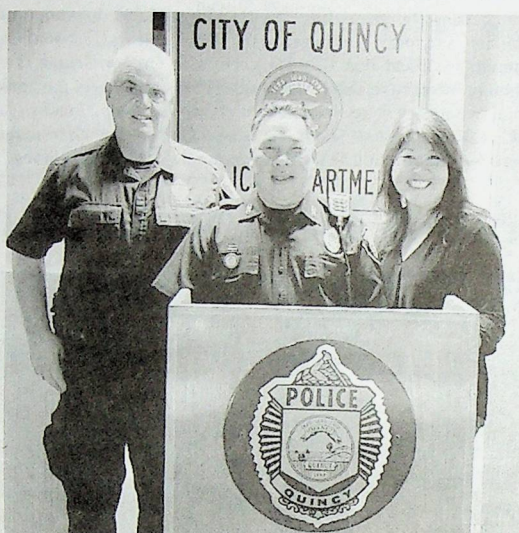
A Job Well Done

By OFFICER GREGG HARTNETT
Public Information Officer - Quincy Police Department

We would like to congratulate K-9 Officer Kent Yee on his retirement. Kent served the City of Presidents for 30 years. He attended the Needham Police Academy in 1987 and worked in the City of Newton until 1991 when he was laid off and was hired by the Boston College Police Department.

In 1994 he was hired by the City of Quincy. Serving a few years in Patrol, in 1998 Kent was assigned to the newly formed Community Policing Unit. In 2008 Kent transitioned back to the Patrol Division and was a go to senior Officer for many of our younger Officers.

Kent's favorite assignment was being selected to fill an opening as a QPD K-9 handler in 2017. He trained with and worked two K-9's



Lexi and Mochi. He worked to become a certified K-9 trainer.

Chief Kennedy and a large group of department members attended roll call

yesterday to acknowledge his three decades of service to QPD. We wish Kent and his family all the best for a happy and healthy retirement.

MEMBERS OF THE Quincy Police Department weren't afraid of some light rain last week raising money for a great charity. The group volunteered their time and raised \$3,000 for the Run to Home Base charity. Home Base is a national nonprofit dedicated to healing the invisible wounds of the war for Veterans of all eras including Service Members, Military Families and Families of the Fallen through world-class, direct clinical care, wellness, education and research – all at no cost to them – regardless of era of service, discharge status or geographical location. The program was founded by Massachusetts General Hospital and the Boston Red Sox. Good sportsmanship, camaraderie and fun was had by all who participated. We are proud of the efforts by our department members who support so many great charities throughout the year.

Photo Courtesy Officer Gregg Hartnett/Quincy Police Department

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For further information please contact the Bar Association of Norfolk County at 617-471-9693 or admin@norfolkbarassn.org. Check us out on the web at www.Norfolkbarassn.org.

QUINCY POLICE CRIME AWARENESS JOURNAL

Entries submitted by the Quincy Police Department

FRIDAY, SEPT. 20

DISORDER (with staff), 10:15 a.m., Father Bill's Place, 39 Broad St. Peace restored. Guest arrived early and was told to return at 3 p.m.

DISORDER (with neighbor), 10:24 a.m., Curtis Avenue. Peace restored.

SHOPLIFT (male shoplifter), 12:41 p.m., Marshall's, 141 Newport Ave. Report to be filed. Store got items back. Suspect issued a trespass notice and sent on the way.

SHOPLIFT (holding one female), 12:42 p.m., Target, 289 Hancock St. Trespass notice issued. Suspect sent on the way. Store to handle.

BREAKING AND ENTERING/MOTOR VEHICLE (last night), 5:44 p.m., Neponset Landing, 2 Hancock St. Report to be filed.

VANDALISM/PROPERTY (damage to car), 11:54 p.m., 20 block of Huckins Avenue. No damage. Given case number.

SATURDAY, SEPT. 21

DISORDER (tow dispute), 12:44 a.m., Tinson Road. Drop fee paid, vehicle parked without a permit and parked in no parking zone.

ASSAULT AND BATTERY (past), 10:23 a.m., 20 block of Woodward Avenue. Report and a criminal complaint filed.

BREAKING AND ENTERING/MOTOR VEHICLE (wallet taken), 10:50 p.m., West Elm Ave. Report to be filed.

SUNDAY, SEPT. 22

DISORDER (in bar), 12:56 a.m., Marriott Hotel, 1000 Marriott Dr. Manager reports a group of 10 people refusing to pay. Peace restored, advised and sent on the way.

VANDALISM/PROPERTY (spray painted car), 5:33

p.m., Langley Circle. Report to be filed.

LARCENY (bicycle), 8:03 p.m., 200 block of Fenno Street. Report to be filed.

BREAKING AND ENTERING/MOTOR VEHICLE (in parking lot), Christ Church, 12 Quincy Ave. Report to be filed.

MONDAY, SEPT. 23

SHOPLIFT (on motorcycle), 12:38 a.m., CVS Pharmacy, 626 Southern Artery. CVS retrieved some items, suspects were gone on arrival. Report filed.

LARCENY (package), 10:45 a.m., Executive House, 1025 Hancock St. Report to be filed.

LARCENY (items missing), 11:22 a.m., Spear St. Report to be filed.

BREAKING AND ENTERING/MOTOR VEHICLE (Ford E450 bus), 1:03 p.m., Clarity of Mind Adult Day Program, 29 Foster St. Report to be filed.

TUESDAY, SEPT. 24

LARCENY/ATTEMPT/MOTOR VEHICLE, 2:15 a.m., Ingram and Sea Streets. Report to be filed.

BREAKING AND ENTERING/PAST (garage), 11:33 a.m., Marsh Street. Report to be filed.

LARCENY (wallet missing), 11:47 a.m., River Bay Club, 99 Brackett St. Case number provided.

BREAKING AND ENTERING/MOTOR VEHICLE (past), 1:44 p.m., 30 block of Jackson Street. Report to be filed.

LARCENY (missing lockbox), 1:49 p.m., 99 Brackett St. Case number provided.

SHOPLIFT (male), 3:03 p.m., Walgreen Pharmacy, 132 Granite St. Unable to locate the suspect, unknown what was taken. Store to handle

DISORDER (in progress), 5:18 p.m., 360 block of Washington Street. Peace restored, all advised.

LARCENY (package), 10:43 p.m., 300 block Newport

Avenue. Report to be filed.

WEDNESDAY, SEPT. 25

LARCENY (packages), 9:43 a.m., Captains Cove Condos, 200 Coveaway. Report to be filed.

SHOPLIFT (past), 11:01 a.m., Home Depot, 177 Willard St. Report and criminal complaint filed.

LARCENY (snow blower), 2:29 p.m., 95 West Squantum St. Blower was located - report to be filed.

DISORDER (past), 3:31 p.m., Southern Artery. Report to be filed.

THURSDAY, SEPT. 26

BREAKING AND ENTERING/PAST (tools), 6:51 a.m., 200 block of Centre Street. Report to be filed.

LARCENY/MOTOR VEHICLE (overnight), 1:36 p.m., Firestone Tire, 2 School St. Stolen motor vehicle and report filed.

BREAKING AND ENTERING/MOTOR VEHICLE (past), 3:35 p.m., 30 block of Field Street. Report to be filed.

SHOPLIFT (in progress), 4:01 p.m., Stop and Shop Supermarket, 65 Newport Ave. Suspect fled. Report to be filed.

SHOPLIFT, 6:07 p.m., Target, 289 Hancock St. Suspect ended up paying for the items. Issued a trespass notice by employee and sent on the way.

DISORDER (male), 6:59 p.m., CVS Pharmacy, 626 Southern Artery. Peace restored. Male evaluated by EMS and sent on the way.

SHOPLIFT (two males), 7:30 p.m., Walmart, 301 Falls Blvd. Both males issued a trespass notice and sent on the way.

DISORDER (intoxicated males), 7:52 p.m., Stop and Shop Supermarket, 495 Southern Artery. Peace restored. Males sent on the way and advised.

Cain To Vote For Deaton In U.S. Senate Race

Cont'd From Page 9

to pay a team a lot of money to get the signatures, which was essentially half the budget that we raised, and we could have done a lot with that money.

"But I think that was it, those were the two factors. Money is a function of your ability to amplify your message, so if you don't have that money, you can't communicate with as many people as you'd like because the name recognition still is low for a John Deaton."

Cain plans to vote for Deaton in the general election.

"I will be voting for John Deaton. I offered to host him at Boston Blockchain Week because he also plays adjacent to the blockchain and crypto space like we do, so I offered to host him for a fireside chat and I also offered to host him a fundraiser. It was scheduled and then they had a schedule conflict," Cain said, later clarifying that Deaton did not appear at Boston Blockchain Week, which was held in Quincy last month, either.

Asked what Deaton needs to do to win in No-

vember, Cain said name recognition would be important.

"I hope for the best for John," Cain said. "The mission remains the same, to unseat an entrenched person that's been sitting in the seat for two terms and that's just not delivering for Massachusetts. It's funny now reconnecting with people who I've met over the last six plus months and now hearing from them that all of a sudden they're hearing from Elizabeth Warren. They don't hear from Elizabeth Warren and now that it's campaign season and she's trying to shore up her position, she out calling people trying to make empty promises."

"I certainly hope for the best for John. I think the two things he has to grapple with...is maintaining his moderation when it comes to party affiliation and also just name recognition. Again, that's a function of the money that comes in - and the eyeballs that are on here. You do feel that there is a level of protection that an incumbent has in the seat and, in a sprint like this,

you've got to work your butt off extra hard to make sure you get in front of the right folks."

The next U.S. Senate election in Massachusetts is set for 2026. U.S. Sen. Ed Markey, a Democrat whose seat will be on the ballot that year, has said he plans to run for reelection. Asked if he would run for U.S. Senate again in two years, Cain said he has not made that decision yet.

"There was hardly a contemplation before I decided to run for this. There wasn't a long premeditation. It was just an opportunistic play that I saw a potential path," Cain said. "I'm more than happy to continue in my role on the City Council and as council president for now and evaluate what I'm going to do in the next year in terms of how I can best continue to serve the residents of Quincy."

"We're still trying to bring a couple projects over the line, the municipal broadband project. You've done some great community over nine years and I think a lot of people, especially just campaigning other places,

like the concept of limiting terms and I don't want to be occupying a seat for longer than I need to if there's someone else who can do more good work for the city."

The governor's seat will also be on the ballot in 2026. Gov. Maura Healey, a Democrat, has not said whether she plans run for what would be her second term. Asked if he would consider running for governor in two years, Cain again said he had no long-term plan.

"I'm not kind of premeditating these things. They're circumstantial. All these seats are circumstantial. City Council was circumstantial. Why do I do this? Kevin Coughlin jumped off, 'okay, let's go for it, it's a great opportunity to get involved.' There's not a long-term play here," Cain said.

"I am so fortunate to have so many great things going on. I look at running for US Senate as a total privilege... It was awesome, just picking up on some of the issues that matter to people. It gave me great perspective on Quincy, because you recognize what a great position Quincy is

in, that we do a good job here. Some other cities and towns are hurting, and they don't have that type of energy, they don't have that type of commitment, they don't have people that really love this place that give back to it. There is a special sauce here."

Cain was first elected to the Ward 3 seat on the Quincy City Council in 2015. Asked if he would seek reelection in next year's municipal election, Cain said he hopes to continue serving in that role.

"As of now, I will continue in the role," he said. "I hope to have the opportunity to continue to serve. Again, I want to make sure I'm finishing projects and there is true value to the energy I bring to the seat."

Currently Democrats hold every statewide elected office in Massachusetts, including governor and the two U.S. Senate seats, all nine seats in the U.S. House, and supermajorities in both chambers of the state legislature. Asked what the Republican Party needs to do to re-energize in the state, Cain said the party does

have an opportunity to do so given that 64 percent of registered voters are unenrolled, meaning they are not members of any party.

"It's oomph and energy, but it's also marketability," Cain said. "I think the Republicans have a great opportunity to position the party as more viable as a leadership option for the commonwealth of Massachusetts, because it's not a Democratic state. It's an unenrolled state. The Democrats just hold all of the seats, because people are used to voting for Democrats."

"I met some wonderful, wonderful people across the state that are firmly Republicans and they believe in the right things, they want to work hard. A lot of the rooms are aging. The Republican town committees and the city committees across the state are all aging and a voting population that represents 9 percent of the state. I think there is great opportunity to tap into that middle 64 and entice them to join the club, because the Democrats are not taking us in the right direction here."

Planning Board OKs 14 New Units On Newcomb Street

By SCOTT JACKSON

A local developer has received permission from the Planning Board to construct 14 new residential units on Newcomb Street in Quincy Center.

The Planning Board on Sept. 18 approved Stephen Niosi's request to rehabilitate the existing two-family home at 29-31 Newcomb St. and add a 14-unit addition to the rear of the building. The project still requires approval from the Zoning Board of Appeals, which is scheduled to take up the matter on Oct. 8.

The property at 29-31 Newcomb St. contains 13,900 square feet of land. The site is located within a Business C zoning district.

Niosi in 2019 had received permission from the Zoning Board of Appeals to construct a 39-unit apartment building at 29-31 Newcomb St. and the neighboring property at 35-39 Newcomb St. Those plans had to be nixed, however, due to Covid and rising construction costs. In 2022, Niosi sought approval to build

28 units at 29-31 Newcomb St. but ultimately withdrew the application.

The existing home at 29-31 Newcomb St. is two-and-a-half stories tall and the proposed addition in the rear would be three floors high. Four units would be located on the ground floor of the addition, each of which would be accessible. Six units would be located on the second floor and four on the third floor.

Eight of the new apartments - those on the first and third floors - would be one-bedroom units, ranging in size between roughly 400 and 550 square feet. The other six apartments will be studio units between 300 and 330 square feet in size. The units will be marketed as workforce housing.

"We think what we're proposing here is a timely project at the right place and the right time to support members of Quincy's workforce," said Gordon Glass, the applicant's attorney.

The new addition to the building will run entirely on electricity with no natu-

ral gas service, according to Karlis Skulte, the applicant's engineer. The two-family home will continue to have natural gas service, he added, and gas service could be provided to the addition as well if needed in the future and the building code allow it.

A total of 16 parking spaces would be provided on site. A parking area with 14 spaces will be located on the right-hand side of the property, which abuts an auto repair shop. The other two spaces, which will be for guests and deliveries, will be located in a driveway on the left-hand side of the building. Glass said 24 parking spaces would be required under the city's zoning code, but 16 spaces makes sense given the size of the units, their nature as workforce housing, and the site's proximity to the Quincy Center, which is about 1,500 feet away. The site will also have covered bicycle storage to further incentivize alternative means of transportation, Glass said.

During the Sept. 18

hearing, Planning Board member Alie Shaughnessy asked where workers would park during construction. Tim Johnson, the project architect, said the project would require six workers and there should be enough space for them on site. Skulte said they could park in the Kilroy Square municipal garage if necessary.

Board member Larry Liuzzo asked how long construction would take. Johnson said it would take 12 to 16 months.

During the public hear-

ing, Tom Stansbury, a Newcomb Street resident, said this was the type of project the neighborhood wants to see on site.

"This has been about eight years we've been working on this to get this project done and finally it has come to fruition as what we requested as a city neighborhood to keep this in compliance with the neighborhood," Stansbury said.

Kevin Christian of Granville Street asked if the applicant would need a vari-

ance for the lot size, how tall the new addition would be, and what the setback in the rear of the property would be. Glass said the applicant needs a variance from the Zoning Board of Appeals for the lot size, but not a use variance. The rear setback would be seven and a half feet, Glass said, which does not require a variance; the zoning code requires a rear setback equal to one quarter of the building's height, and the building will be 30-feet tall.

Service Academy Info Session Oct. 20

Cong. Stephen F. Lynch (MA-08) will host an information session on Sunday, Oct. 20th from 10 a.m. to 12 noon at East Middle School in Braintree for all high school students interested in applying to one of the United States Service Academies. All students and their families are welcome to attend.

The middle school is located at 305 River St., Braintree.

Representatives from each of the following academies will make brief presentations and be available for questions:

United States Military Academy at West Point, NY
United States Naval Academy at Annapolis, MD

United States Air Force Academy at Colorado Springs, CO

United States Merchant Marine Academy at Kings Point, NY

United States Coast Guard Academy at New London, CT

Massachusetts Maritime Academy at Buzzards Bay, MA.

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New Law Increases State's Competitiveness For Federal Dollars

Transportation, Housing, Climate Projects Could Benefit From Up To \$17.5 Billion In Investment

The Massachusetts Legislature passed, and the governor signed into law, an initiative that will allow the Commonwealth to more effectively compete for federal funding that could be invested in transformative projects related to transportation, housing, climate, economic development, and technology.

The new law takes advantage of the interest accrued from the Commonwealth's Stabilization Fund and leverages that interest to ensure the state receives the maximum possible share of federal funds. The Commonwealth's Stabilization Fund has an all-time high balance of over \$8 billion. It is currently estimated that Massachusetts could receive up to \$17.5 billion through historic, once-in-a-generation federal funding opportunities.

"Ensuring that the Commonwealth is able to aggressively compete for the

federal funding being made available to states is critical," said House Speaker Ronald J. Mariano (D-Quincy). "The projects and investments that will be funded across the United States because of the Infrastructure Investment and Jobs Act, the Inflation Reduction Act, and the CHIPS and Science Act will transform this country and create a significant number of jobs in the process. It's vital that Massachusetts does everything that it can to share in that prosperity. I want to thank Chairman Michlewitz and Chairman Lewis for their work on this issue, as well as all my colleagues in the House and our partners in the Senate for recognizing the importance of this legislation."

"As a state that contributes so much to our nation economically, we have to do everything we can to make sure our Commonwealth receives in return from our

federal government a strong, consistent stream of funding for critical infrastructure," said Sen. John F. Keenan (D-Quincy). "With this legislation, we are making sure that Massachusetts is poised to be competitive against other states to compete for as much of this funding as possible."

"This legislation will ensure that Massachusetts is well-positioned to bid for and make use of federal funding opportunities during this key window," said Rep. Tackey Chan (D-Quincy). "Leveraging interest from the Stabilization Fund will not only set the Commonwealth up for success now but will also contribute to the state's debt-management efforts in the long run, thereby helping provide for Massachusetts' long-term financial viability."

"The passage of this bill is a demonstration of the Legislature's commitment

to ensuring Massachusetts remains competitive in our pursuit of federal funding," said Rep. Bruce J. Ayers (D-Quincy). "This puts us in a better position to address important issues facing our communities, including housing, transportation, economic development, and climate change, while continuing to pay down our debt and maintain fiscal responsibility."

The initiative requires the Comptroller to transfer interest from the Stabilization Fund to the Commonwealth Federal Matching and Debt Reduction Fund on a quarterly basis if the stabilization balance reaches certain benchmarks. The Secretary of Administration and Finance (A&F) would then pursue federal funding opportunities available due to the availability of federal funds for infrastructure, resiliency and economic development projects.

At its current level, the Stabilization Fund is anticipated to accumulate approximately \$250 million in interest annually. Currently, that interest is deposited directly back into the fund. The new law will require the Comptroller to transfer interest from the Stabilization Fund to the Commonwealth Federal Matching and Debt Reduction Fund when amounts exceed 10 per cent of budgeted revenues of the previous fiscal year; and the balance of the fund has not decreased in the previous year. When a diversion does occur, the interest will be used for two key purposes, including matching funds for federal grants, during this unique opportunity of Federal investments; and long-term debt management strategies.

Over the coming years, this law is expected to unlock more than \$800 million in funds that will be

used to fund the state or municipal match requirement for federal competitive grant opportunities, as well as planning work that will help municipalities with the process of preparing applications for federal grants. Once federal grant opportunities expire, money in this fund will go toward reducing the Commonwealth's long-term liabilities.

Through three pieces of federal legislation—the Infrastructure Investment and Jobs Act (IIJA), the Inflation Reduction Act (IRA), and the Creating Helpful Incentives to Produce Semiconductors (CHIPS) Act—over \$2 trillion in spending is being made available to states through competitive grant programs and formula allocations. With this law, the Commonwealth will be maximizing its position to capitalize on these substantial federal funding opportunities.

Keenan Hopeful For MBTA's Future

Cont'd From Page 3

"I think they've got three separate contractors doing the work. The expectation is they will do what they planned on doing by the date and when the trains are running after they finish kind of a test period once the trains get running again, that the speeds will increase dramatically. There will be no slow zones on this portion of the Red Line. They believe they can cut 20-plus minutes off of a commute on the Red Line. It's pretty dramatic and the general manager is quite optimistic about it. I expressed to him my appreciation, saying I see them out there working

morning, noon and night and on weekends. It's going as well as we hoped."

"There have been some hiccups," Keenan added. "Some people have been taking Commuter Rail and Commuter Rail has been crowded. Some people haven't been able to get on the train they wanted. Fortunately, we've got three lines that come through Quincy so people in Quincy have a pretty good chance of getting on a second train relatively soon after the first. But it's crowded and some people have had to wait a little longer than they wanted."

"But, in general, the

Commuter Rail has been running pretty well getting people where they have to go. There have been some — I think it was yesterday afternoon or Monday afternoon, there was a problem on the Commuter Rail that caused some delays. But in general, that has been working pretty well; people don't have to pay for that."

"This morning we had a meeting on the ferry. Ferry numbers are up, partially due to the Red Line shutdown, but in general the ferry numbers are trending upwards, so that's great news."

"Hopefully," the senator added, "it will be worth the aggravation that people had

to endure over the last several weeks."

Keenan, who regularly uses the MBTA to commute to Boston, said he had taken both the Commuter Rail and the shuttle buses to see how they were fairing.

"I have ridden the Commuter Rail. I have taken the shuttle buses to see how that's working. They decided to do the shuttle buses [to Ashmont]. So they've been shuttling along the Red Line and then going over to Ashmont, and that definitely adds time. That's why I think the Commuter Rail has become the preferred alternative," he said.

"The shuttle service works as well as it can; it's just subject to traffic. I took it out to Ashmont station, got on the shuttle there, and they go down Dorchester Ave and then down through Lower Mills, up and over Milton Hill...and then they go over to West Squantum Street to North Quincy station. That definitely takes time because you're subject to traffic. I did it at rush hour and it took a while. My total commute that day... I took the Red Line from Park Street to Ashmont and then got on the shuttle at Ashmont, and that took me about an hour and 20 minutes to get to Quincy Center. The Commuter Rail, if you get to South Station, it's about 18 minutes. But Commuter Rail doesn't stop at North Quincy, so it depends on which station you're using, whether Commuter Rail or shuttle bus is better."

Asked if he was confident the MBTA was headed

in the right direction, Keenan said he was.

"Back in 2018 and '19 when I was over at the Kennedy School, I would take frequently the bus to Quincy Center at the top of my street, get on the Red Line, get over to Harvard Square and walk from Harvard Square over to my class. I was doing that commute in basically an hour or less, and that included the bus at the top of the street to Quincy Center and then the Red Line to Harvard Square. So, when it works, it's phenomenal. That would have taken an hour and a half to drive," Keenan said.

"The hope is it will get back to those levels where people will feel good about the speed and the safety of it, that they are getting where they have to go more quickly and know the tracks are safer."

Mayor Thomas Koch and MBTA General Manager Phillip Eng on Sept. 18 announced that Quincy, with the MBTA's support, was receiving a \$4.2 million grant from the Federal Transit Administration to modernize the ferry pier at Squantum Point Park. In the recent interview, Keenan called that grant "absolutely huge."

"Getting the grant at the time we're getting it, so now the design of a pier will move forward, that coincides nicely, mixes nicely, with the idea of providing more direct service from Squantum to Boston," Keenan said.

"Right now, it's Squantum-Winthrop-Boston, Bos-

ton-Winthrop-Squantum. There's general recognition, and we've been pushing the legislature, that both Winthrop and Quincy should have their own direct routes. So, we're hopeful that this grant and its timing and the design of the pier will fit in nicely with that."

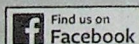
"Maureen Geary and the mayor's office have done a really great job on this," Keenan added. "As I said this morning in our meeting of the ferry working group, she's been tenacious and she really did a great job putting together the grant application. Obviously, Cong. Lynch was huge and the Senate delegation."

"It's a big deal. This is something we have struggled with for a long time, because a pier is very expensive, the city doesn't have the resources necessarily to do it. It has to be ADA compliant. What's being used now is not ADA compliant; it's modified to accommodate the ADA requirements. You're kind of limited as to how you can bring a boat in and maneuver a boat in that area. So, having this money to design this pier and build this pier — it depends on the final price as to how much this grant covers of it — but it's just a huge step forward for ferry service from Quincy and the idea that it will ultimately be year-round ferry service with a designated route from Quincy. Those are all down the road, but right now the grant is huge."

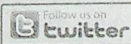
The administration of Gov. Maura Healey and the

Cont'd On Page 15

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Public Access Channel 8

Thursday, October 3
6:00pm: Bethany Congregational Church
8:00pm: QHS vs. Pembroke Girls Soccer 9/28

Friday, October 4
11:30am: LIVE: Currently in Quincy
7:00pm: LIVE: Quincy vs. Braintree Football

Saturday, October 5
1:00pm: QHS vs. Westwood Football 9/28
8:15pm: QHS vs. Pembroke Boys Soccer 9/28

Sunday, October 6
11:30am: Quincy Point Church Good News
1:00pm: The Call

Monday, October 7
11:30am: LIVE: Currently in Quincy
8:00pm: Quincy vs. Braintree Football 10/4

Tuesday, October 8
7:00am: LIVE: AM Quincy with Joe Catalano
7:00pm: AM Quincy: Mayor Thomas Koch

Wednesday, October 9
6:00pm: Quincy Point Church Good News
7:00pm: The Call

Government Access Channel 9

Thursday, October 3
4:00pm: Board of License Commissioners 9/24
5:00pm: Zoning Board of Appeals 9/24

Friday, October 4
7:00pm: Aging Strong: Hearing Aides
8:00pm: Planning Board 9/18

Saturday/Sunday, October 5/6
11:30am: A Look Back
2:00pm: Planning Board 9/18
4:00pm: Board of License Commissioners 9/24
5:00pm: Zoning Board of Appeals 9/24
7:00pm: City Council 9/16
8:30pm: QRD TV Movie/TV Review
10:00pm: Board of License Commissioners 9/24
11:00pm: Zoning Board of Appeals 9/24

Monday, October 7
6:30pm: LIVE: City Council

Tuesday, October 8
4:00pm: LIVE: Board of License Commissioners
6:00pm: LIVE: Zoning Board of Appeals

Wednesday, October 9
7:00pm: City Council 10/7

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

Camron Canty: Disability Advocate In Action On Capitol Hill

Quincy Resident Represents WORK, Inc. In Washington, D.C.

By ANDREA COOK

Camron Canty, a longtime resident of Quincy and employee of WORK Inc., was selected to represent WORK Inc. in Washington, D.C.

WORK Inc., a Dorchester-based nonprofit supporting and employing individuals with disabilities and is a member of the AbilityOne network. WORK Inc. employs 130 individuals with disabilities on AbilityOne contracts with the Federal Government in Massachusetts and New England. Each year, an individual is selected to attend the SourceAmerica Grassroots Advocacy Conference, travel to Washington, D.C., and meet with legislators advocating for more opportunities for individuals with disabilities.

Camron's journey with WORK Inc. began seven years ago when he joined as a custodian at the Volpe National Transportation building in Cambridge. His connection with WORK Inc. was established through our pre-employment program while he was still attending North Quincy High School. At the Volpe National Transportation Building, Camron works diligently with his coworkers to ensure the building is cleaned and maintained, showcasing his determination and commitment.

In recent months, Camron has shown remarkable growth in his interest in advocacy. He enrolled in a self-advocate

training program and since then, he has not only built his confidence but also learned to advocate for himself. His personal growth is a testament to his determination and the support he has received.

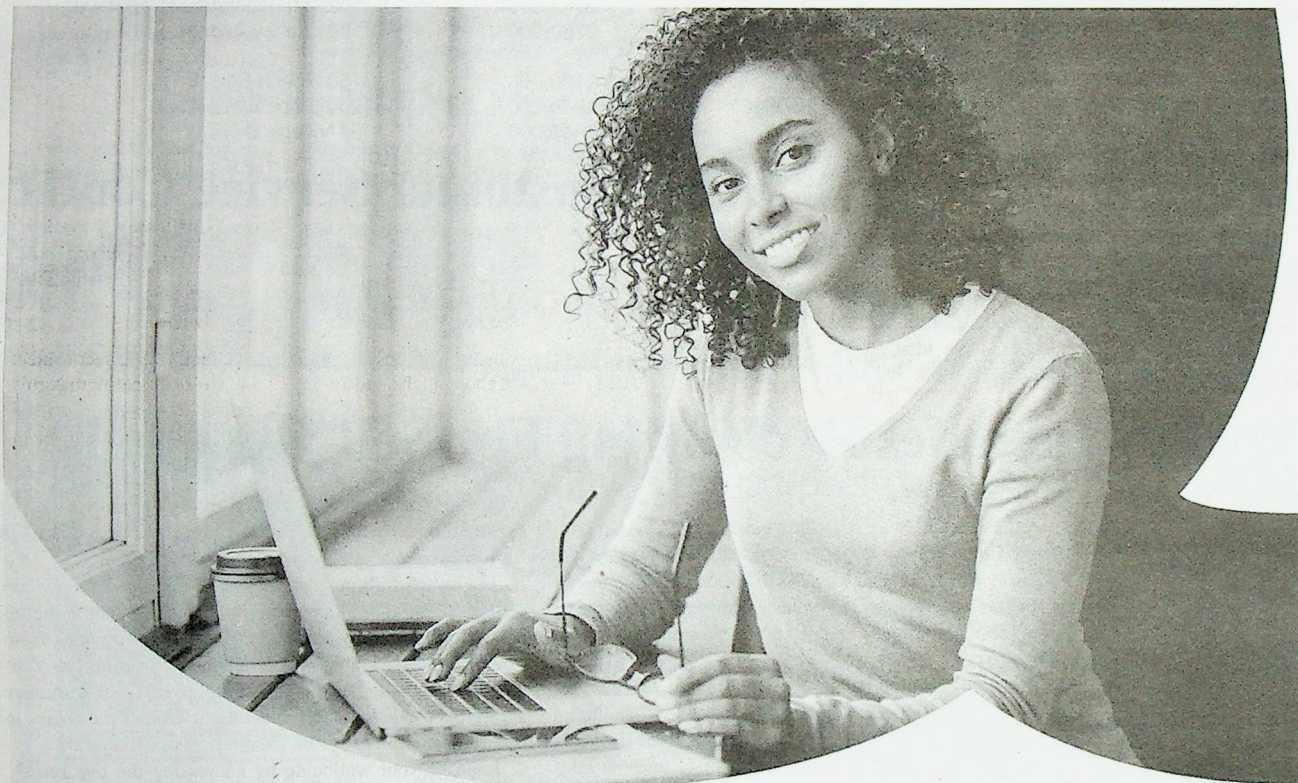
Once selected to attend the conference, Camron trained with WORK Inc.'s National Nonprofit Partner, SourceAmerica, and peers nationwide to prepare to meet with legislators in Washington, D.C. During the week of September 9, Camron traveled with a representative from WORK Inc. and his sister, Mackenzie, to advocate on Capitol Hill and tell his story. As a person with a disability, Camron has faced and overcome numerous challenges. He told his story to those in D.C., expressing how important having a job and independence is for a person with a disability.

Camron spoke with staffers from Congressman Lynch's, Congresswoman Pressley's, Congresswoman Clark's, Senator Warren's, and Senator Markey's offices, and he met with Congressman Jake Auchincloss.

Camron's message, 'I am somebody, and I have succeeded in life,' resonates with everyone he met during his advocacy journey. His words carry the weight of his journey, his challenges, and his triumphs, leaving a lasting impact on those he spoke with.



CAMRON CANTY, a longtime resident of Quincy and employee of WORK Inc., was selected to represent WORK Inc. in Washington, D.C. *Courtesy Photo*



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Real Estate

Quincy Real Estate Transactions September 23 - September 27

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Lillian Albrecht	Mau Le & Dan Nguyen	\$385,000	200 Cove Way
Vasil & Aida Pani	Xiao Huang & Fengqin Wang	\$885,000	7-9 Hammond Court
Rosemarie Fiore	Patrick & LisaMarie Hurley	\$694,000	385 Beale Street
Aingoc Ho	Nghia Le & Thao Hoang	\$765,000	2 Hughes Street
James & Christine Sullivan	Justin & Rachel Drum	\$760,000	60 Glendale Road
Sheila Montgomery	Daniel & Laurel Kennedy	\$715,000	33 Sims Road
Elizabeth Dougherty	Nicole Imbriano	\$817,000	1384 Quincy Shore Drive
Moustafa Ali & Marwa Elawi	Nicholas Batchelder	\$316,000	133 Cmdr. Shea Blvd., Unit 512
Maureen Chege	Xiuli Yu & Yong Zhao	\$820,000	65 Lawn Avenue
Deborah Green	Minh Vu Nhat & Hung Phan & Lan Vu	\$790,000	35 Gardiner Road
Eugenia Fleury & Robert Bishop Jr.	Lionsgate Properties LLC	\$337,250	73 Scotch Pond Place
Thomas Lynch	Marcos Pareto	\$379,000	77 Adams Street
The estate of Ann McCarthy	Allison Conley	\$577,999	16 Willow Avenue
Joseph & Jane Wilder	Victoria Vu	\$673,000	45 Stewart Street
Goodwin Property Group LLC	Francis Wong & Chi Nguyen	\$710,000	77 Willard Street
Daniel & Jamie Pious	Katherine Radin & Luke Geneslaw	\$865,000	86 Upton Street
Laurie Manwaring	Kevin Chiu	\$615,000	151 Hancock Street
Ian Campbell	Yan Li & Yu Wang	\$870,000	80 Presidents Lane
Denise Remington-hereford	Katherine Supajisawat & Phatcha Rattanapattayakorn	\$315,000	133 Cmdr. Shea Blvd., Unit 111
Timothy Clifford	Dorzhu Lopsan	\$319,500	1025 Hancock Street, Unit 11L
Quincy Ave Realty Partners LLC	Ngan Ho & Ly Nguyen	\$780,000	188 Quincy Avenue
John Magnarelli, Diane Semier,			
Maryann Palmer & Richard Magnarelli	Ben Yong Zhang & Huirong Shi	\$1,120,000	150 Beach Street
James Sullivan	Robert Plunkett & Lauren Rooney	\$640,000	250 Elliot Avenue
Stephen Pelleriti	John & Margaret Pisini	\$545,000	94 Village Drive

O'Donnell Highlights Registry Of Deeds Customer Service Center

Norfolk County Registrar of Deeds William P. O'Donnell reminds consumers that if they have a Registry related question, the answer is just a phone

call away by dialing the Customer Service Center at (781) 461-6101. The department is open Monday through Friday from 8:30 a.m. to 4:30 p.m.

"The Customer Service Center is a one-stop shop for Norfolk County homeowners and institutional users who have land related document questions," said

O'Donnell. "These questions can vary such as confirming the current ownership of a particular property or verifying if a discharge of a property's mortgage has

been filed after the loan has been paid off. We are glad to help with any inquiry, whether you come through our doors or call us by phone."

Registry staff can also inform customers about the various fees set by the state legislature for filing documents. Customers may also

Cont'd On Page 28

Home Therapy Includes Recharging For Self-Renewal

Ask Barbara Graceffa:

'Secretary Of The Interior'

For the past few columns, I have been answering a reader's question about using interior design to relieve stress and live a better life. Referencing the four domains – individual, organizational, communal, and now renewal – Home Therapy author Anita Yokota combines interior decorating with psychology (she's a family therapist) to help us set up our homes for self-care and connection.

Remember the old adage, "You can't replenish from an

empty well."

In the renewal domain (which has a lot of overlap with the individual domain – maybe a constant loop intent by the author?), Yokota tells us we need to create the right energy and home environment to rejuvenate ourselves. By doing so, we boost our moods and revitalize our mind, body, and spirit.

This domain of the Home Therapy Method concentrates on color and light therapy and creating a sensory sanctuary.

I've written a lot about color and lighting over the years and in my book, Inside Information: Secrets from an Interior Decorator, but I'll share quick overviews again.

Not only is color an important form of self-expression, but there is also a psychology to color choice. Tints, tones, and shades of reds, oranges, and yellows are warm, energetic colors. Use them on walls, textiles, rugs and accessories in public spaces like your living and dining rooms. Prepare your bedroom for sleep with blue, green, or violet hues – cool colors which calm your nervous system. Try them, too, in a spa-like bathroom for a relaxing atmosphere (I just painted my bathroom a pretty green from Behr called Nurturing.). Whites, off-whites, and greiges (the combina-

tion of gray and beige) enrich creativity in an art studio or sewing room. To enhance productivity in a home office, go for blacks, grays, and navy blues, Yokota tells us.

The proper lighting also improves mood and energy levels in a room as well as creativity, happiness, and hopefulness. Consider the wide range of lighting upgrades from brighter bulbs in table and floor lamps, opening up window treatments to let in more natural light, placing mirrors across from windows to bounce light around the room, to installing skylights.

Improve your wellbeing by addressing the five senses. Visually, add inspiring or stimulating artwork to trigger positive emotions. Adjust your acoustics with the healing sounds of music or the relaxing crackle of a fireplace. Treat yourself to an aromatherapy boost with an energizing citrus candle in your home office or gym. A lavender pillow spray promotes relaxation and balance allowing for more restful sleep. And don't forget the sense of touch. Use a weighted blanket to relieve anxiety. Practice acupressure with massage tools. Use a jade roller on your face for five minutes twice a day to rub your moisturizer deeper into your skin. (Many keep their jade rollers in the refrigerator!)

"Pressure and stress in life," says Yokota, "aren't all bad if your home is set up to be your cocoon."

Barbara Graceffa owns and operates Secretary of the Interior in Quincy, offering creative solutions at reasonable rates. Learn more about her decorating, downsizing, decluttering, home staging, home décor sewing services, and lectures at www.sec-interior.com. You can reach her at 617-921-6033.





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Keenan Hopeful For MBTA's Future

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MBTA under the leadership of Eng are both interested in ferry service, Keenan said.

"The prior administration, they weren't all that interested in ferry service. This administration is absolutely interested in ferry service. The general manager of the T is interested in ferry service. They now have... it's the first time there has been a designated person at the MBTA for ferries. David Perry is his name and he's the director of ferry operations," Keenan said.

"For years, Bruce Ayers and I and the mayor, we had every general manager of the T out. We had secretaries of transportation out. We've had them go out on the police boat to show them how quickly you can get from Quincy to Boston by water. One after another for years, we'd have them come out and show them - literally show them - bring them out,

put them on a boat and show them, but there was never an interest in the executive branch to do ferries.

"We've got a new governor, a new general manager of the T, a general manager that comes from New York where they have a robust ferry system, and now we've got a director of ferry operations. We've got renewed interest. We've got boats. They're talking about routes. The legislature, in the last transportation bond bill, put money in for a comprehensive water transportation study; they have put that out to bid, they have responses, so that work will be done. There is really a lot of momentum behind ferry service in Greater Boston and in Quincy in particular."

Ayers and city officials were instrumental in linking Commander Shea Boulevard to the parking lot at Squantum Point Park, meaning drivers do not need

to go through Marina Bay to get that parking lot, Keenan said.

"One of the issues had always been, say you're driving along Quincy Shore Drive and you see the red line on your GPS right at Dunkin' Donuts all the way over the bridge. The concern was if you said, 'there is a ferry over at Marina Bay, I'll take a right,' and then you go into Marina Bay, those are private roads," Keenan said.

"So Rep. Ayers was really key in this and the city as well - there was a new road that was built that was a public road that brings direct access into the parking lot at Squantum Point Park. You do not have to use Marina Bay access roads, so you can get onto Commander Shea and make your way onto this road that brings you directly into the parking lot. That was done with the idea that some day we will

have ferry service."

The late Cong. William Delahunt was also involved in the effort for years, Keenan added, securing the shelter that was installed on site.

"There's been a lot of people working on this for a long time," Keenan said. "We still have a long way to go, but I feel more positive about it now than I ever have."

The ferry service out of Squantum Point Park initially began in 2016, when Quincy partnered with the town of Winthrop on its ferry service. The MBTA began operating the ferry service in July 2023 and reported a 135 percent increase in ridership in the summer of 2024 compared to the prior summer.

"One of the issues had always been will you get the ridership," Keenan said. "I don't know how many residents there are now in Marina Bay - there's thousands,

never mind Squantum and North Quincy and everywhere south, but there are now thousands of residents at Marina Bay.

"So, you have that built-in base for the ridership and the numbers are starting to show it. And the numbers are trending upwards even with, I think, a less than optimal schedule for commuters. Despite that, you see ridership numbers going up."

Boston has the chance to have one the better ferry systems in the country, Keenan said.

"I was down in New York and I made a point of taking the ferries. It's phenomenal. You can get from 94th Street down to the seaport area or whatever they call it in lower Manhattan. You can get over to Brooklyn. Obviously, the Staten Island Ferry is free. If you're ever in New York and you want to see the Statue of Liberty

but you don't want to get on the island, take the Staten Island Ferry for free over and back. It's phenomenal. They have a really robust ferry system," Keenan said.

"I've been to Hong Kong and like clockwork it goes across the harbor. If you miss one, you wait eight minutes, here's the next one. I've been up in Vancouver, same thing going across the bay in Vancouver. The station is like a big train station. The ferries pull in, you get on, you go across to the other side.

"Right now we're told, and it's probably fairly accurate, that despite it being somewhat disjointed and not what we want it to be, Boston's ferry system is emerging as one of the bigger ones in the country. Not near New York, not near Seattle, but it's emerging as a pretty robust ferry system."

Seaside Social Club Meets Oct. 8

Seaside Social Club will welcome P.J. Foley Tuesday, Oct. 8 at 7 p.m. at the Houghs Neck Congregational Church, 310 Manet Ave., Quincy.

Foley will speak on

"Presidents Coast" - an envisioned citywide network of pedestrian trails. The trails would be a roughly 5-mile "pedestrian highway" that would run from Quincy Center over Town

Brook and Town River, through Broad Meadows, along the river and to Palmer Street, where it would then snake into Germantown and Houghs Neck near Rock Island Cove.

All are welcome.

Yoga Tuesdays At HN Congregational Church

Eldy's Yoga with certified yoga instructor Linda Beck is held Tuesdays from 1 to 2 p.m. in the lower level of Houghs Neck Congregational Church, 310 Manet Ave., Quincy.

Cost is \$5 per session.

Eldy's Yoga was developed specifically for those over 50 or those with joint issues who might find other forms of exercise difficult. The sessions can be done

entirely from a seated position or can be done standing and seated (no poses that require you to be on the floor). Learn to coordinate breathing and movement as well as increase strength and flexibility.



Flavin & Flavin Realty is excited to announce the successful sale of a highly desirable property located in the heart of Quincy Center.

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Keenan: Changing Shelter Law Could Have Unintended Consequences

Cont'd From Page 1

pressed concerns about the unintended consequences of doing so.

"I appreciate that they are concerned about it, because it is something that we are all concerned about. We have considered this at the State House. There have been amendments to various bills I think over the course of the last several months that would seek to put a residency requirement and a six-month waiting period on access to the emergency assistance shelter program," Keenan said.

"My concern is it may have some unintended consequences. For instance, what about somebody who has been here for five months, five and a half months, a woman with children who is the victim of domestic violence and all of a sudden has to flee the home. She and her children would not be eligible for the emergency assistance shelter program. Even if she is a United States citizen, had been here in Massachusetts, a resident, for four and a half, five, five and a half months, she would not be eligible for the emergency assistance shelter.

"What if someone who grew up here and left to try to get a job somewhere else and left for three or four months and the job didn't work out and they come back and were still unemployed and needed assistance, shelter in particular? They would not be eligible. Even though they grew up here, they would not be eligible under the six-month waiting period.

"Somebody who is homeless, who has been in Massachusetts but all of a sudden ends up homeless and can't prove residency because they've been homeless for six months, a year, two years. They can't prove residency and they say, 'now I really need to get settled and shelter, I need that type of assistance,' they would not be eligible.

"So, while it is focused on the migrant issue, the unintended consequences could be that it impacts residents, citizens, of Massachusetts in a way that may be unintended. So, I have a concern about that and the result being that we may have more people outside the shelter program homeless than what we'd want to see. That goes across the board. People come and go to Massachusetts - grow up here, leave, come back, find themselves in a tough situation, they would be shut out as well.

"But I understand what the council was looking to address, and it is how does the commonwealth basic-

ly address the migrant situation, we can't keep doing it the way we're doing it, it's very expensive and we're struggling with that at the state level trying to figure out the best solution."

Keenan also pushed back against claims that the state is providing assistance to migrants to the detriment of veterans.

"I know that there were some comments about 'oh well, we're not providing assistance to veterans.' That's just not accurate," Keenan said. "Any veteran who is in need of assistance can get assistance in Massachusetts. They have every right of access to the EA (emergency assistance) system as anybody else and in fact the governor, in July I think it was, made sure veterans have preference in the EA system.

"We have all kinds of veterans' assistance programs available. Every community has a veterans' agent that if a veteran is in need of help, they go to the veterans' agent and the veterans' agent connects them with benefits, with housing. The idea that what we're doing for the migrants is at the expense of veterans is just not accurate."

"Just to give you a sense on some of the veterans' stuff we, for instance... statewide there is millions of dollars spent on veterans," Keenan continued. "Then there is reimbursement for exemptions that are provided for property taxes, for instance. In Quincy, that exemption reimbursement for the current fiscal year is three hundred something thousand dollars. I'll have to get the figure in terms of what the veterans benefit amount is that comes to the city separate from that exemption. I know when the council was looking at the property tax exemption they could provide under the HERO Act, there was a question of whether there was any money attached to that. The state does reimburse the city of Quincy for property tax exemptions for people who are blind and for veterans.

"We have veterans' homes in Chelsea and Holyoke. We do Chapter 115, which are veterans benefits that are cash assistance, emergency assistance that covers medical expenses. We created a new secretary of veterans' services. We basically make it so that any veteran here in Massachusetts can go to a state college or university basically with a tuition waiver. So, there are all kinds of programs that are in effect directly for veterans and many, many more that indirectly help veterans as well.

"That's a common thing that I hear - what we're doing for the migrants is at the expense of veterans - and I just want to push back and say that I don't believe that that's accurate. I was at a veterans' event in Braintree just last week and I was talking to somebody that had come to Massachusetts, I can't remember what state they had said, they said they are absolutely amazed at the veterans' benefits that are offered here in Massachusetts. We are recognized across the country as having the best veterans' benefits, the best veterans' support structures in place of any state. I just think it's important to make sure that that's understood. Can we do more for veterans? Absolutely - we can do more for everybody - but we're not doing the migrant program at the expense of veterans."

The state has not had to cut local aid to communities to pay for costs associated with the shelter system, Keenan added.

"The money for the migrant program so far has been a lot of federal money, ARPA money, that we had in reserve and yes, that could go other places as well, but it has not impacted and nor has it come from basically our direct state revenues," he said. "There was also a comment about 'oh this has impacted local aid and as a result communities are looking to do Prop 2 1/2 overrides.' Local aid amounts are at a record high in Massachusetts. They have not been decreased or cut as a result of what's being spent on the migrant program."

The state has spent more than \$1 billion on the shelter system in the past year, Keenan said.

"The estimates for the last year or 12 months is over a billion dollars, so it is a sizeable amount of money," he said. "We passed, and I can't remember when it was, but we put in place a funding stream that basically decreased each month the amount that would be spent on the program such that we will, in January or February, have to take a look at what the needs are and then figure out how we are going to fund that going forward.

"The big key here is trying to get the federal government to contribute to some of these programs that we're offering."

Over the past month or so, some migrants have been sleeping overnight at MBTA stations, including the one in Wollaston. Keenan said some migrants have done so because the state had attempted to rein in the expenses associated with the shelter program.

"What caused, for in-

stance, the people from the ENC welcome center to end up at the Wollaston train station or for many to end up at Logan Airport was that there an effort to kind of rein in a little bit the expenses of the program and the number of people that were utilizing the program," he said.

"The governor instituted a program where basically you came, you were processed, and then you can go into the overflow site or what I think they're calling a respite center and if you go there, you get intensive services. You are connected to any benefit programs to which you might be entitled. You are helped with filing your papers to get work permits. You are helped with housing location assistance; we provide assistance for trying to find housing.

"That was put in place. There was a 7,500-person cap put on the program itself and then there were the priorities that were put in, that if you were in Massachusetts and you had a no-fault eviction, you would go to the top of the list. If you were a veteran, you would go to the top of the list. All those things together.

"But what happened, say someone comes for instance to Eastern Nazarene, they go through the process at the welcoming center, and then they are told you could go for more intensive education in terms of access to benefits, and if you do that, then you are ineligible to go into the EA system for six months. So what people were saying is if I go there and I get those supports, I get them for a limited time. It's more a way of assisting you to find out what's next. But once a family would go there, then they are ineligible for shelter for six months. And so people that are going through the welcoming centers...come to a fork in the road - I go here for a short period of time, get this intensive assistance, instruction, help, but if I do that then I'm without access to shelter for six months. So instead of taking the left to intensive training, they basically go from the welcoming center each day to the Wollaston train station to sleep at night or back over to the airport to sleep at night because they then stay on a list in may get housing sooner than that six-month mandatory wait period if they had taken the left so to speak."

Later on in the interview, Keenan said that Gov. Maura Healey has tried to get the message out that Massachusetts does not have room for all the migrants coming here. But migrants continue to come here, even if it means sleeping at an MBTA station or an airport,

because those conditions are better than those in their home country.

"Think of that," Keenan said. "We put the cap of 7,500 on the system and one of the intents of that is we couldn't manage more than 7,500. It was also to send a message basically saying you can't keep coming here, we just don't have room for you. So that was a message.

"Additionally, the governor sent people down to the border to talk to those that are operating things on the border to basically say we don't have any more room in Massachusetts, we're strained, we're not going to be able to provide the assistance everyone thinks we're going to be able to provide. That was an attempt to send a message to the migrants that there is just no room in Massachusetts; it's not going to be place where you can come and immediately get housing and a job and off you go.

"Despite those pretty strong messages being sent, people kept coming. So, I keep thinking going to a migrant center, staying there during the day, and then going out on the streets at night with your family, staying at the Wollaston train station, JFK/UMass or South Station, the lobbies of hospitals or over at Logan Airport, that for those people that's better than what they've left. Think of that. They've left and they end up in these places outside train stations, airports and lobbies of hospitals huddled in a corner with a blanket, their only belongings are what they have in a little suitcase, they've got their kids with them, and they're willing to do all that because it's better than what they're running from."

During an interview on Sept. 18, Cain said he believed the migrant crisis had been mismanaged by the governor and the legislature. Asked about Cain's comment, Keenan said the situation has been managed as well as possible.

"It's been managed as well as possible and that's not to say that it's been well-managed. It is just something that happened, it happened quickly. We had thousands of people basically showing up in Massachusetts and so certainly it was a bit of a scramble to make sure that they had access to food and shelter. When you see so many people arriving all at once and then continue to arrive, it's very difficult to manage that," Keenan said.

"I think there have been some errors along the way, I think there have been some successes along the way, and it's been a learning experience, but here we are now coming up on a couple

of years and we're still not sure how to handle it. What we know is that we need resources and the federal government has not stepped up to provide any significant amount of resources. And all this is happening in a state, here in Massachusetts, where housing is at a premium. There is such a limited supply of housing, so how do you put them into housing? You can maybe give them some sort of initial assistance so that they can find a unit, but you can't find a unit. We have voucher programs for life-long residents of Massachusetts and then get the vouchers and it takes them months to find a unit with a voucher.

"So, what do you do with the number of people that arrived? I'm open to any suggestions. If the councilors have suggestions, if citizens have suggestions, I'm open to them, I will certainly pass them on to the governor, it's just a really difficult situation. You hate to say that money will solve it all alone, but it is a big part of it, having the resources available to help these folks. It's a strain on the state budget and the federal government is going to have to step into help."

"The long-term answer is a federal policy change and that was proposed," Keenan added. "It would have put more agents at the border, it would have put more judges in the courtrooms, more assistance in terms of the legal processing of individuals. It would have done all those things, it was a bipartisan effort, it was introduced in the Congress, and it died. Not to say that would have solved it entirely, but it would have been an important step, and it died. Not to get into the politics of why it died - there's been a lot of talk about that - the bill just didn't go anywhere."

Massachusetts' right-to-shelter-law was originally approved in 1983 and was put in place to make sure no one in the state, particularly women and children, went without shelter, Keenan said.

"The preface of it was to make sure that no one here in Massachusetts went without shelter. It was that simple. Specifically it was targeted towards women and children, that no woman or child here in Massachusetts should go without shelter. That they have a right to shelter. That was the purpose of it," Keenan said.

"I believe we are the only state with a right-to-shelter law. There are other jurisdictions. New York City has it. There may be other cities or counties that have right-to-shelter, but we're the

Cont'd On Page 19



MANY OF THE promised improvements to the Forbes Hill Park have been completed this summer, Mayor Thomas Koch announced in a press release. Improvements include a new basketball court (left), new children's playground with benches (right) and a new tennis/pickleball court (below). Photos Courtesy City of Quincy

City: Forbes Hill Park Improvements Progressing

Mayor Thomas P. Koch announces that many of the promised improvements to the Forbes Hill Park have been completed this summer. The announcement was made in a press release from his office.

Improvements include a brand-new basketball court, a brand-new tennis/pickleball court, and a new children's playground. Additional improvements will continue this fall with a walking path and 30 native trees being planted. Repairs to the historic Forbes Hill Tower are also part of the scope of the park improvements.

"I want to thank Mayor Koch, Councillor Ian Cain, and all the city councillors that supported the park improvements and clubhouse project," said Natural Resources

Commissioner Dave Murphy. "In the end, we will have a beautiful park and municipal golf course that will add to the value and quality of life in the Forbes Hill Neighborhood. I want to thank the neighbors who have worked with us throughout the project and helped make this project better than our original designs. It's been a great team effort."

Forbes Hill Park was once site to a large drinking water reservoir and adjacent water tower that was surrounded in beautiful granite block. The water tower was last used in the 1940s and the beautiful historic structure still stands today. The reservoir was filled in during the 1950s and the park was created.

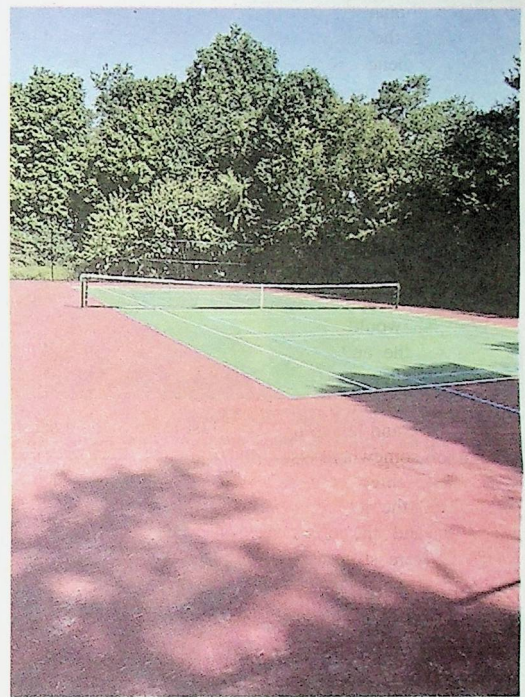
According to city officials,

an important component of this project is the infrastructure work being done as part of the project. Historic stormwater and drainage concerns on Forbes Hill are being addressed by controlling the runoff from the park. The golf course parking lot will have catch basins for the first time in history, catching rainwater before it sheets down the hill. A new water line was looped from Reservoir Road down the Summit Avenue, improving water pressure on the top of Forbes Hill.

The adjacent Furnace Brook Golf Course Clubhouse project is progressing on-time and on-budget. The new clubhouse is replacing a 1926 building that was out of ADA compliance. The new building will feature a dining area, covered deck

overlooking the course and ocean, and four new state-of-the-art golf simulators that will generate revenue year-round, city leaders said.

"Opening the new clubhouse in early 2025 will be a great way to start a year-long celebration commemorating the 400th anniversary of the creation of our local government," Murphy said. This wonderful community facility will serve as the inclusive hub of so much positive community activity. I want to thank the entire project team from G&R Construction, Fuss and Oneil, Amenta Emma Architects, our Public Works and Engineering Department, our Public Buildings Department, and everyone else that contributed to this great success."



Zoning Board OKs 139 Apartments In North Quincy

By SCOTT JACKSON

The Zoning Board of Appeals has given its approval to a proposed 139-unit apartment building on Hancock Street in North Quincy.

The applicant, Tremont Quincy 1 LLC, led by Sam Slater, is seeking to build the eight-story, 139-unit building with 134 parking spaces at 61 and 71 Hancock St., which are presently home to Domino's Pizza and Bert's Electrical Supply. The Zoning Board of Appeals approved the project during its meeting on Sept. 24. The project still requires approval from the Planning Board.

This is not the first building Slater has proposed for the site in North Quincy. The Zoning Board of Appeals in May 2021 granted him permission to erect a 16-story, 240-unit building on site, but the project never took off.

"We were here back in May of 2021 and this board approved several variances and the special permit on a much larger project — it

was 16 stories, probably 100 more units," said the applicant's attorney, David Mahoney. "It was subject to many conditions. It didn't get built. We were coming out of Covid, interest rates at an all-time high, commodity prices, lumber."

"This is the successor project. I think you'll find it a worthy successor for that end of the city, that gateway to the city."

The proposed building would include a two-level podium garage with six stories of residential units above it; tenants of the building would have access

to an amenity deck on top of the podium. A majority of the apartments would be studio or one-bedroom units — 54 percent of the apartments would be one-bedrooms, 21 percent would be studios, and the remaining 25 percent would be two-bedroom units.

A two-story glass lobby would be located at the corner of Hancock and Newbury Streets, project architect Phil Casey said. The entrances to the parking garage and loading dock would be located on Newbury Street to the right of the lobby.

Shawn Tobey, the applicant's civil engineer, said the two buildings on site now encroach eight to nine feet into the right of way and "have really prevented from enhancing this corridor."

"The developer, working with the city, we've really created this nice plan as

outlined to allow us to have that opportunity to enhance Hancock Street there with the nice, wide sidewalks,"

he said. "Those would actually begin closer down on Densmore, continue all the

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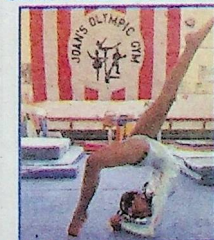


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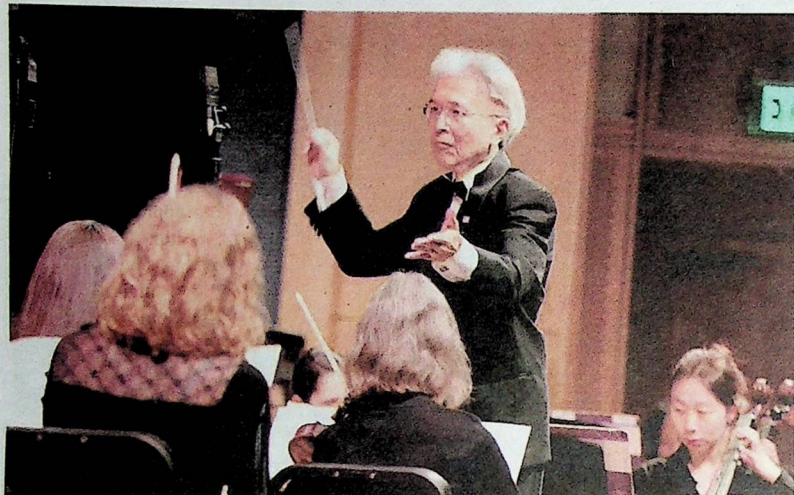
1250 Hancock St., Suite 111
Presidents Place, Quincy Center



THE QUINCY SYMPHONY and Quincy Choral Society performed to a full house at the Pops Concert at Quincy High School Sept. 21. The concert was originally scheduled for outdoors at the Hancock-Adams Common but was moved indoors to QHS due to inclement weather.



QUINCY CHORAL SOCIETY Music Director, Sarah LaBrie, introduces a song during the Pops Concert at Quincy High School Sept. 21.
Photos by Lisa Aimola, City of Quincy



QUINCY SYMPHONY ORCHESTRA Music Director, Yoichi Udagawa, conducts a patriotic piece during the Sept. 21st Pops Concert at Quincy High School.



THE QUINCY ART Association put on a live demonstration before the Pops Concert at Quincy High School Sept. 21.



EARLY VOTING

FOR THE NOVEMBER 5, 2024 STATE ELECTION

You can early vote at
Central Middle School 875 Hancock St.
Saturday, October 19th & Sunday, October 20th
8:30AM - 4:30PM or at
Quincy City Hall 1305 Hancock St.
Monday, October 21st – Friday, November 1st
8:30AM – 4:30PM



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Questions? Please Call Us! 617-376-1144
or Email ncrispo@quincyma.gov

MASSACHUSETTS STATE ELECTION

Tuesday, November 5, 2024

Last Day To Register To Vote

Saturday, October 26, 2024

Voter Registration Can Be Done at City Hall
1305 Hancock St.
8:30 AM - 5:00 PM or
at www.sec.state.ma.us/OVR



Board of Registrars
Nicole Crispo, City Clerk
Bonnie C. Marcel
John Carl Swanson
John P. Dumas

Zoning Board OKs 139 Apartments In North Quincy

Cont'd From Page 17

way along the frontage of the property and tie into the Newport Ave extension."

Board member John Himmel asked the developer's team why they were proposing 134 parking spaces for 139 apartments when 209 would be required by the city's zoning code. Mahoney said it is "difficult and expensive to building parking" and the parking ratio is "much improved from the first project," which would have included 204 spaces for 240 units. The building is a half mile from the North Quincy MBTA station, Mahoney added.

Board member Jeffery Frankel asked if the applicant had conducted a traffic study. Mahoney said one had been conducted for the previous project, and a new traffic study would be presented to the Planning Board and reviewed by that board.

Four residents spoke during the public hearing portion of the Sept. 24 meeting. Each raised concerns about traffic in that part of North Quincy.

Pat Lescinkas of Hancock Street stated the Neponset Bridge in the morning "is a zoo" and she didn't understand how

someone was proposing to bring more construction to the area. In response, Martin Aikens, the chairperson of the ZBA, said people who live in new buildings by subways work from home and do not buy cars.

Karen Lynch of Russell Street said she was concerned about traffic, and also wanted to see more parking spaces included in the proposal.

"The other thing is the saturation of buildings in North Quincy and that is something that needs to be addressed, should be addressed, by the zoning board, this is an appeal process, and looking forward to what life is like in North Quincy is very different from in Wollaston and in Quincy Center when it comes to traffic," Lynch said.

"This is your opportunity to make adequate parking, because what they're not considering is people do have visitors, and from that area...I'm not sure where that extra parking is going to be."

Stephanie Harold of Newbury Street said she commutes into Boston and is unable at times to exit from Newbury Street to Hancock Street "because there is so



139-UNIT APARTMENT building has been proposed for 61 and 71 Hancock St. in North Quincy. Parking for 134 vehicles would be provided in a two-level garage accessible on Newbury Street (seen here at right). The Zoning Board of Appeals approved the project, which still must go before the Planning Board. Rendering Courtesy CBT Architects

much traffic backed up on the ramp in the morning." She also said she was excited the site would be redeveloped.

"There is many, many vehicles going into Newbury Street - more than you would think - so if there is another garage, cars are going to be backed up onto Newbury Street all the way to 60 Newbury St. at the end," Harold said.

"I just want to make sure that is taken into consider-

ation when the building is being built...but I do have to say I am very excited there is another building that's nice going up in the area, because it's been long overdue."

The Zoning Board of Appeals voted to approve the applicant's request, though some members did express concerns about traffic.

"I love the building, I think it looks great, but there is a lot that is going to

have to be done to make that not be a real nightmare for people who are commuters just getting in and out of the city," said Frankel. "There's a lot of congestion in there now that is just going to be exacerbated by this big development right on that corner, but I love the project. It's a lot better than what's there, I agree."

"I like the project too - it's a very good looking building, it's better than

what's there now, it's better than what was previously approved," said Russell Chin. "I share Jeff's thoughts about the traffic being a nightmare. Fortunately, some of those buildings right around there are commercial in nature, so unfortunately it's going to be very bad at 9 o'clock and 5 o'clock, but hopefully on weekends and some of the other times of day it won't be as bad."

Keenan: Changing Shelter Law Could Have Unintended Consequences

Cont'd From Page 16

only state as far as I know that has it. Its basic purpose was nobody should be without shelter, especially women and children.

"So then fast forward to 1983 to a couple of years ago and you've got this massive influx of migrants and the thinking was at the time that you had a structure in place. You had a housing access structure and an emergency assistance program structure in place. They felt it would make the most sense to bring the migrants into that existing structure."

"You talked about whether it's been mismanaged or not," Keenan added. "I think one of the things could have done at that point was to set up a separate structure, and then we would have had something specifically focused on migrants and something specifically focused on our historical

emergency assistance program. That's something that perhaps should have been done back then, but hindsight is 20/20, things happened quickly, and they took advantage of an existing governmental structure and moved the migrants into

that program. Again in retrospect, perhaps we should have considered setting up a separate structure, a separate program for migrants more tailored to their needs and make sure the emergency assistance program kept to its historical mission."

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VOTE BY MAIL IN THE NOVEMBER 5, 2024 MASSACHUSETTS STATE ELECTION

You may apply for a ballot by mail online
at

www.MailMyBallotMA.com

Applications may also be requested by
calling the Quincy Election Office at
617-376-1144

TO RECEIVE A BALLOT BY MAIL FOR THE 2024
STATE ELECTION, APPLICATIONS MUST BE
RECEIVED BY THE ELECTION DEPARTMENT BY
5:00PM ON TUESDAY, OCTOBER 29, 2024



THE NEW ENGLAND FREE JACKS, back-to-back Major League Rugby Champions who play their home games in Quincy, recently visited the Boys & Girls Clubs of Dorchester with the Championship Shield and hosted a rugby clinic for members of all abilities. The Free Jacks partnered with BGCD earlier this year to launch a rugby program within the Club's award-winning inclusion programs, which are designed so that children of all abilities can successfully participate. The team has gone above and beyond to authentically engage with BGCD's members; teaching them skills, fostering genuine relationships and providing unlimited free tickets to games for members and their families. Here BGCD Inclusion and Staff Member Rahim admires the Championship Shield with Free Jacks players Ivan Pula and Jack Tevita Sole.



FREE JACKS' Community & Academy Lead Thomas Grant with BGCD Inclusion Member Hunter. *Courtesy Photos*



FREE JACKS with members of BGCD's Inclusion Program.

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(Rain or Shine)

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Fowler House Forces Rubber Game In BABL Championship

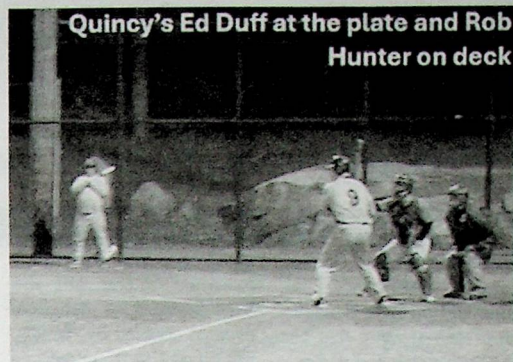
In the Colford Senior 52+ Division of the Boston Amateur Baseball League (BABL) last Wednesday (Sept. 25) at Adams Field, Quincy's captain and SS Rich Sexton drove in CF Larry Tag for the winning run over the South Shore Giants [Weymouth], which evened the best of three series.

After taking a line drive off his leg in the 4th inning, Quincy's ace, Chris Higgins limited the Giants to 4 hits, had 5 strikeouts, and went the distance in the 2-1 victory.

With the exception of a couple of costly walks late in

the game, Giants pitcher Tony Anderlionis, who teaches at Montclair School and is a Quincy native, struck out nine and frustrated many of the Quincy batters over the 7-inning playoff game. Neither team has won the BABL championship, which will conclude this Wednesday night (Oct. 2) at Libby Field in Weymouth as both teams square off at 7:30 p.m.

https://www.leaguelineup.com/standings_baseball.asp?url=babl03.



Quincy's Ed Duff at the plate and Rob Hunter on deck

NQ Girls' Volleyball Bows To Dartmouth

By TOM JOYCE

It was a strong start for the North Quincy High girls' volleyball team, but their opponent came back.

The Raiders took their first set against Dartmouth, and while they led late in the second set, the sweep did not happen. The match went five sets — and the Raiders came up short. They lost 3-2 at home Sept. 27. With the loss, North Quincy fell to 4-6 on the season.

Against Dartmouth, the Raiders took the first set despite some momentum late by their opponent.

The Raiders led 21-18, but Dartmouth tied the set at 21 apiece on a 3-0 run. However, Dartmouth's momentum would only last for a short time. The Raiders finished the set on a 4-0 run, taking it 25-21.

Senior captain Sadie Johnston started the run by tapping the ball over the net for a point. Then, senior captain Malani Wijaya excelled while serving. She had back-to-back aces, getting two more points for the Raiders. After that, Johnston closed out the set. She placed the ball on the left side of Dartmouth's court in a spot nowhere near the defenders, giving the Raiders a first-set victory.

Yet, the Raiders did not have the same fortune under similar circumstances in the second set. North led 20-16, but could not secure the set win. A 4-0 run from Dartmouth tied things at

20 apiece; a kill from Dartmouth followed by a hitting error then tied the set at 21-21. From there, Dartmouth outperformed the Raiders, outsourcing them 4-1 to take the set 25-22.

Dartmouth had back-to-back kills to take a 23-21 lead; a Raiders hitting error pushed that lead to three points. A hit from Johnston Dartmouth made it 24-22, but an unsuccessful block from the Raiders on the following point gave the set to Dartmouth.

That momentum did not carry over into the third set for Dartmouth.

The Raiders controlled the set early, scoring 12 of the first 17 points. Yet, a 4-0 run from Dartmouth kept things competitive, making the set score 12-9. That closeness would not last, as the Raiders responded with a 6-0 run of their own.

The run started with a kill, though most of it took place with Wijaya serving. She served up a few aces during the stretch as Dartmouth struggled to return the ball. The team had a couple of hitting errors while attempting to return her serves, and, in another instance, no Dartmouth player in the vicinity was ready to hit the ball after the setter lofted it up for a potential kill.

The Raiders went on to win the set 25-16; the set point came on a penalty against Dartmouth.

Dartmouth flipped things

in the fourth set. After the two sides traded points, including a kill from Johnston, Dartmouth jumped ahead. The team had a 10-1 lead that put it up 11-2, creating a deficit too large for the Raiders to overcome; the only point for North during that run came on a hitting error against Dartmouth. From there, the two sides were evenly matched for the rest of the set, but the Raiders could not overcome the early deficit, so they dropped the set 25-16.

Much of the fifth and final set was also competitive, but Dartmouth pulled away late.

The Raiders took a 7-6 lead on an ace from Joey Zhang, but a serving error tied things back up. After that, a penalty against the Raiders and a hit out of bounds put Dartmouth on a 3-0 run, making it a 9-7 set.

Johnston had a kill for the Raiders, but Dartmouth responded with a hard spike of their own. Johnston then had another kill, which Dartmouth matched with another spike. Back-to-back aces from Dartmouth while serving made it a 13-9 set.

Though the Raiders took the next two points — one on a penalty and another on an ace from Johnston — they were unable to make a comeback. Dartmouth had back-to-back kills to close out the set with a 15-11 win.

The Raiders host the Pembroke Titans Friday, Oct. 4 at 5:15 p.m.

Quincy Football Falls To Westwood, 32-13

By TOM JOYCE

The Westwood High football team defeated the Quincy Presidents in the air last Saturday evening.

Westwood threw for over 250 yards and intercepted the Presidents four times while allowing just four complete passes on over 15 attempts en route to a 32-13 win at Veterans' Memorial Stadium in Quincy. With the loss, the Presidents fell to 1-2 on the season.

Although the Presidents came up short in this one, they did strike first.

Jonas Ala returned the opening kickoff to the 32-yard line, giving the team solid field position. On the team's third offensive play, Nate Goff connected with Jayden Francois for a 20-yard complete pass, putting the team inside the 40-yard line.

Ala (12 rushes, 58 yards) then picked up a first down run, and Alex Martinez had a five-yard gain when he suffered an elbow injury. However, the success on the ground continued when Leo Steinberg (13 carries, 82 yards) picked up a 10-yard gain on another run.

Ala punched in a five-yard touchdown run from the I-formation with 8:16 left in the first quarter. Brayden O'Connell's extra point attempt succeeded, putting the Presidents up 7-0.

The Presidents also forced a turnover on their first defensive drive. Not long after Westwood's quarterback got the team over the 50-yard line on a run, Francois picked him off, getting the ball back for the Presidents.

However, about three minutes later, with 1:35 left in the first quarter, Westwood intercepted the Presidents, setting itself up for a scoring drive.

Westwood capitalized on two pass interference penalties against the Presidents on this new drive. The team eventually completed a nine-yard touchdown pass with 11:44 left in the first quarter, but the extra-point attempt failed, so the Presidents still led 7-6.

The Presidents reached

the red zone on their next drive, thanks to an unsportsmanlike conduct penalty against their opponent, but failed to score. While the 15-yard penalty got them to the 20-yard line, Westwood's defense stopped a few runs, forcing a throw on fourth down. Westwood's defensive backs deflected the pass, resulting in a turnover on downs.

Once Westwood got the ball back, it scored again. The team had multiple plays for 20-yard gains and picked up first downs on the ground and in the air. It concluded the drive with an 18-yard touchdown pass with 2:10 left in the first half to take a 12-7 lead. However, the extra-point attempt was no good.

The Presidents picked up some yards on their final possession of the first half, but a deep pass as time expired resulted in an interception.

It wouldn't take Westwood long to pad that lead in the second half.

The team started with the ball at the 35-yard line, and a 35-yard pass, plus a 15-yard facemask penalty brought the team to the red zone. From there, Westwood's quarterback tossed an 18-yard touchdown pass with 11:29 left in the quarter. The two-point conversion failed as John Jordan tackled the Westwood receiver, who ran a wheel route.

Westwood scored again shortly after that. The Presidents started their drive at the 32-yard line but threw an interception on the second play, a ball Westwood returned to about the 20-yard line. Westwood's quarterback had a first down run, then threw an eight-yard touchdown pass; the extra-point attempt succeeding, giving Westwood a 25-7 advantage with 9:37 remaining in the third.

Westwood then forced a three-and-out, setting the Presidents up for the score. On the first play after the Presidents punted, Westwood's quarterback fumbled. Linebacker Leo Steinberg picked up the fumble and ran it about 25 yards into the end zone for the

touchdown. The two-point conversion attempt, a pass, went incomplete, making it a 25-13 game with 8:58 left in the third quarter.

The Presidents attempted an onside kick, but Westwood recovered the ball around midfield. While the Presidents forced a fourth down, Westwood had an 18-yard completion to bring the ball to the 28-yard line. Following a holding call, the team also converted on another fourth-and-long pass that brought them into the red zone. Plus, an unsportsmanlike penalty against the Presidents gave them nearly 10 extra yards. Westwood then had a 10-yard touchdown pass and a successful extra-point attempt with 5:44 left in the third quarter, making it 32-13 Westwood.

Near the end of the third quarter, the Presidents had another scoring opportunity, but they were unable to convert. Looking at third-and-five from the 10-yard line, following a 10-yard run from Steinberg, the Presidents failed to pick up a first down. They attempted to run to the outside twice — first to the left, then to the right, where there was more open space. However, Westwood stopped them both times, causing a turnover on downs the second time. The stop came on the nine-yard line with 25 seconds left in the third quarter.

After Westwood picked up a first down, the Presidents forced them to punt. However, the Presidents switched quarterbacks after a sack and then threw an interception, giving Westwood the ball around its own 40.

Westwood burned a few minutes off the clock before punting. The Presidents then picked up a couple of first downs — this time with third-stringer Brayden O'Connell (two completions, 27 yards) under center — before having a turnover on downs with under 20 seconds remaining. From there, Westwood knelt the ball down to end the game.

The Presidents will host the Braintree Wamps Friday, Oct. 4 at Veterans' Memorial Stadium. Kick off at 7 p.m.

Clarification On Boys' Soccer Story

The Quincy-North Quincy boys' soccer story in the Sept. 26th Quincy Sun inadvertently omitted the captain designation of one of the Presidents' soccer captains this season.

Jack Reilly is a captain of the Quincy boys' soccer team this season. He was

also a captain last season.

The Sun regrets the omission.

Also, the story did not indicate who the captains are on the North Quincy boys' soccer team because the roster provided by the school department did not list the captains.

An updated roster has been provided by QPS and the captains on the North Quincy boys' soccer team are: senior Michael Zerva, senior Michael Moura, junior Emmet Allen, junior Justin Mbrice and senior Tyler Mergel.

Nine On SNHU Summer President's List

Nine students from Quincy have been named to the summer President's List at

Southern New Hampshire University. The summer terms run from May to Au-

gust.

The Quincy students are: Matthew King, Shirley Booker, Andrew Browne, Colleen McDermott, Thayne Goncalves, Cory Valiquette, Eric O'Brien, Helen Mai and Charles Amargo.

More Quincy news:

The Quincy Sun.com

Friends Of Blue Hills Annual Celebration Oct. 15 At NE Base Camp

The Friends of the Blue Hills will hold its annual celebration Tuesday, Oct. 15 from 7 to 9 p.m. at New England Base Camp, 411 Uniquity Rd., Milton.

This year's event theme is "Friends Helping Friends." The Friends of the Blue Hills (FBH) is a non-profit organization that has been protecting and preserving the Blue Hills Reservation since 1979.

The public is invited to attend the event.

As friends mix and mingle, there will be fun fundraising opportunities to help support efforts to care for the park. Attendees will enjoy food and drink from Norwood caterer Off the Vine as well as delicious pastries donated by Kondel Meister in Braintree.

In addition to the hot hors d'oeuvres and cash bar, peo-

ple can bid on enticing items and experiences on offer in the online auction, find out firsthand which submissions (out of 130+) won the coveted 2024 Photo Contest, applaud the efforts of special honorees and purchase last-minute tickets for the ever-popular dinner raffle to win a catered meal for 6 atop the Blue Hills Observatory. This year's restaurant partner is prestigious North-

ern Spy, located in Canton's Paul Revere Heritage site.

This year's event guest speaker will be Mardi Fuller, a seasoned explorer of the great outdoors. A Boston resident, Blue Hills hiker, and lifelong backcountry adventurer, she is the first known Black person to hike all 48 of New Hampshire's high peaks in winter. She advocates for racial equity through writing, speaking, and community building while serving on the board of the Appalachian Club and

writing for Outside Magazine, SKI Magazine, and the NRDC.

The Blue Hills Hiking Club (BHHC) is the 2024 community partner honoree, often called the most active hiking club in the Blue Hills. Over 6,600 members strong, the BHHC is blessed with hike leaders who provide nearly daily hikes—and sometimes multiple hikes a day—for varying abilities and interests. The BHHC prides itself on building and reinforcing a strong respect

for the Blue Hills and the safety of all while providing a pleasant and healthy experience for its members. This is a mission that FBH applauds wholeheartedly.

Event tickets are \$60 per person up to the day of the event. Dinner raffle tickets are \$20 each or 3 for \$50.

Details and tickets for this event may be found online:

<https://friendsofthebluehills.org/2024-annual-celebration/>.

QNX Cross-Country

Team records for both teams is 2-0

Boys Defeat Hanover, 19-43

QNX-COUNTRY SCORE SHEET

date	site	opponent	dist	weather	course cond	
9/24/2024	Hanover HS	Hanover	2.5	cloudy cool	challenging	
PLACE	TIME	First	Last	SCH	QNX SCORERS	
1	14:51	David	Schmidt	QNX	1	2
2	15:06	Wilson	Chen	QNX	2	3
3	15:08	Jayden	Anderson	QNX	3	4
6	16:19	Carter	Bishop	QNX	4	5
7	16:31	Liam	Murphy	QNX	5	6
8	16:45	Warrick	Quon	QNX	TOTAL	20
9	16:56	Nathan	Feldman	QNX	6	7
12	17:07	Jayden	Zhong	QNX	7	9
14	17:16	Jacob	Lai	QNX	OPP. SCORERS	
16	17:33	Max	Francouer	QNX	1	1
17	17:48	Cooper	Nelson	QNX	2	8
18	18:11	Ivan	Jiang	QNX	3	10
19	18:17	Tyler	Sharkey	QNX	4	11
22	18:38	Saksham	Nagmoti	QNX	5	12
25	19:19	Armand	D'Attilio	QNX	TOTAL	42
27	19:27	Andrew	Perkins	QNX	6	13
28	19:47	Iman	Habib	QNX	7	14
29	19:52	Jonathan	Zhu	QNX		
30	19:58	Raymond	Zheng	QNX		
31	20:04	Owen	Chen	QNX		
32	20:05	Christopher	Zhu	QNX		
33	20:15	Jakub	Wilson	QNX		
34	20:47	Kingsley	Lin	QNX		
35	20:57	Pat	Clifford	QNX		
36	20:31	Brian	Zhu	QNX		
37	21:45	Joshua	Chen	QNX		
38	21:47	Edison	Li	QNX		
39	21:49	Kieran	Feldman	QNX		
40	22:00	Lam	Tran	QNX		
41	22:10	Chenrui	Zheng	QNX		
42	24:40	Nick	D'Angelo	QNX		

Girls Defeat Hanover, 22-33

QNX-COUNTRY SCORE SHEET

date	site	opponent	dist	weather	course cond	
9/24/2024	Hanover HS	Hanover	2.5	Cloudy cool	challenging	
PLACE	TIME	First	Last	Team	QNX SCORERS	
1	16:51	Maddy	McGillicuddy	QNX	1	1
2	17:30	Ada	Cote	QNX	2	2
4	18:11	Caroline	Zuffante	QNX	3	5
5	18:17	Amelija	Slezas	QNX	4	6
8	19:10	Zoe	Nelson	QNX	5	8
12	20:58	Guliana	Wilkinson	QNX	TOTAL	22
14	22:53	Sofia	Hagstrom	QNX	6	12
17	24:59	Mary	McNally	QNX	7	14
18	25:33	Jomana	Kmail	QNX	Hanover. SCORERS	
21	26:07	Izzie	Hagstrom	QNX	1	3
					2	4
					3	7
					4	9
					5	10
					TOTAL	33
					6	11
					7	13

AAA: MA Gasoline Prices Down 5 Cents

Despite an uptick in demand and a drop in national crude oil inventories last week, gasoline prices across much of the Northeast have dipped – or will likely soon dip – below \$3 a gallon.

The Energy Information Administration reported a 4.5-million-barrel decline in crude inventories and a substantial increase in gasoline demand last week, which climbed 5% to 9.2 million

barrels a day. But prices still fell after a report late last week that OPEC+ nations will ramp up production before the end of the year in an effort to reclaim market share lost to the United States.

Here in the Northeast, continued strong domestic production of gasoline has helped boost gasoline inventories, which now stand above 60 million barrels –

that's 4 million more barrels in storage than last year and 2 million more than the 5-year average.

The average gas price in Massachusetts is down five cents over last week (\$3.14), averaging \$3.09 per gallon. Monday's price is 25 cents lower than a month ago (\$3.34) and 66 cents lower than this day last year (\$3.75). Massachusetts's average gas price is six cents lower than the national average.

"Sizable inventories and an expectation of weaker demand through the fall is keeping downward pressure on gas prices," said Mark Schieldrop, Senior Spokesperson, AAA Northeast. "Even a sudden spike in demand isn't shaking the trend thanks to ample supplies."

AAA Northeast's Sept. 30 survey of fuel prices found the current national average up a penny from last week (\$3.20), averaging \$3.21 a gallon. Monday's national average price is 14 cents lower than a month ago (\$3.35) and 61 cents lower than this day last year (\$3.82).

Saint Agatha School High School Fair Oct. 15

Saint Agatha School will hold a High School Fair Tuesday, Oct. 15 from 6 to 7 p.m. at the school gym, 440 Adams St., Milton.

The fair is an opportunity for students and families to connect with representatives from various high schools in the area.

This year's fair will feature representatives from the following high schools (as of 9/26/24):

Archbishop Williams High School, Boston College High School, Boston Trinity Academy, Catholic Memorial, Cristo Rey Boston High School, Montrose School, Newton Country Day School, Thayer Academy, Xaverian Brothers High School, The Woodward School and Ursuline Academy.

Families are encouraged to attend and explore the educational opportunities available. More schools will be added to this list.

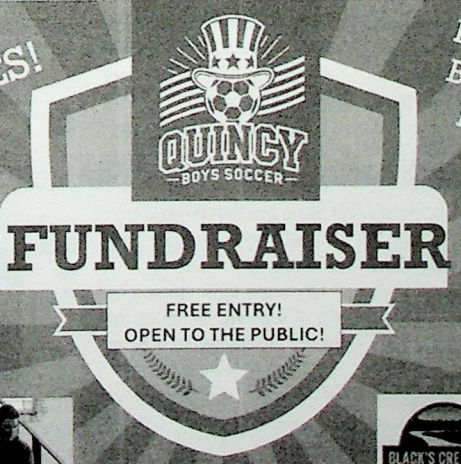
Register Online: High School Fair Registration, <https://stagatha.org/high-school-fair>.

QHS Boys Soccer

Thursday 10/10 6-9pm

Break Rock Brewing
534 Victory Rd
Marina Bay
www.breakrockbrewing.com

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Matt Byrnes
www.MattByrnesMusic.com

**FOOD!**
BLACKS CREEK BBQ
www.blackscreekbbq.net

Come one and all to raise a glass and help us raise funds to support the Quincy High School Boys Soccer Program! A portion of each Break Rock Brewing sale will go directly to the team. Funds raised will cover costs for the end of year banquet, including player awards and gifts, and much needed supplies for the team.

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PERSONAL

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Love, Nana & Papa

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HELP WANTED

We are looking for a talented individual to join our marketing team as a Chinese Speaking Marketer! If you are fluent in Mandarin or Cantonese, we want to hear from you.

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For more information or to discuss this opportunity further, please don't hesitate to call Judy at 617-429-3793. We look forward to hearing from you soon!

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139 W. Elm Ave.

OBITUARIES

Regina J. 'Jean' Lindgren, 101

Regina J. "Jean" (Matarazzo) Lindgren, age 101, a longtime resident of Milton, died peacefully, Thursday, September 19, 2024 at the John Scott House Rehabilitation and Nursing Center in Braintree.

Regina was born in Quincy, to the late Felix and Empress (McLean) Matarazzo. Raised and educated in Quincy, she was a graduate of North Quincy High School, Class of 1941.

She lived in Milton for over 55 years.

Jean was employed as a secretary in the dental industry, having worked at a practice in Dorchester Lower Mills, and had been retired for many years.

She was a longtime active member of Faith Lutheran Church in Quincy.

Jean was an avid reader. Most of all, she was devoted to her family, actively supporting their many activities and accomplishments.

Beloved wife of the late Carl V. Lindgren.

Devoted mother of Pamela M. Koylon of Kingston and her late husband Eugene, Edward T. Lindgren of Barre, Vt.

Loving grandmother of eight and great grandmother



REGINA J. 'JEAN' LINDGREN

of five.

Dear sister of the late Marie A. Rucky and her late husband Nicholas, and the late Bernard V. Matarazzo and his late wife Louise.

Memorial Funeral Services will be conducted at Faith Lutheran Church, 201 Granite St., Quincy, on Friday, Oct. 11, at 10 a.m. Pastor Niki Harvell will officiate. Relatives and friends are invited to attend. Memorial Visiting Hours will be held at the Dolan Funeral Home, 460 Granite Ave., East Milton, on Thursday, Oct. 10, from 4 - 6 p.m.

In lieu of flowers, donations in Jean's memory may be made to Faith Lutheran Church, Memorial Fund, 201 Granite Street, Quincy, MA 02169.

Peggy A. King, 67

Peggy Ann King, of Marshfield, formerly a longtime resident of Quincy, passed away on Monday, Sept. 16, 2024. She was 67.

She was born in Boston to Barbara (Foley) and Peter King and raised in Dorchester. In her teens, she moved to Quincy and graduated from North Quincy High School. After graduating, she worked at Stone and Webster for a few years before moving to PA where she started a family. She eventually moved back to Quincy and earned a position at State Street working as an SQA. She was with State Street for 20 years before she moved to Wolfeboro, NH with her family. After spending 15 years in Wolfeboro, Peggy returned to MA, finding a home in Marshfield. There, she worked as an administrator for Stop and Shop for many years.

In her spare time, Peggy often traveled everywhere she could. If she could find someone to go with her, she was there. When she was home, she often spent time with her daughters, Alyssa and Hayley and her grandson, Lucas. In her downtime, she enjoyed watching NASCAR and football.

Peggy was a force of nature. With her sassy wit, she had a way of making people laugh while also keeping things real. Her honesty made her a trusted friend, someone you could always count on for genuine advice. Whether she was sharing a clever remark or a candid opinion, her vibrant personality lit up any room. Even



PEGGY A. KING

though she's no longer with us, her spirit and the memories of her sharp humor and authenticity will live on in the hearts of those who knew her.

Devoted mother to Alyssa Johnson and her husband Greg of Stoughton, and Hayley Hawksley and her partner Christopher of Manchester, NH. Loving sister to Dianne Connell and her husband Peter of Braintree, Jeanne Jordan and her husband Brian of Marshfield, and Steve King of Halifax. Adoring nana to Lucas Johnson of Stoughton. Also survived by many nieces and nephews.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Saturday, Oct. 5th, from 9-11 a.m. in the Keohane Funeral Home, 785 Hancock St., Quincy. Funeral service will be celebrated immediately following the visitation at 11 a.m. in Keohane Funeral Home, Quincy.

In lieu of flowers, donations in memory of Peggy may be made to MSPCA, Attn: Donation, 350 S. Huntington Ave., Jamaica Plain, MA 02130. Please see www.Keohane.com for directions and online condolences.

Norma A. Powers, 91

Norma A. Powers of Quincy passed away peacefully at age 91 on Sept. 20, 2024.

Norma loved her family and her New England heritage.

She was the beloved wife of the late James E. Powers, loving mother to James of Quincy, and to Brian and his wife Karen of Holbrook. Devoted and loving Nana to Liana and her husband Michael, and to Christopher and his wife Abby, and Great Nana to Selena. Dear sister of the late Pauline



NORMA A. POWERS

Bolger, Edward Gerstel and Arthur Gerstel.

A funeral service will be held privately at the Keohane Funeral Home.

Christopher E. Harding, 63

With heavy hearts, we announce the sudden passing of our beloved brother, Christopher "Capum" Edward Harding on September 22, 2024.

Born in Dorchester on January 7, 1962, Chris touched so many lives with his kindness, wit, his ability to remember special events, his bright blue eyes, and his generosity. His passions included being OFD and listening to live music by attending several hundred live concerts. His favorite bands were KISS, Bon Jovi, and Aerosmith. He was an avid Harley Davidson rider for over four decades, loved his Boston sports teams, watching Jeopardy, reading, and his freedom.

Capum worked for H & R Block as a Tax Analyst for 16 years and as an Account Manager at Avenu Insight and Analytics, Quincy MA. He earned his B.A. in Economics at UMA, Boston in 1985.

Capum was the son of the late Ellen G. Harding and Charles E. Harding. He leaves behind his siblings Charles "Chip" E. Harding and his wife, Polly, Marsh-



CHRISTOPHER E. HARDING

field, Steven M. Harding, Taunton, his best friend and sister MaryEllen Harding, Braintree, nieces Kristin E. Harding, Dorchester, Courtney A. Hazzard, Weymouth, Lauren C. Harding, Whitman, and his great nephew, Logan D. Mahoney, Dorchester and so many dear friends.

Relatives and friends are invited to join the family for visiting hours on Thursday, Oct. 3, 2024 from 4-8 p.m. at Deware Funeral Home, 576 Hancock St., Quincy, MA. Mass of Christian Burial will be held at Divine Mercy Parish, St. Ann's Church, Hancock Street, Quincy on Friday, Oct. 4, 2024 at 10 a.m.

Joan E. Coady, 83

Joan E. (Pestilli) Coady, age 83, a lifelong resident of Quincy, died peacefully, Tuesday, Sept. 24, 2024 at Hancock Park Rehabilitation and Nursing Center, surrounded by her loving family.

Joan was born in Quincy, to the late Ernani F. and Eleanor L. (D'Angelo) Pestilli. Raised and educated in Quincy, she was a graduate of North Quincy High School.

Joan was a graduate of Mansfield Beauty Academy and worked as a hairdresser for fifteen years. She then worked as a microelectronics assembler at the former Quincy location of the Raytheon Company for twenty-five years. After they closed, she worked as a portfolio accountant at State Street Bank



JOAN E. COADY

for two years and retired in 2002.

Joan loved to travel and spend time at the beach, especially Nantasket.

Devoted mother of Lisa M. Downey and her husband Jack of Braintree.

Dear sister of Richard P. Pestilli and his wife Lillian of Sandwich, and Stephen J. Pestilli and his fiancée Karen Dinsmore of Norwell.

Joan is also survived by three nieces, one nephew, and their families. She was predeceased by her sister-in-law, Linda J. Pestilli.

Visiting Hours were held at McMaster Funeral Home, 86 Franklin St. (Route 37), Braintree, on Tuesday, Oct. 1. A Funeral Mass will be celebrated in Saint Francis of Assisi Church, 856 Washington St., Braintree, on Wednesday, October 2, at 10 a.m. Interment to follow at Mount Wollaston Cemetery, Quincy.

For those who wish, donations in Joan's memory may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

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They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.



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Your loving Family

Vincent F. Picardi, 92

Vincent F. "Vinnie" Picardi, age 92, a longtime Quincy resident and former Braintree resident, passed away, Tuesday, Sept. 24, 2024 surrounded by his loving family. He was the beloved husband of the late Nina (Coletti) Picardi and son of the late George and Emily Picardi of Braintree. Vincent is also predeceased by his siblings, Florence, George, and Joseph Picardi.

While in high school and throughout his college years, Vincent worked at Saint Francis of Assisi Church in Braintree.

He was an accomplished athlete, participating in many sports. He graduated from Braintree High School in 1951 as captain of the first undefeated football team and received the All-Scholastic Award. After receiving a scholarship to play football, Vincent went on to graduate from Boston University in 1955.

He started his teaching career, first in Athol, Massachusetts. He later earned a master's degree from Bridgewater State University and attended Boston University for advanced graduate study. Vincent dedicated his career to education, serving as a teacher and Director of Chapter 1 in the Braintree school system for over thirty-eight years. Vincent was a member of the Massachusetts Teachers Association.

He also coached and worked for the Quincy and Braintree Recreation Department. As a science teacher, he received grants from the National Science Foundation to attend College University, Northeastern University, and Bridgewater State College. Vincent was later inducted into the Braintree Hall of Fame, Captain of South Shore All-Scholastic Football.

Vinnie had many passions



VINCENT F. PICARDI

and a curious mind. He placed a great value on the importance of education. He was an avid gardener and collected baseball cards and stamps. He was drawn to the study of world religions, educating himself to foster greater understanding and appreciation for them.

He also spent hours teaching himself to write and speak Italian, Latin and Greek. He was proud of his Italian heritage and spread the joy of his traditions to his family and friends.

As a geology/science teacher, he had a great interest in rocks and rock formations. His children fondly remember doing science experiments with him at the kitchen table when they were small.

He enjoyed watching sports, especially football, and took pride in watching his grandchildren play sports and various other activities.

Many would seek out his advice and many considered him their mentor, providing guidance, support, and sharing his wisdom in various aspects of life, from good nutrition, career choices, education, and spiritual growth.

A deeply spiritual man, he read the Bible daily and possessed tremendous faith, inspiring those around him with his kindness, compassion, and strong values.

He was hardworking, generous in spirit, and de-

voted to his family. He was the best Papa to his grandchildren and was excited to take on his new title of great-grandpapa to Henry.

With unwavering dedication, he taught his family the significance of embracing tolerance, acceptance, and appreciation for the beauty in everyday life. He led by example, living a life of gratitude and humility, always acknowledging and cherishing the blessings that filled his life. He never took anything for granted.

After retirement, Vincent and his beloved wife Nina enjoyed traveling, taking long rides, walking and volunteering.

Vincent is survived by his devoted children, Vincent Picardi Jr. of Abington, MaryAnne (Kevin) Jago, Kathleen E. Picardi-Bandera, John C. Picardi, all of Quincy, and Amelia (Robert) Murray of Hingham. He is also survived by his loving grandchildren, Vincent and Emily Picardi of Abington, Courtney and Kevin Jago, and his wife, Chelsea (great-grandfather to Henry) of Quincy, Nina Bandera of Quincy, and Robert and Jacqueline Murray of Hingham. He is also survived by his first cousin, Francis Lalenti, and sister-in-law, Dianna (Coletti) Picardi, both of Braintree.

At Vincent's request, funeral services and interment took place privately.

For those who wish, donations in Vincent's memory may be made to the Daughters of Mary of Nazareth, P.O. Box 690789, Quincy, MA 02269.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Robert A. Pettinelli, Jr., 65

Robert A. Pettinelli, Jr., Quincy Fire Department, Retired, age 65, of Weymouth, formerly of Quincy, died unexpectedly, Saturday, Sept. 28, 2024 at his home.

Robert was born in Boston, raised and educated in Quincy. He was a graduate of Quincy Vocational High School, Class of 1977. He lived in Weymouth for over 20 years.

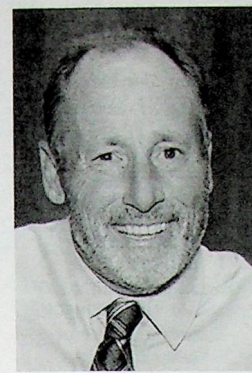
Rob served as a Private in the United States Marine Corps working as an aviation ordnance munitions technician in the late 1970s and early 1980s.

He was proud to be a Quincy firefighter. He was appointed to the department on Nov. 9, 1985 and retired on April 27, 2007 after 22 years of service. He was assigned to Engine 4 in Wollaston for many years.

Rob was a member of the Torre Dei Passeri Social Club in Quincy where he enjoyed playing bocce and made many friendships.

He was a volunteer at The Boston Home in Dorchester where he shared his humor and love of life with daily interaction amongst the patients.

Rob was especially fond of his two dogs, Junior



ROBERT A. PETTINELLI, JR.

and Buddy, and loved taking them for daily walks at Stodder's Neck in Hingham. There he made many friends, both human and K9, and chief among them was his longtime girlfriend, Kimberlee Noke, of Weymouth.

Beloved son of the late Jane A. (Sugrue) and Robert A. Pettinelli, Quincy Fire Department, Retired.

Devoted brother of Marie G. Lumaghini, Ronald A. Pettinelli and his wife Diane, all of Quincy, and Richard A. Pettinelli and his wife Deanne of Kingston.

Loving uncle of Lauren Bolton and her partner Gregg, Rene Lumaghini and his wife Kelley, Corey Lumaghini and his partner

Bridget, and Michaela Pettinelli.

Much-loved great uncle of Reese Winter, Nolan Bolton, Ethan Bolton, and Calum Lumaghini, Nora Joy Lumaghini and Cassandra Mae Lumaghini.

Rob is also survived by aunts, many cousins, and friends.

Visiting hours will be held in Saint Joseph Church, 550 Washington St., Quincy, on Friday, Oct. 4, from 4-7 p.m. Relatives and friends are invited to attend. A Funeral Mass will be celebrated in Saint John the Baptist Church, 44 School St., Quincy, on Saturday, Oct. 5, at 10 a.m. Interment, with military honors, to follow at Pine Hill Cemetery, West Quincy.

In lieu of flowers, donations in Robert's memory may be made to The Boston Home, 2049 Dorchester Ave., Boston, MA 02124 or Quincy Firefighters Local 792 Cancer Foundation, P.O. Box 690737, Quincy, MA 02269.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Fall Travel Trends: AAA's Top Destinations, Foliage Road Trip Tips

As temperatures dip and leaves change across the Northeast and beyond, many travelers are taking advantage of the opportunity for a picturesque fall getaway.

Boston, Seattle and New York City are among AAA's top domestic fall destinations, with many travelers taking road trips or fall cruises to enjoy the foliage. Drivers fueling up for these excursions are finding pump prices in Massachusetts

down 64 cents from this time last year.

Drivers are discovering savings beyond the pump, too: the cost to rent a vehicle domestically is down 5% this fall and down 15% internationally. Hertz, AAA's car rental partner, says cities seeing the most increased demand from last year include Boston, Denver, Portland (both Maine and Oregon), Montreal and Vancouver — all top leaf-peeping destinations.

Autumn is also an ideal time to travel internationally, especially to Europe, where this time of year is known as shoulder season. During shoulder season, travelers enjoy milder weather, fewer crowds and better prices compared to peak seasons. Based on AAA booking data, Rome, Paris, London, Vancouver and Dublin are the top five international destinations this fall.

Cont'd On Page 26



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Fall Travel Trends: AAA's Top Destinations, Foliage Road Trip Tips

Cont'd From Page 25

For those across the Northeast traveling closer to home for their fall get-

LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, §5-304
Docket No. NO24P2631GD
Commonwealth of Massachusetts The Trial Court Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
In the matter of: Kathleen Tansey Of: Walpole, MA RESPONDENT
Alleged Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by Department of Mental Health, of Taunton, MA in the above captioned matter alleging that Kathleen Tansey is in need of a Guardian and requesting that Spooner Guardianship Services of Auburn, MA (or some other suitable person) be appointed as Guardian to serve Without Surety on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 10/23/2024. This day is NOT a hearing date, but a deadline by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: September 20, 2024
COLLEEN M. BRIERLEY
Register of Probate

10/3/24

aways, AAA offers the following tips:

- Plan your trip around the foliage calendar. Peak fall foliage is generally

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO24P2650EA
Commonwealth of Massachusetts The Trial Court Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Ian Warren Margolin
Also known as:
Ian W. Margolin,
Ian Margolin
Date of Death:
07/24/2024

To all interested persons: A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Linda S. Margolin of Rocky Hill, CT requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Linda S. Margolin of Rocky Hill, CT be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 10/30/2024. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: September 24, 2024
COLLEEN M. BRIERLEY
Register of Probate

10/3/24

mid-October throughout the Northeast. Northern points like Maine, New Hampshire and Vermont are the first locations to see leaves begin their color transformation in earnest, nearing peak at the very start of October. Based

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO24P2615EA
Commonwealth of Massachusetts The Trial Court Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Cathal T. Nolan
Date of Death:
06/02/2024

To all interested persons: A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Mary Jane Nolan of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Mary Jane Nolan of Quincy, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 10/23/2024. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: September 19, 2024
COLLEEN M. BRIERLEY
Register of Probate

10/3/24

on the 2024 Fall Foliage Prediction Map:

Northern Connecticut is expected to peak the second week of October, with the southern half of the state following roughly a week behind.

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO24P2607EA
Commonwealth of Massachusetts The Trial Court Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Franklin D. Lincoln
Date of Death:
09/06/2024

To all interested persons: A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by William Lowe of Weymouth, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Maura P. Cavanaugh-Daniel of Weymouth, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 10/30/2024. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: September 23, 2024
COLLEEN M. BRIERLEY
Register of Probate

10/3/24

Massachusetts foliage is expected to peak around the second week of October.

Northern New York foliage is expected to peak the second week of October, whereas New York City and the southern parts of the state peak mid-month. Check out New York's foliage report here.

• Take advantage of different vantage points. Beyond road trips, travelers can try train rides on a scenic railway, all-day foliage cruises or kayak trips on local rivers. Travelers can even take to the air for zip line adventures or hot air balloon rides that offer spectacular views.

• Check out AAA Northeast's guide to Northeast fall foliage trips to discover regions to visit, routes to take, what to see and where to stay along the way.

Autumn road trips also bring changing driving conditions. Drivers should:

• Look out for wet leaves. Fall can bring wet weather, and many drivers may be

unaware that wet leaves can pose risks similar to driving on ice. Slow down, especially around turns, and leave plenty of stopping distance between your vehicle and those in front of you.

• Enjoy the views from a safe spot. No matter how beautiful scenic areas across the Northeast may be, never stop in the middle of a busy road to take a photo or attempt to take a photo while driving.

• Remember that as the days get shorter, driving time in the dark increases. With that, clean and properly working headlights are crucial to maximizing drivers' visibility – especially as pedestrians become more difficult to spot and deer often emerge on the roadways.

• Check your tire pressure. Extreme changes in temperature – which we often see across a single day this time of year – cause tires to expand and contract, which may lead to a loss of tire pressure.

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS

CASE NO. ZBA-24-63

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, October 22, 2024 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169, on the application of Robert Mattie for a VARIANCE AND FINDING to construct a two unit dwelling in the rear of the parcel in violation of the Quincy Zoning Ordinance 3.4 Nonconforming Structures, 4.0/4.1.1 Dimensional Regulations and 4.2.5 Lot size, area and width on the premises numbered 57A West Street, Quincy.

Plans and specifications may be viewed online at <https://quincyma.portal.opengov.com/search>

Martin Aikens, Chairman

10/3/24, 10/10/24

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS

CASE NO. ZBA-24-64

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, October 22, 2024 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169, on the application of Brandon Li for a Special Permit/FPOD to construct an 11,295 square foot, two story addition onto the existing structure in violation of the Quincy Zoning Ordinance 8.1.9 Flood Plain Overlay District on the premises numbered 79 Coddington Street, Quincy, MA.

Plans and specifications may be viewed online at <https://quincyma.portal.opengov.com/search>

Martin Aikens, Chairman

10/3/24, 10/10/24

Legal Notices for Publication

Should be emailed to:

quincysunsubs@gmail.com

or

thequincysun@verizon.net

Need more information?

Call 617-471-3100

PLEASE RECYCLE



THIS NEWSPAPER

Sisters Join Volunteers To Support Non-Profits That Focus On Importance Of Sleep

Quincy Point Congregational Church's Mission Committee and friends chaired by Karen (McGhee) DeCristofaro, and volunteer employees of the Boston Children's Hospital's Pediatric Sleep Center led by Kristen (McGhee) Kardoose are joining forces to raise funds for two non-profit programs that focus on the importance of sleep.

"Whether a child is big or small – the goal is a safe place to sleep for all," is the shared motto for their bowling fundraiser on Sunday, Oct. 6 at Olindy's Bowling Lanes at 170 Quincy Ave. in Quincy.

The programs the fun-



BUILD A BED CREW at Quincy Point Congregational Church in January of 2020. Volunteers and organizers found it so meaningful, that the initiative was repeated in 2024.

draiser will benefit are "A Bed for Every Child, Build a Bed program" and the Boston Children's Hospital Safe Sleep at Home- Crib Bundle program.

Quincy Point Congregational Church has hosted a couple of "Bed for Every Child" events, a subsidiary of the MA Coalition for the Homeless. These "Build a Bed and Snuggle Drive" sessions consist of a group of volunteer builders, who assemble twin beds that are then given to waitlisted children in need. The recipients are referred by school nurses, counselors, pediatricians or case workers. Each bed costs \$350 to build, so donors are just as important as builders. The Snuggle Drive portion of the charity campaign is providing the bedding ensembles to complete the beds like: twin comforters, sheets, and pillows.

The Oct. 6 bowling and billiards fundraiser also supports Boston Children's Hospital's "Safe Sleep at Home" program initiative, which educates families on infant safe sleep practices per The American Academy of Pediatrics recommendations. The initiative helps give essential sleep resources to resource-constrained families by gifting a crib bundle for those in need.

Each \$100 bundle has a portable crib, fitted sheet, and wearable blanket. The program also supports community awareness of safe sleep practices via outreach events that empower families with knowledge and support. The BCH crew held their first bowling fundraiser last year. It was so successful and fun for all ages that the planning committee agreed that a venue with bowling and billiards would be the choice again this year.

This year's joint fundraising event takes place on Sunday, Oct. 6 from 12



FAMILY AND FRIENDS relax after a string of bowling last year's fundraiser. From left to right: Andrea Cedrone, David Cedrone, Jenna Kardoose and Drew Wadman.



NICK AND NICK Kardoose checking out some of the gift baskets at the 2023 Boston Children's Hospitals "Safe Sleep at Home" Bowling Fundraiser in Dedham.

Pre-pay or donate at: <https://checkout.square.site/merchant/MLPYC435AG63C/checkout/UGGI6CJTUE27IUNMSAWN5YJU?src=webqr>.

noon until 4 p.m. at Olindy's Bowling Lanes, 170 Quincy Ave., Quincy. Come when you can, leave when you must! The cost is \$30 per person which includes a light lunch, bowling, and billiards.

Kids admission is free, so bring the family out for some fun for a good cause.

There will be numerous chances to win gift baskets too like: A Halloween themed scratch Ticket prize, a Stonewall Kitchen basket, Pickleball accessories, and

much, much more.

Checks can be made payable to Quincy Point Congregational Church with the memo: Build a Bed/Safe Sleep and sent to 444 Washington St., Quincy, MA 02169. All monies raised will be split between the two programs.

Karen and Kristen invite everyone to join them for some bowling and billiard family fun that will help support the healthy sleep and development of our next generation of citizens.



BROTHERS Brendan and Shawn Pitts pose beside their completed bed in 2024. Twelve beds and bedding ensembles were donated and assembled at Quincy Point Congregational Church for the Ma Coalition for the Homeless-A Bed for Every Child, Build a Bed event in May.



Let's Bowl!

Bowling, Billiards and Boatloads of fun!

Quincy Point Congregational Church
and
Boston Children's Hospital

are combining efforts to raise funds for two important sleep-focused programs

A Bed for Every Child (QPCC)
and
Safe Sleep at Home (BCH)



Chances for Gift Baskets
10 for \$20

Event donation of \$30
(cash, card, QR code)

LIGHT LUNCH SERVED! KIDS ARE FREE!

SUNDAY OCTOBER 6, 2024

OLINDY'S from 12-4pm

170 QUINCY AVE, QUINCY, MA

benefiting





CONFIRMATION CLASS gets ready to Build a Bed in May of 2024 at Quincy Point Congregational Church. From left to right: Emily Infantino, teacher Angelina Decristofaro and Benjamin Cusack.

Courtesy Photos

O'Donnell Highlights Registry of Deeds Customer Service Center

Cont'd From Page 14

request certified copies of land documents by mail or in person. The cost in person is \$1 per page, and by mail the cost is \$1 per page plus an additional \$1 per document by mail.

In addition, the Customer Service Center staff is pleased to answer questions about the Homestead

Act, a law that provides limited protection against the forced sale of a homeowner's primary residence to satisfy unsecured debt up to \$1,000,000.

"For many, trying to ascertain information about land documents can be a very frustrating and intimidating experience," O'Donnell said. "Please

know our trained customer service staff is well-versed in all areas of land document research. By utilizing our state-of-the-art land document research system, which is also available via www.norfolkdeeds.org, people can get answers to their property questions."

Notary services are also offered by the Customer Service Center.

"Several staff members are notary publics. We are more than glad to notarize

any land document provided the person requesting the service appears before us and presents satisfactory proof of identification by showing either their driver's license or passport," said O'Donnell.

"Providing first-class customer service is a core objective of the Registry's mission to serve the public," O'Donnell said. "We strive to ensure our customers have a positive experience when interacting with us.

The bottom line is: All of us at the Registry of Deeds are glad to be of service to you."

To learn more about these and other Registry of Deeds events and initiatives like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title ex-

aminers, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

Harry Potter Extravaganza Oct. 26 At Quincy Community United Methodist Church

On Saturday, Oct. 26, Quincy Community United Methodist Church, located at 40 Beale Street in Quincy will hold its 20th annual Harry Potter Extravaganza.

This is a Halloween event for the entire family.

Participate in a Sorting Ceremony, visit Diagon Alley, receive your wand, attend magic classes, meet your favorite magical teachers and staff, and train for a magical tournament. It will be a day filled with fun and excitement.

This is the longest running Harry Potter event in the area, and it sells out very early.

The church encourages reservations ASAP. Reservations made by Oct. 18 will receive a discount: \$30 for a family of 4; \$10 for an individual. After Oct. 18th, the cost is \$35 for a family of four and \$15 per individual. Children 4 and under are free; all children must be accompanied by an adult. To make reservations, call or text 781 267 0892 or email hogwartsparty@yahoo.com.

Please note that reservations are required. Payment is due by Oct. 23rd; otherwise the church cannot guarantee entry to the event. Mail your check to Quincy Community United Methodist Church, 40 Beale St., Quincy, MA 02170; please write Harry Potter Event in the memo line.

Webpage: <https://sites.google.com/site/qcumc7/quincy-community-united-methodist-church-qcumc/harry-potter-extravaganza>

Facebook: <https://www.facebook.com/HogwartsQuincy>
Twitter: #Hogwartsparty@HogwartsQuincy
Instagram: #Hogwartsquincy
Email: Hogwartsparty@yahoo.com
Call/text: 781-267-0892.

World Communion Sunday At Quincy Point Church

World Communion Sunday will be celebrated Oct. 6 during the 10 a.m. service at Quincy Point Congregational Church, 444 Washington St., Quincy.

After worship, gather in the Social Hall downstairs for fellowship and light refreshments, hosted by the Mission and Social Justice Committee.

On Sunday, Oct. 6 from 12 noon until 4 p.m. there will be a family-friendly bowling and billiards fundraiser at Olindy's Lanes, 170 Quincy Ave., Quincy, for two amazing programs: A Bed for Every Child, Build a Bed Program and The Boston Children's Hospital Safe Sleep at Home-Crib Bundle Program.

Quincy Point Congregational Church is an active supporter of Build A Bed and Snuggle Drives. Each bed costs \$350. Children in need who are referred by school nurses, counselors, pediatricians or case workers are put on a waitlist to receive a twin bed. QPCC hosts sessions where volunteer builders assemble beds for eligible children.

Boston Children's Hospital has a safe sleep initiative that educates families on safe sleep practices per The American Academy of Pediatrics. The program supplies families in need with crib bundles. Each bundle cost \$100 and includes a portable crib, fitted sheet and a wearable blanket. The program also supports community awareness of safe sleep practices that empower families with knowledge and support. The public is invited to Olindy's Sunday for some family fun for good causes. All proceeds will be split between the two programs.

Quincy Point Congregational Church prioritizes accessibility. An elevator is available on the Abbey Road side of the building, and there is an "all access" restroom.

Those unable to attend in person can still participate in the weekly worship service that is live-streamed every Sunday at 10 a.m. on YouTube, Vimeo, Facebook, and the church website at www.quincypointcong.org. Missed a service? Catch up anytime on the above listed platforms.

The worship service also airs on QATV channel 8 on Sundays at 11:30 a.m. and Wednesdays at 6 p.m.

MBTA Completes Track Work On Red Line Braintree Branch, Removes 37 Speed Restrictions

The MBTA announced Monday the successful completion of critical track work on the Red Line Braintree Branch while service was suspended between JFK/UMass and Braintree for 24 days from September 6 to Sept. 29. The Ashmont Branch was also suspended for one day on Sept. 28.

As a result of unencumbered access to track areas, crews accomplished important work to lift 37 speed restrictions across 18 miles of track, bringing the track infrastructure into a state of good repair in this area, resulting in a safer, more reliable trip for riders and improving round-trip Braintree Branch travel times by as much as 24 minutes.

"Well executed coordination by the MBTA has led to the successful completion of Red Line infrastructure work across 18 miles of track," said MassDOT Secretary and CEO Monica Tibbitts-Nutt. "The undertaking was made possible because of aggressive planning and multi-level coordination across the MBTA. I want to thank our riders for their patience during the shutdown and express my appreciation to General Manager Eng, his leadership team, and the crews who worked around the clock."

"I couldn't be prouder of the workforce that supported and delivered long awaited work for our riders on the Red Line Braintree Branch this month. Hundreds of on-site workers replaced nearly 70,000 feet of rail and over 17,000 ties on the Braintree Branch, nearly doubling the amount of ties replaced during the entire systemwide Track Improvement Program," said MBTA General Manager and CEO Phillip Eng.

"We're fulfilling our commitment to the public to build back a better T and hopefully rebuild public trust. The work accomplished has allowed us to immediately raise train speeds back to our current maximum speed of 40 miles per hour, returning over 20 minutes of roundtrip travel time to Braintree riders as we now work to further improve travel times along stretches of this Branch where possible. Thank you to the entire MBTA team and our contractors that planned and successfully accomplished the work to provide the public with the safe, reliable and more frequent service they deserve and expect," Eng added.

This service change was in place to support critical track and tie replacement work as part of the Track Improvement Program. More than 600 workers were on site during the 24-day service suspension, working 24 hours per day, seven

days a week to deliver these critical infrastructure upgrades. Workers also maximized the outage by performing signal upgrades, security enhancements, station amenity upgrades, and more.

The track work accomplished during these 24 days allowed the MBTA to operate train service up to the maximum allowable speed of 40 miles per hour, but also laid the groundwork for our goal of increasing current Red Line train speeds to 50 miles per hour where possible. Additional critical steps, such as additional Red Line motorperson training, further service and schedule planning, will need to take place before train speeds are increased to greater than 40 miles per hour.

Importantly and with a continued focus on safety of the workforce, this Braintree Branch service suspension also successfully utilized "fall protection" using the MBTA's internal Maintenance of Way personnel on the DeVaughn flyover area of the Red Line, which is a transit bridge that spans over the adjacent Commuter Rail tracks. Multiple nights of employee fall protection training took place in advance of this service suspension, which allowed work crews to perform work on both directions of track.

According to the MBTA, with unencumbered access to Red Line stations, crews accomplished the following work:

- Replaced approximately 70,000 feet of rail
- Resurfaced and tamped approximately 86,000 feet of track
- Replaced more than 18,000 ties
- Replaced more than 2,000 spot plates
- Replaced approximately 3,500 third rail insulators
- Replaced more than 8,050 feet of guard rail
- Destressed over 81,080 feet of existing rail
- Completed approximately 390 thermite/"flash butt" welds
- Removed and replaced 152 WeeZee bonds with upgrades to additional WeeZee bonds. WeeZee bonds are part of a track circuit's infrastructure
- Replaced approximately 1,500 feet of third rail heating elements
- Replaced and installed 60 track circuit loops
- Performed 40 timber replacements
- Replaced rail at four switches areas with four special track "frog" areas replaced
- Replaced approximately 800 cologne eggs (special rail fasteners used in high vibration and noise-sensitive areas.)

Quincy PFLAG Hosting Day Of Art, Film Oct. 26

PFLAG in Quincy is hosting a day of art and film on Saturday, Oct 26, from 1 to 4 p.m. at the Thomas Crane Public Library, Washington St., Quincy Center.

The theme is "The Art of Belonging" and will feature "As One" and "Wild About Harry" with a special guest appearances by film producer James Egan, author Dan Perdios, and a display of visual art by LGBTQ+ artists.

The event will celebrate the creativity and diversity of the LGBTQ+ community.

PFLAG welcomes submission of art by contacting quincysupport@gbpflag.org

The City of Quincy is home to the city's first PFLAG chapter in partnership with Quincy's LBGTQ+ Commission and QPride. PFLAG organizations create a caring, just, and affirming world for LGBTQ+ people and those who love them. "Leading with Love"

Co-chair people Jim and Patty Mortimer invite all who are interested in joining the Quincy PFLAG Chapter or those guests looking to attend the monthly meetings, traditionally held in Quincy center, to email them at quincysupport@gbpflag.org for additional information.

PFLAG support groups are safe and welcoming spaces

where you can meet with other community members with LGBTQ+ people in their lives, including families whose children have come out to them, friends, and significant others, or those who are interested in learning how to become a better ally to LGBTQ+ people.

Trained volunteers run the group, most of whom are parents, and are filled with people who can offer support, answer questions, and link you to resources. The meetings are free of charge to attend and all information you share is confidential.

Quincy Pride is a 501(c)(3) organization.

For information on programming and related LGBTQ+ events, connect with us on: facebook.com/QPrideDay or www.quincypride.com.

For information on Quincy's LBGTQ+ Commission visit www.quincyma.gov/govt/depts/boardcom/lgbtq_commission/default.htm.

More Quincy news:

The Quincy Sun.com

Beware These Six QR Code Scams And How To Avoid Them

QR codes are a useful tool for many businesses due to how easy they are to create and set up, whilst replacing the need for physical media or copying a URL link. However, there has been a rise in scammers creating fake QR codes to fool victims into visiting malicious imposter websites or downloading malware on their devices.

Kushal Tantry, CEO of QR Code Developer, has identified six of the latest QR code scams that are being used by scammers and what to look out for if you suspect you have encountered one.

Parking information and payment scams

One of the most common QR code scams in the UK and US right now involves scammers placing fake QR codes onto parking meters or information signs. This leads victims to a website that looks official but is designed to steal user's credit card information. People are usually in a rush to pay and may attempt contactless payment without looking for warning signs.

You should avoid paying through QR codes whenever possible, especially in public places. If the fake code is covering up a real QR code in that location, check if the URL is secure and what you would expect to see. Any spelling or grammar errors on the actual site can also determine if it might have been created by scammers.

Posters and information board scams

Other fake QR codes in public places may be found on posters or information boards, especially in town or city centres during the summer season when many events are taking place. These scams tend to target unsuspecting tourists or locals looking for further details from an advertisement, which can lead them to a fake website or malicious

download.

Check if the QR code is a sticker that might be covering up and replacing an existing code underneath. It may have been placed in a strange way compared to the rest of the advertisement, showing the code could have been stuck on afterwards. You should also look out for other obvious signs that you are on a phishing website and not the legitimate site, such as spelling mistakes or incorrect branding.

Social media message scams

QR code scams can be found on many social media sites such as Snapchat or Facebook. Hackers may take over one of your family's or friends' accounts and send messages containing QR codes, trying to convince you to scan them. Treat any such unusual requests with caution, especially if they are out of the ordinary.

These messages are likely to be worded differently from how the person normally replies or could come from someone you have not spoken to in a long time. If you think someone might have been hacked, be sure to message or call them on their mobile number to verify if these messages are legitimate.

Phishing email scams

Scammers often include fake QR codes in phishing emails that they send to potential victims. This is because people often fail to recognise that scanning these codes can be just as risky as clicking on links contained within unsolicited emails. Examples of this scam include phoney emails from a well-known retailer containing a QR code pertaining to a failed transaction.

It is likely that any emails mentioning failed orders, purchases, or unknown accounts aren't legitimate, so you

should avoid interacting any further with the email or sender. Make sure to check the email addresses for spelling mistakes or errors and contact the company directly through their website if unsure.

Physical mail and package scams

Any advice around unsolicited emails can be applied to anything you might receive in the mail, such as letters or packages. Scammers can use bogus letters to trick you into scanning a QR code through surveys, competitions, or tracking a supposed order. It is unlikely that many legitimate companies would send you a QR code to use in this way.

Any mail used for scams may use urgent or threatening language to get you to act quickly or incentivize you to scan by offering made-up rewards. If the mail appears to come from a company you recognize, be sure to check their website first on your official account or ring their helpline.

QR code scanner app scams

Scanning QR codes is doable via your smart device camera, but some scammers may also try to fool you into downloading a harmful scanner app. This then allows malware to be installed on your device that can steal data and personal details. Be careful when downloading any scanner apps that have strange reviews or have received a lot of ratings in a short space of time.

You can recognize these sorts of malicious apps if they immediately ask you to download a sizeable update after being installed, which is likely to be the malware. Use the official online stores when searching for new apps and check to see if they request permissions that seem extensive for what is needed, such as controlling your screen.

Regis College, Bay State Community Services Form Partnership

Regis College and Bay State Community Services announce a strategic partnership to support their employee development and recruitment programs through access to undergraduate, graduate, doctoral and professional certificate programs which include tuition savings rates, and use of the

Regis campus facilities.

The employees of Bay State Community Services and their family members have access to undergraduate, graduate, doctoral and professional certificate programs that include discounted tuition and use of the Regis campus facilities.

Regis creates partner-

ships to provide for the needs of its partners, such as Bay State Community Services. The partnerships offer benefits such as discounted tuition, customized program delivery (including the possibility of on-site classes at partner offices) and admission to university events. To support employee recruitment, the partner-

ships feature access to Regis graduates, a talent pool of exceptionally prepared and dedicated students in several fields, including health care and education.

Partners have access to facilities on the Regis campus located in Weston on more than 100 acres, offering meeting space, a library, fine arts center with theater,

auditorium and gallery, athletic facilities and ample parking. Partners also have access to the university's intellectual capital of faculty and students, infrastructure for joint research drawing on faculty renowned in healthcare and allied professions, and opportunities for incubator space and simulation labs.

Depending on the program, Regis partners' employees and their family members receive tuition discounts of 10 to 25 percent. The discount is eligible for all on-campus, hybrid, on-site and online certificates, and graduate and doctoral degree programs. There is no cost to establish a partnership.

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(Sum of 15b (1), (2), (3), and (4): **120**

f. Total Distribution (Sum of 15c and 15e: **4,326**

g. Copies not Distributed: **474**

h. total (sum of 15f and g): **4,800**

i. Percent Paid (15c divided by 15f times 100): **97.0%**

13. Publication Title: **The Quincy Sun**

14. Issue Date for Circulation Data Below: **9/12/2024**

15. Extent and Nature of Circulation

No. Copies of Single Issue Published Nearest to Filing Date

a. Total Number of Copies (Net press run): **4,800**

b. Paid Circulation (By Mail and Outside the Mail)

(1) Mailed Outside-County Paid Subscriptions Stated on PS Form 3541 (include paid distribution above nominal rate, advertiser's proof copies, and exchange copies): **510**

(2) Mailed In-County Paid Subscriptions Stated on PS Form 3541 (include paid distribution above nominal rate, advertiser's proof copies, and exchange copies): **2,917**

(3) Paid Distribution Outside the Mails including Sales through Dealers and Carriers, Street Vendors, Counter Sales, and Other Paid Distribution Outside USPS: **717**

(4) Paid Distribution by other Classes of Mail Through the USPS (e.g. First-Class Mail): **0**

c. Total Paid Distribution (Sum of 15b (1), (2), (3), and (4) - **4,144**

d. Free or Nominal Rate Distribution (By Mail and Outside the Mail)

(1) Free or Nominal Rate Outside-County Copies included on PS Form 3541: **0**

(2) Free or Nominal Rate In-County Copies Included on PS Form 3541: **0**

(3) Free or Nominal Rate Copies Mailed at Other Classes Through the USPS (e.g. First-Class Mail): **0**

(4) Free or Nominal Rate Distribution Outside the Mail (Carriers of other means): **120**

e. Total Free or Nominal Rate Distribution

(Sum of 15b (1), (2), (3), and (4): **120**

f. Total Distribution (Sum of 15c and 15e: **4,264**

g. Copies not Distributed: **536**

h. total (sum of 15f and g): **4,800**

i. Percent Paid (15c divided by 15f times 100): **97.0%**

17. Publication of Statement of Ownership

X. If the publication is a general publication, publication of this statement is required. Will be printed in the 10/3/24 issue of this publication.

18. Signature and Title of Editor, Publisher, Business Manager, or Owner.

Date: **9/18/2024**

I certify that all information furnished on this form is true and complete. I understand that anyone who furnishes false or misleading information on this form or who omits material or information requested on the form may be subject to criminal sanctions (including fines and imprisonment) and/or civil sanctions (including civil penalties).

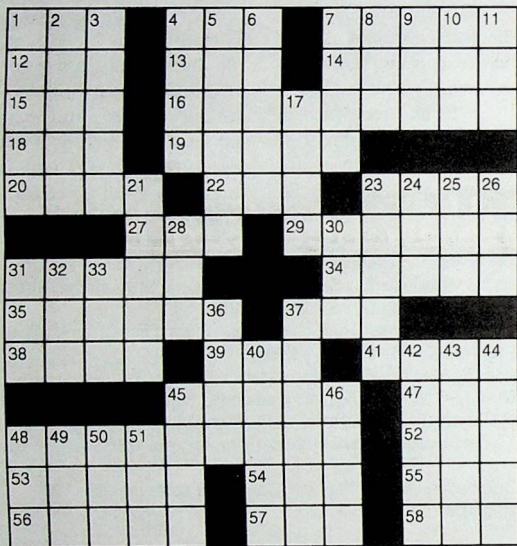
Robert H. Bosworth
Publisher

10/3/24

SUN FUN PAGES

King Crossword

- ACROSS**
- 1 Buddy
 - 4 Rm. coolers
 - 7 Bashes
 - 12 Epoch
 - 13 Speck
 - 14 Mowing sites
 - 15 Goal
 - 16 Handel compositions
 - 18 Author Harper
 - 19 Purse part
 - 20 Trudge
 - 22 Mess up
 - 23 Prejudice
 - 27 Mardi Gras VIP
 - 29 Borneo beasts
 - 31 Pocket breads
 - 34 Harley rider
 - 35 Delphi figure
 - 37 In shape
 - 38 Title for Helen Mirren
 - 39 Gorilla
 - 41 Wild guess
 - 45 Cornell and Yale, e.g.
 - 47 E.T.'s craft
 - 48 Citrus drink
- DOWN**
- 1 Daily trio
 - 2 Disney mermaid
 - 3 Star's bit part
 - 4 Big fusses
 - 5 Brain layer
 - 6 Fab Four drummer
 - 7 Dud
 - 8 Hearing thing
 - 9 Prefix with night
 - 10 Rock producer Brian
 - 11 Snake's warning
 - 17 Tropical tuber
 - 21 Preprandial prayer
 - 23 Entices
 - 24 Pen filler
 - 25 Get older
 - 26 Old map letters
 - 28 Immigrant's subj.
 - 30 Hitter's stat
 - 31 Group of seals
 - 32 Nest egg acronym
 - 33 Highland hat
 - 36 Roof overhang
 - 37 Birdseed holder
 - 40 Steinway product
 - 42 Shroud city
 - 43 Blazing
 - 44 Greeted a bully
 - 45 Borodin's "Prince —"
 - 46 Gives a darn?
 - 48 Texter's "Heavens!"
 - 49 Estuary
 - 50 Busy insect
 - 51 Opposite of paleo-



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MAGIC MAZE • PARTS OF A STEAM LOCOMOTIVE

H F C A E E L T S I H W X Y W
U R P N X V M C L J H F O G D
B Z X B V O L O T R Q O B N M
K I C L H F B A D D B Z E I S
Y E T A R G W L V D V T K L D
R Q O S B E N B A Y N L O P O
P I S T O N D U K N T A M U R
I H F P I D C N A Z R E S O E
X W V I L U S K E R Q U F C D
O (SUPERHEATER) O A I
X O B E R I F R N M K J I J S

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: AUDIBLE SIGNALING DEVICE

- | | | | |
|-------------|-------------|--------------|-------------|
| Blast pipe | Coupling | Piston | Smokebox |
| Boiler | Firebox | Safety valve | Superheater |
| Cab | Grate | Sand dome | Tender |
| Coal bunker | Journal box | Side rods | |

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Leg is moved. 2. Arm is moved. 3. Flagstick is taller. 4. Tree is different. 5. Shoulder pad is missing. 6. Sign is moved.

Trivia test

by Fifi Rodriguez

- MOVIES: Which animated film was the first to be nominated for an Academy Award for Best Picture?
- SCIENCE: What is a common name for the Aurora Borealis?
- U.S. PRESIDENTS: Who was the third U.S. president?
- GEOGRAPHY: Where are the Maldives (islands) located?
- MUSIC: Who was the first woman inducted into the Rock and Roll Hall of Fame?
- TELEVISION: What is Dorothy's job on "The Golden Girls"?
- MATH: Which number doesn't have a Roman numeral equivalent?

- LITERATURE: In the Harry Potter series of novels, what was Lord Voldemort's name before he changed it?
 - ANIMAL KINGDOM: Which dog breed doesn't "bark"?
 - FAMOUS QUOTES: Who wrote the poetic line about fall, "Nature's first green is gold"?
- Answers**
- "Beauty and the Beast."
 - Northern Lights.
 - Thomas Jefferson.
 - Indian Ocean.
 - Aretha Franklin.
 - Substitute teacher.
 - Zero.
 - Tom Marvolo Riddle.
 - Basenji.
 - Robert Frost, "Nothing Gold Can Stay."

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Wishing Well®

7 8 5 8 2 5 6 2 4 8 4 5 7
E A A K L S R I N I E W X
2 7 4 2 6 5 4 2 4 5 2 6 3
F P W E E E B I R E N M E
7 2 3 4 6 4 2 7 4 6 2 7 6
R B V I A D A E G I L S N
7 8 4 7 4 3 8 2 7 4 5 3 6
S N E F T E D A E O T N P
2 4 2 3 4 2 6 5 3 7 8 4 7
N L C T O E O L F E L V L
3 5 3 6 3 8 4 3 8 6 3 8 7
U I L I W Y E E G S E E I
8 6 3 7 6 8 5 7 5 8 7 8 8
S E K N D T F G E U S R E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

- ARIES** (March 21 to April 19) Mars, your ruling planet, will soon begin a journey that will open up a growing number of romantic and fun-filled possibilities. Put this surging Arian energy to good use and explore it to your heart's content.
- TAURUS** (April 20 to May 20) This is the time to prepare for a career move coming up next month. Update your resume. Get those proposals in shape. And don't forget to buff up that Bovine self-confidence!
- GEMINI** (May 21 to June 20) Your Gemini instincts will guide you to the right people who might be able to help you get over a career impasse that has been holding you back. Expect to make changes.
- CANCER** (June 21 to July 22) You're getting closer, but you still have a way to go before reaching your goals. Continue to stay focused, no matter how difficult it can be for the easily distracted Moon Child.
- LEO** (July 23 to August 22) Your Leonine pride might be keeping you from getting to the source of a disturbing situation. Don't be shy about asking questions. Remember, information is power.
- VIRGO** (August 23 to September 22) It's a good time to shake up your tidy little world by doing something spontaneous, like taking an unplanned trip or going on a mad shopping spree.
- LIBRA** (September 23 to October 22) This is a good week to get advice on your plans.
- But don't act on them until you feel sure that you've been told everything you need to know to support your move.
- SCORPIO** (October 23 to November 21) Be careful. You might be probing just a little too deeply into a situation that you find singularly suspicious. The facts you seek will begin to emerge at a later time.
- SAGITTARIUS** (November 22 to December 21) This is a good week to make new friends and look for new career challenges. But first, get all those unfinished tasks wrapped up and out of the way.
- CAPRICORN** (December 22 to January 19) Relationships need a fresh infusion of tender, loving care. Avoid potential problems down the line. Stay close to loved ones as the month draws to a close.
- AQUARIUS** (January 20 to February 18) Take things nice and easy as you continue to build up your energy reserves for a big change that comes in when the transformational planet Pluto reenters your sign later on next month.
- PISCES** (February 19 to March 20) This is the absolute right time to let those often-hidden talents shine their brightest. You'll impress some very important people with what you can do.
- BORN THIS WEEK:** You are impelled by a need to find the truth, no matter how elusive. You would make a wonderful research scientist or an intrepid detective.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: S equals Z

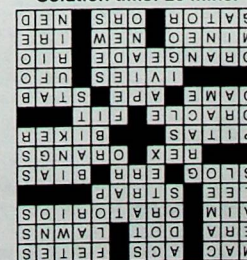
J LZDP Z NGZSSM GPR UVJSSFM-
NLZXPX ZVPZ VWU, CWH J
YPPX ZDIJKJGU JH. JH'N Z
CPZV HI RZFY IG.

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King Crossword

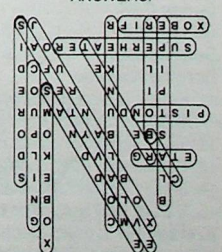
Answers

Solution time: 26 mins.



Magic Maze

ANSWERS



CryptoQuip answer - I have a snazzy new gizmo! Keep avoiding it, it's a bear to walk on.

9	6	12	7
5	10	8	11
4	3	13	14
16	15	1	2

Super Crossword

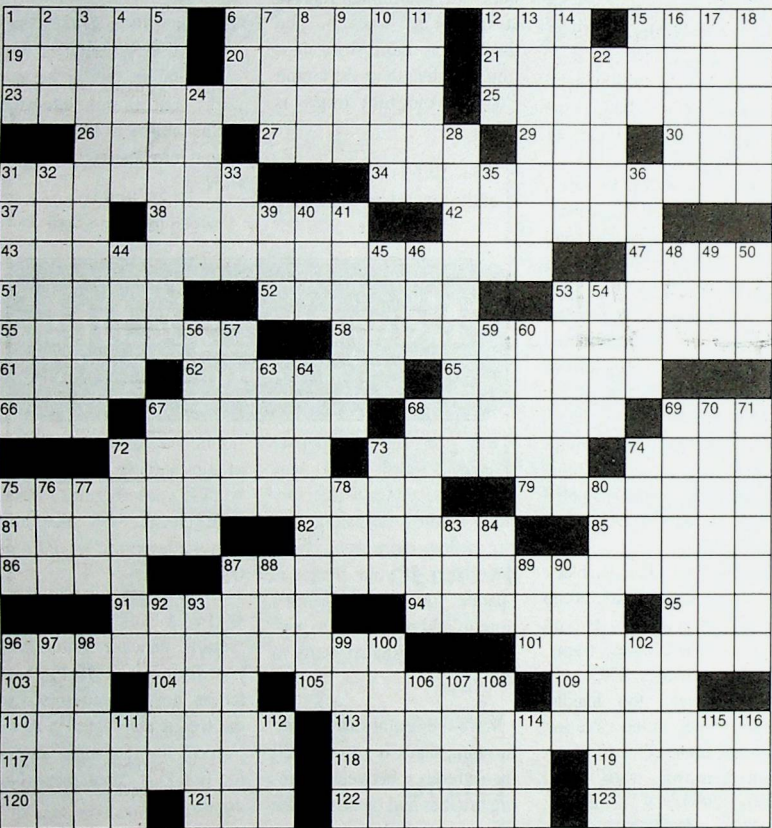
BETWEEN WHITE
AND RED

ACROSS

- 1 U.K. equivalent to an Oscar
- 6 Trinidad and —
- 12 Baggage screeners' org.
- 15 Moose kin
- 19 American poet — Baraka
- 20 Basra natives
- 21 Balloon pilot
- 23 Upon initial sight
- 25 Twilight time, to poets
- 26 Diplomacy
- 27 Performs an axel, e.g.
- 29 Arizona-to-Kentucky dir.
- 30 Mauna —
- 31 Square-cut building stones
- 34 Glossy fabric with an elaborate floral pattern
- 37 Rule, in brief
- 38 Atomic cores
- 42 Playpen toy
- 43 Baby's breath and cowherb are members of it
- 47 "Gung Ho" actress Rogers
- 51 Sondheim's "Everybody Ought to Have —"
- 52 Like a laundromat washer, for short
- 53 Closer to now
- 55 Swamp some pool lengths
- 58 Florida city near Miami
- 61 Bits of land in eau
- 62 Material on a Q-tip
- 65 Person howling
- 66 — Lingus
- 67 Ancient Palestine
- 68 Bamboo eaters
- 69 Jackson 5 #1 hit of 1970
- 72 — and pestle
- 73 Wage recipients
- 74 Leg midpoint
- 75 Alternative to apple pie
- 79 Jewish villages of old
- 81 Debonair
- 82 Greasier

DOWN

- 1 Nanny's cry
- 2 Qty.
- 3 10-year-old student, often
- 4 Court hearing
- 5 Carrier with a Toronto hub
- 6 — for fat
- 7 Round bodies
- 8 Hesitate like a mule
- 9 Blue-green
- 10 Main points
- 11 Actor Milo
- 12 — Bo
- 13 Fourteen times five
- 14 Philosopher Hannah
- 15 Sinus doc
- 16 Boxer Ali
- 17 "Congrats!"
- 18 Rib-eye, e.g.
- 22 Actor Ryan
- 24 Walk cockily
- 28 Peel off
- 31 Site of rural peace
- 32 Mariner's distance unit
- 33 — fi flick
- 35 Suffix with resident
- 36 Michelle Obama's "Becoming," e.g.
- 39 Site: Abbr.
- 40 Brian of rock
- 41 Promiser's qualifier
- 44 Guitarist Lofgren
- 45 Strong as —
- 46 Country of NW Afr.
- 48 Tavern
- 49 Actress Ryan
- 50 1040 org.
- 53 Showy debut, perhaps
- 54 Tram rocks
- 56 "Memento" star Guy
- 57 — Domingo
- 59 Narrow road
- 60 Agrees (with)
- 63 Broccoli —
- 64 Native American feathered headdress
- 67 Singer Marc
- 68 Shunned one
- 69 Destroying Scuds, say
- 70 Triple Crown venue
- 71 Some light planes
- 72 VirusScan company
- 73 Brazilian soccer hero
- 74 Ship's spine
- 75 Tavern
- 76 Before
- 77 Prez Lincoln
- 78 Fleur-de —
- 80 Results of compromises
- 83 Notable time
- 84 Cath., e.g.
- 87 Fiero or GTO
- 88 Raggedy —
- 89 Feb. 29, for leap day babies
- 90 — Croatian
- 92 Goodyear's home city
- 93 Malicious sort
- 96 Schick item
- 97 In reserve
- 98 It'll stop traffic
- 99 Frisbees, e.g.
- 100 Big internet portal
- 102 In — (stuck)
- 106 Pasta sauce brand
- 107 Yemen port
- 108 Mail in, e.g.
- 111 Meowing pet
- 112 "I'll take that as —"
- 114 Aves.
- 115 Vardalos of the screen
- 116 Walloped in a boxing ring



by Dana Jackson

Q: I saw a commercial for "FBI: International," and it looks like Jesse Lee Soffer is on there now. I was hoping he would return to "Chicago P.D." Is there any chance of this now? — D.D.

A: Yes, it's true. Jesse Lee Soffer has joined the cast of "FBI: International" in time for the show's fourth season. He played Detective Jay Halstead for 10 seasons on another Dick Wolf-produced series, "Chicago P.D.," before choosing to exit. The door has been left open for his character to return, but the chance of this seems less likely now. He did tell Variety that "Halstead's always going to be in my blood," but I'm sure that after a decade, he was ready for a change, even if it's on another crime procedural show. Soffer takes the place of departing cast member Luke Kleintank, who left "International" after three years. Also new this season is actor Jay Hayden as Agent Tyler Booth. If he looks familiar, that's because he starred in the long-running ABC series "Station 19." All three "FBI" shows will premiere their new seasons on Tuesday, Oct. 15, with "FBI" at 8 p.m. ET, "FBI:

Most Wanted" at 9 p.m. ET, and "FBI: International" at 10 p.m. ET. You can also stream them on Paramount+ the next day.

Q: Wasn't there a spin-off series for "When Calls the Heart," or was it just a one-time miniseries? Will there be any more of it? — D.J.

A: Yes, there was and still is a spin-off series of "When Calls the Heart," titled "When Hope Calls." The last episode was almost three years ago, so it's not surprising that the show's fans have been left wondering if it was all just a figment of their imaginations.

Fortunately, "When Hope Calls" will begin filming again soon, aiming for a premiere date on January 2025 on the Great American Family channel. "The cast is getting something of an overhaul, with three new additions," according to TV-Line. Set in the early 1900s at an orphanage, the show initially focused on two sisters, who were played by Morgan Kohan ("Sullivan's Crossing") and Jocelyn Hudon ("Chicago Fire"). Hudon is reportedly not part of the cast for season two, but joining Kohan are three new additions to the show: Cindy Busby ("Cedar Cove"), Christopher Russell ("UnREAL"), and Nick Bateman ("A Christmas Miracle for Daisy").

Q: Is it true that Zendaya is thinking about retiring



Jesse Lee Soffer ("FBI: International")

Courtesy of CBS

from acting? Also, is Zendaya her real name, and what is her last name? — M.M.

A: Born Zendaya Maree Stoermer Coleman, the young actress simply goes by her first name now. As for her returning from show business, that rumor started after a post-"Dune" screening Q&A session, when she said she wasn't sure she can "handle all of that" — meaning the pressures that come with fame. She explained that she loves acting and being on set, but at heart, she is an introvert and would like to be seen as a "person" instead of a celebrity. She has no plans to retire, however.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange

by Donna Pettman

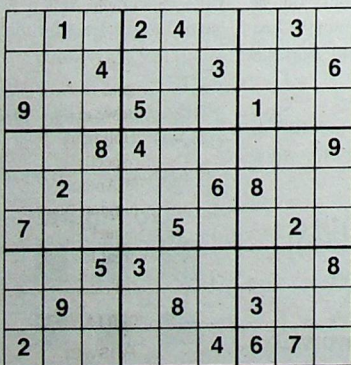
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|---------------------|-------|---------------------|-------|
| 1. Garden plot | — T — | Dry out | — R — |
| 2. Tall | — O — | Southpaw | — E — |
| 3. Scrub | — — R | Talent investigator | — — T |
| 4. Sir — Raleigh | W — — | Bridle | H — — |
| 5. Fingerless glove | M — — | Infant feline | K — — |
| 6. Go pale | — L — | Tree limb | — R — |
| 7. Some future time | — T — | Pilsner | — G — |
| 8. Tailor's cord | — — D | Intimidation | — — T |
| 9. — monoxide | — — B | Milk container | — — T |
| 10. Acclimatize | — A — | Take as one's own | — O — |

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Weekly SUDOKU

by Linda Thistle



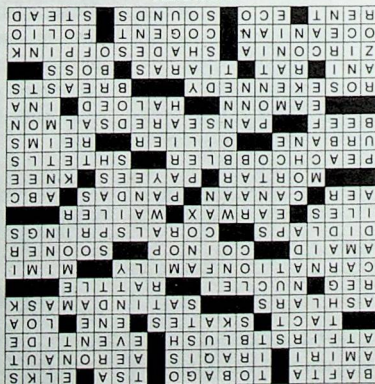
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦ Moderate ♦♦ Challenging ♦♦♦ HOO BOY!

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Super Crossword

Answers

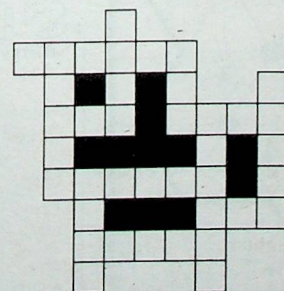


Even Exchange answers

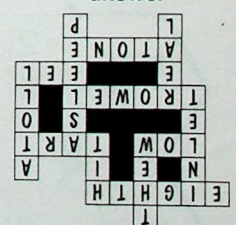
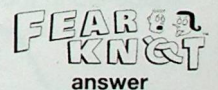
1. Patch, Patch
2. Lofy, Lefty
3. Scout, Scout
4. Walter, Halter
5. Mitten, Kitten
6. Blanch, Branch
7. Later, Lager
8. Thread, Threat
9. Carbon, Carton
10. Adapt, Adopt



- ITH
- ♥ ESPELA
- TENIL
- ♥ HTWE
- WRETLO
- ♥ ELE
- ♥ ELRA
- ♥ OLTLA
- ♥ WLO
- ♥ GHETHI
- ♥ NEATO
- RTTA

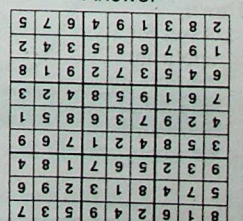


Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.



Weekly SUDOKU

Answer



Amber Waves

HEY THERE, CHICKIE. ARE YOU READY FOR SOME FEED MIX?

UGH, LOOKS GROSS AND KIND OF SMELLS WEIRD. GIVE IT A TRY, I GUESS.

WOW, REMIND ME NEVER TO ASK THAT KID TO WRITE ME A YELP REVIEW.

Out on a Limb

ONE, TWO, THREE, FOUR!

VERY GOOD! BUT MUST YOU SCREAM SO LOUDLY?

BRUCE SPRINGSTEEN IN ELEMENTARY SCHOOL

Americanisms

"If you lose money you lose much, If you lose friends you lose more, If you lose faith you lose all."
—Eleanor Roosevelt

Just Like Cats & Dogs

THIS IS RIDICULOUS. I KNOW THEY SAY "THIRD TIME'S THE CHARM," BUT DOES IT HAVE TO APPLY TO MY GOLF GAME?



Ticks are still out well into fall

DEAR PAW'S CORNER:

My dog "Austin" was recently diagnosed with Lyme disease. He's responding very well to treatment with antibiotics. Still, I'm wracking my brain as to how he was exposed. I check him for ticks every time we go out hiking, and I've never found one. I avoid trails in the deep woods during the summer months, when there's a lot of brush and ticks are out. What can I do to protect him from another tick bite? — Zack in Asheville, North Carolina

DEAR ZACK: I'm glad to hear Austin is on the mend!

Lyme disease in dogs can be very debilitating. The most important tool in the tick-fighting arsenal is prevention. Use a flea and tick preventive treatment — like a topical ointment or a

chewable medication — to arm your dog in advance of going outside. Oral treatments often have the added advantage of heartworm medication to prevent this dangerous transmitted disease in dogs from fleas and mosquitoes.

Avoiding the deep woods in summer is one way to reduce the chance of acquiring a tick (or three, or four), but ticks can lurk right in your yard and around the neighborhood. Keep the lawn mowed and brush trimmed back, and remove any debris piles around your property. Vacuum carpets weekly and sweep and mop the floors regularly. Check Austin every day for ticks, even on days that you don't go out hiking. It's not unheard of to miss a tick in a dog's fur, before it's latched on to the skin — and you have a 48-hour window to locate and remove an attached tick before Lyme exposure occurs.

Finally, talk to the vet about whether a Lyme vaccine would be a good choice for your dog.

Send your tips, comments or questions to ask@pawscorner.com.

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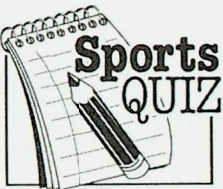
WORD LADDERS

Can you go from CAUSE to NORSE in 6 words? Change one letter for each rung in the ladder.

CAUSE

NORSE

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by Ryan A. Berenz

1. Sebastian the Ibis is the mascot of what university's athletic teams?
2. What two heavyweight boxers were dueling on the Las Vegas Strip in November 1993 when James "Fan Man" Miller crashed his powered paraglider into the ring?
3. What auto-racing facility in Pennsylvania's Lehigh Valley opened in 1910 and hosted open-wheel and NASCAR races until it closed in 2004?
4. Who was captain of the 2006 Stanley Cup champion Carolina Hurricanes? (Hint: He was hired as the Hurricanes' head coach in

- 2018.)
5. What team selected Tennessee's Chamique Holdsclaw with the first overall pick in the 1999 WNBA Draft?
6. He has two Super Bowl rings as a cornerback for the New England Patriots. His son, also a cornerback, was a 2021 draft pick by the Los Angeles Chargers. Who is he?
7. Outfielder Andre Dawson's plaque in the National Baseball Hall of Fame depicts him wearing the cap of what team?

Answers

1. The University of Miami Hurricanes.
2. Riddick Bowe and Evander Holyfield.
3. Nazareth Speedway.
4. Rod Brind'Amour.
5. The Washington Mystics.
6. Asante Samuel Sr.
7. The Montreal Expos.

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Micro Crossword

Answer

S	O	L	E
A	R	E	S
I	N	G	S
E	N	G	S
E	N	G	S

Micro Crossword

By Elizabeth C. Gorski

Across

- 1 Heap
- 5 "Hallelujah" singer and songwriter Leonard
- 6 "En el Arsenal" painter Rivera
- 7 Exams for some college srs.
- 8 Beach, Florida

1	2	3	4
5			
6			
7			
8			

Down

- 1 Asset for a job applicant
- 2 "A little birdie told me ..."
- 3 Without a stand on

- 4 Slaughter in the Baseball Hall of Fame
- 5 Nero's 455

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Here's what to watch and where to watch it for the week of October 7, 2024

- ON NOW: "The Franchise" (Season 1) — Max

ON NOW: "Hold Your Breath" (R) — Hulu

8-Oct: "Ali Wong: Single Lady" (Comedy Special) — Netflix

8-Oct: "Dinner Time Live with David Chang" (Season 2) — Netflix

9-Oct: "La Máquina" (Limited Series) — Hulu
- 10-Oct: "Outer Banks" (Season 4 - Part 1) — Netflix

10-Oct: "Teacup" (Season 1) — Peacock

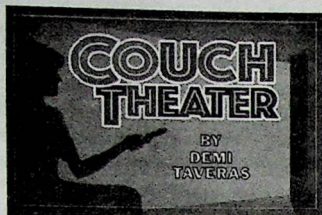
10-Oct: "Tomb Raider: The Legend of Lara Croft" (Season 1) — Netflix

11-Oct: "Disclaimer" (Limited Series) — AppleTV+

11-Oct: "Lonely Planet" (R) — Netflix

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MORE SUN FUN



"Blink Twice" (R) — Zoe Kravitz, who recently portrayed the alluring Catwoman in "The Batman" (2022), has decided to make her directorial debut after a decades-long career in acting, and it's safe to say that we didn't know how badly we needed Kravitz as a director until now. In the age of Netflix films and Marvel blockbusters, this psychological thriller is a palette-cleanser that makes you wonder why more directors aren't making films this original, thought-provoking and refreshing. Naomi Ackie ("I Wanna Dance with Somebody") excels as timid cocktail waitress Frida, who gets whisked away with her best friend, Jess, to a billionaire's private island. Once there, Frida and Jess are showered with anything they could possibly want, but as the days start to blur together and their recreational activities catch up to them, the girls wonder if they're caught in a trap. Remember, girls, blink twice if you're in danger! Out now to rent. (Apple TV+)

"Ezra" (R) — Max (Bobby Cannavale) is a stand-up comedian yet to hit it big, who lives with his father, Stan (Robert De Niro). Besides his comedy, the light of Max's life is his autistic son, Ezra, even though Max often disagrees with his co-parent, Jenna (Rose Byrne), on how to help Ezra get accustomed to the outside world. After Ezra's actions accidentally cause a scare, his doctor transfers him to a special-needs school and gives him medication, much to Max's

dismay. So, Max haphazardly decides to "kidnap" his son and embark on a road trip that will hopefully bring Ezra out of his own world into the real one. Tony Goldwyn ("Scandal"), who also co-stars in the film, directed this heartwarming drama out now to rent. (Amazon Prime Video)

"Hold Your Breath" (R) — Premiering Oct. 3, this psychological thriller takes place in 1930s Oklahoma during the Dust Bowl that ravaged American farmlands. A young mother named Margaret, played by the ever-expressive Sarah Paulson ("Mr. & Mrs. Smith"), works tirelessly to protect her family against the dust storms. One night, Margaret's oldest daughter, Rose, reads the harrowing tale of The Grey Man — a spirit who travels in the dust that makes you do terrible things if you breathe him in. Although Margaret dismisses the story at first, certain signs of a sinister presence appear throughout her rural community, eventually trickling down to her family. So, Margaret must brace herself to hold her breath and fight if she's to weather the storm. Annaleigh Ashford ("American Crime Story") and Ebon Moss-Bachrach ("The Bear") co-star in this selection from the Toronto International Film Festival. (Hulu)

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Naomi Ackie, left, and Channing Tatum star in "Blink Twice."

Contract Bridge

RATIONALE OF GOOD DEFENSE

South dealer.

Both sides vulnerable.

NORTH

♠ Q 10 8
♥ 7 3
♦ K J 10 6 2
♣ K Q 5

WEST

♠ A 7 3
♥ Q J 9 5 2
♦ 7 4
♣ 10 4 3

EAST

♠ 6 4
♥ A 8 6 4
♦ A 5 3
♣ 9 8 6 2

SOUTH

♠ K J 9 5 2
♥ K 10
♦ Q 9 8
♣ A J 7

The bidding:

South	West	North	East
1 ♠	Pass	2 ♦	Pass
3 ♦	Pass	3 ♠	Pass
4 ♠			

Opening lead — queen of hearts.

To defend well is difficult, but certainly not impossible. It's mostly a matter of gathering clues available from the bidding and/or play, and taking advantage of them.

Assume you're East and win partner's queen-of-hearts lead with the ace. What should you return? Considering all the factors, your best return is a low diamond! If you make this play, the contract goes down one.

Declarer wins in his hand and leads a trump. Following your line of

defense, partner rises with the ace and returns a diamond. You win with the ace and play a diamond, and partner ruffs to score the setting trick.

How can you be expected to find this extraordinary defense without seeing all four hands? Actually, it makes a lot of sense — if you stop to reason things out.

To begin with, you should conclude that you have virtually no hope of defeating the contract unless partner has the ace or king of trump. You therefore assume that he has a trump trick coming. You also know from the queen-of-hearts lead that partner does not have the king, so that a heart return is futile.

Next, you know from South's three-diamond bid that he has either three or four diamonds. If South raised with four diamonds, the best defense is to play the ace and another diamond. But if South raised with three diamonds, the best defense is to lead a low diamond at trick two.

To solve this problem, you make the reasonable assumption that if South has four diamonds, your partner, who is presumed to hold the trump ace or king, would have led his singleton diamond. Therefore, you say to yourself, partner must have two diamonds, so the best chance to beat the contract lies in a low diamond return at trick two.

by Steve Becker

Puzzles4Kids

by Helene Hovanec

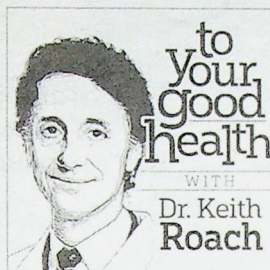
WORD FUN

Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

WHAT DO BEES USE TO FIX THEIR HAIR?

ANTHEM	___	MEANT	RACING	___	GRAIN
PIANOS	___	PAINS	TAILOR	___	TRAIL
NECTAR	___	REACT	CAMELS	___	SCALE
RODEOS	___	DOORS	FIBBER	___	BRIEF
DROWSY	___	WORDS	THINGS	___	NIGHT

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Multiple Myeloma Patients Can Live Longer With Proper Treatment

DEAR DR. ROACH: Can someone have diffuse multiple myeloma with serious symptoms (like bone pain, pale skin, amber-colored urine, constipation, fatigue, insomnia, excessive sweating, and dizziness) and still be alive after four years? -- J.O.

ANSWER: Multiple myeloma is a type of cancer of the bone marrow. The cells in the bone marrow (called plasma cells) stop responding as they should and make large amounts of antibodies. Unfortunately, these antibodies don't help you fight off infections; they consist of a single clone that usually doesn't have any discernible activity.

What myeloma does do is crowd out the rest of the cells in the bone marrow so that the person can't make adequate red blood cells (causing pale skin and dizziness), blood-clotting cells (predisposing people to bleeding), and other immune system cells. This puts a person at a high risk for infection.

The myeloma cells can get into the bone and cause bone pain. The high metabolic activity can also cause dizziness and sweating, and many cancers cause more nonspecific symptoms like fatigue, insomnia and constipation. Myeloma can also damage the kidney.

Although myeloma is generally considered incurable, new treatments have greatly improved the prognosis. In people with the standard type of myeloma, survival is eight years with the usual treatment. With a stem-cell transplant, survival with average-risk myeloma is over 12 years. Some highly aggressive forms of myeloma have a much worse survival rate.

I don't have enough information to tell whether you have standard or high-risk myeloma. Your symptoms suggest that your disease isn't under good control. But the majority of people treated with the best available treatments do live longer than four years.

DEAR DR. ROACH: I've had stronger body odor during the past few months and can't

figure out why. I am a healthy, 69-year-old woman in great shape. There hasn't been any changes in my exercise regimen, diet or medications at all. Why is this happening? -- K.D.

ANSWER: Body odor is mostly caused by bacteria that live on the skin. These bacteria can change under a variety of conditions. One of those conditions is sweat, so a change in sweat due to a change in temperature or humidity can favor the growth of different bacteria, which affects your body odor.

It was a very hot summer for most of the country, so this could've been a possibility. Also, the regular sweat that perspires is different from the sweat we have under times of high stress or anxiety, and many people recognize that this also leads to a particular odor.

Although exercise, changes in diet, and some medications can change the bacteria that live near the sweat glands, you've eliminated all of these. Hormonal changes (most notably among adolescents) lead to different bacteria, but menopause can also have a similar effect (although age 69 typically isn't a time when we see major hormone changes in women).

Medical issues like diabetes or kidney or liver disease lead to changes in body odor that some, but not all, people can recognize. Finally, if you are living with someone, their skin bacteria can become your skin bacteria, so this is another possibility.

Regular soap and water, as well as deodorants, are effective for most people, but I've had a handful of patients who benefited from the cleansers we use prior to surgery, like chlorhexidine gluconate. They can dramatically change the body bacteria and restore equilibrium.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Puzzles4Kids

Answer

LHGIN	S	SQNIHL
BRIEF	B	FIBBER
SCALE	M	CAMELS
TRAIL	O	TAILOR
GRAIN	C	RACING
WORDS	Y	DROWSY
DOORS	E	RODEOS
LEACT	N	NECTAR
PAINS	O	PIANOS
MEANT	H	ANTHEM

SENIOR NEWS LINE

by Matilda Charles

Gearing up for winter

I think I'm ready for winter. I say that with fingers crossed because, truly, around here you just never know, despite what the annual Almanac says. How about you? Are you ready to get through the coming winter?

One of the biggest and most important items on my to-do list was to find a new (and reliable) snow plow guy. It had to be someone with not only a plow on the front of his truck to take care of the heavy stuff in the driveway, but also a crew that would do the shoveling and ice chipping on the sidewalk and steps.

It's not only for my safety, keeping everything free of ice. The grocery delivery people need a safe walking surface as well. Last year I kept putting notes on the delivery order. Instead of "small bananas, please," my notes were along the lines of "BEWARE!! Ice on the sidewalk!! BEWARE!!"

As far as supplies, I've stocked up on canned goods, dry packaged foods, gallons of water, batteries and paper goods. (If you do this, keep an eye on the expiration dates of the food.) By stocking up, I'll need to go out to get groceries less often or have fewer deliveries.

And I haven't forgotten the cat. He'll be taken care of as well, with several cases and bags of his favorite food. I will, however, need to drive several towns away to the pet specialty prescription store.

And the car, scheduled for oil change and tire rotation ... check. Clear plastic on windows ... check. Batteries in the smoke detectors ... check. Mittens, hat, vest to wear under coat ... check, check, check.

A winter activity to be considered for cold weather: writing a novel. National Novel Writing Month (nanowrimo.org) began in 1999 to challenge people to complete a 50,000-word novel during the month of November. Interested? Check the website for loads of suggestions, tools and help!

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1. Which singer released "All Alone Am I"?
2. What was the limbo?
3. Name the singer-songwriter who released "Will It Go Round in Circles."
4. Which group released "Owner of a Lonely Heart"?
5. Name the song that contains this lyric: "I belong to another whose love has grown cold, but I promised forever to have and to hold."

Answers

1. Brenda Lee, in 1962. The original song was Greek, written for a Greek film. Lee's English language version topped the Billboard chart and stayed there for five weeks.
2. The limbo was a dance done by bending backward and moving under a horizontal pole without touching it and without touching the ground while the pole was gradually moved lower and lower.
3. Billy Preston in 1973. The song topped the charts in the U.S. and in Canada but also charted in Australia and South Africa.
4. Yes, in 1983. The song had its beginnings in South Africa when it was recorded on a 4-track tape player.
5. "Please Help Me, I'm Falling," by Hank Locklin, in 1960. After spending nine months on the country chart, the song showed up near the top of the Hot 100 chart. Several artists have released covers over the years, including the Everly Brothers and John Fogerty.

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Consider Fall Leaves A Gift From Nature

By MELINDA MYERS

Put fall leaves to work in your landscape. This valuable resource makes a great mulch in planting beds, adds organic matter and nutrients to the soil, provides habitat for many beneficial insects, and is insulation for ground-dwelling queen bumblebees, toads, and more.

Leave any disease-free leaves in garden beds but pull them away from the trunks of trees and stems of shrubs. Mulch piles against trunks or stems create a moist environment that is more subject to rot and disease. It also provides a hiding place next to these plants for voles that feed on bark over winter.

Avoid thick layers of leaves, six or more inches deep, in garden beds. They can block sunlight and smother the plants below. Pull leaves off the crowns of perennials and move the excess leaves to gardens with little or no mulch.

Use your mower to recycle fall leaves that land on the lawn. As you mow the grass you'll shred the leaves into smaller pieces. If they are the size of a quarter or smaller your lawn will be fine. As these leaf pieces decompose, they add organic matter and nutrients to the soil.

When the lawn is overwhelmed with leaves burn a

few extra calories and rake them into nearby planting beds. Whole leaves provide the best habitat for overwintering insects. Spread the leaves over the soil surface to help insulate the roots, conserve moisture, suppress weeds, and improve the soil as it breaks down.

If your garden beds are already filled with leaves or this is not practical, attach the bagger to the mower to shred and collect the excess leaves on the lawn. Only use grass clippings collected from lawns and leaves not treated with a weed killer this fall.

Dig extra shredded leaves into vacant annual flower and vegetable gardens or incorporate them into the soil as you prepare new planting beds. They will break down over winter, improving the drainage in heavy clay soils and increasing the water-holding ability in fast-draining soils.

Bag shredded leaves you want to save for next season. Tuck them out of sight for winter under trees or around the foundation of your house for added insulation.

Create compost with fall leaves, plant-based kitchen scraps, and other landscape trimmings. Do not use meat, bones or dairy that can attract rodents, charcoal ash, and human, pet

or bird droppings that may contain disease organisms. Avoid diseased and insect-infested plant debris, perennial weeds, and weeds gone to seed. These can survive in compost piles that don't produce sufficient heat to kill them and end up back in the garden in the compost.

Oak and large maple leaves make great mulches and additions to the compost pile but break down slowly. Shred them with your mower or leaf shredder first for quicker results.

You can compost black walnut, laurel, and eucalyptus leaves that contain chemicals toxic to other plants. Shred them first to speed decomposition and when they are fully decomposed the compost is safe to use in the garden.



MOWING FALLEN LEAVES on lawns to shred them into smaller pieces adds organic matter and nutrients to the soil as the leaf pieces decompose. Photo courtesy of MelindaMyers.com

As you begin putting the fall leaves to work in your landscape you will start considering them a gift, not a curse, from nature.

Melinda Myers has written over 20 gardening

books, including Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and

the nationally syndicated Melinda's Garden Moment radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Myers' website is www.MelindaMyers.com.

Lions Club Eye Mobile At Festivals, Pancake Breakfast

The Lions Club of Quincy joined Norfolk County Sheriff Patrick McDermott and Ward 4 City Councilor James Devine for Fall Fest Quincy that was held on Sunday, Sept. 22, at O'Rourke Field in Quincy.

The Lions Club of Quincy using their District eye mobile were able to screen adults for visual acuity issues and glaucoma pressure checks. Through the touch-a-truck event Lions members were able to show chil-

dren the equipment and help take away some of the fears of having an eye examination.

The Lions use an innovative spot camera that takes a picture of the eye that is designed to quickly detect several ophthalmological issues in children, with an emphasis on identifying amblyopic (lazy eye) risk factors. The "camera" is noninvasive, and with children between 6 months and 6 years of age many eye issues can be reversed. The spot vision

camera has a 90% accuracy rate for children.

An eye screening is the first step in eye health, which is why it is so important to get regular eye exams to detect eye issues that can cause more problems if left untreated. For over 80 years the Lions Club of Quincy has been working hard to bring better vision to all who need it.

If you or someone you know needs help in scheduling and eye exam or getting glasses or other vision assis-

tive devices, please contact the Lions Club of Quincy at quincylionsclub@gmail.com.

Don't worry if you missed your opportunity to have you or your child screened at Sunday's event.

The Lions Club and the eye mobile will be back in Quincy at the Food Truck Festival on Saturday, Oct. 5 and at the Lions Club Pancake Breakfast fundraiser on Sunday, Oct. 27th at the Kennedy Center.

October Events, Activities At Thomas Crane Public Library

OCTOBER 2024

bit.ly/TCPL-Calendar

ALL LIBRARIES CLOSED FOR INDIGENOUS PEOPLES' DAY
MONDAY, OCTOBER 14

Featured Events

After Hours: Zombie Prom
Live Music, Cash Bar, Spooky Fun
For Adults 21+
Friday, Oct 25 | 6:30 - 8:30 PM

Sound Bath Journey
Wednesday, Oct 23 | 7 - 8 PM

A Paranormal Journey Across Land & Sea
Thursday, Oct 24 | 7 - 8 PM

Concerts at the Crane: Trio Oko
Sunday, Oct 27 | 3 - 4 PM

In Person Events

Empowering & Healing Book Tasting: DV Awareness Month
Wednesday, Oct 9 | 7 - 8 PM

Genealogy Club Presents: Andiamo! Finding Your Italian Family
Wednesday, Oct 16 | 7 - 8 PM

Freedom to Read: Button Making!
Saturday, Oct 19 | 2:30 - 4 PM

Tea & Trivia: Presidential History
Saturday, Oct 26 | 11 AM - 12 PM

Genealogy Club Presents: New Clues from Old Headstones
Wednesday, Oct 30 | 7 - 8 PM

Cranium Events

The Cranium Makerspace
Drop-In, All Ages
OPEN HOURS
Wednesdays 5 - 7 PM

The following Craft Events are for Adults 18+
Registration Required for Craft Events

Crepes Paper Garlands
Thursday, Oct 10 6 - 7 PM

Pumpkin Crafts
Thursday, Oct 17 6 - 7:30 PM

Take & Make: Halloween Garlands
Thursday, Oct 31 2 - 4 PM
No Registration Required Drop In!

Bad Art Club
(Monthly, 4th Tuesdays) (Bimonthly, 4th Thursdays)
Tuesday, Oct 22 6 - 7:30 PM

Craft Club
Thursday, Oct 24 6 - 7:30 PM

Online Events

Registration Required to receive Zoom link

50+ Job Seekers Networking Group
August - December 2024
1st & 3rd Wednesdays | 9:30 - 11:30 AM

I Love RomComs and I am a Feminist G&A
Friday, Oct 4 | 2 - 3 PM

"Elections in Real Time" University Lecture
Monday, Oct 7 | 2 - 3 PM

The Anglo-Saxons: A History of the Beginnings of England
Tuesday, Oct 22 | 2 - 3 PM

The Origins and Evolution of Project 2025
Wednesday, Oct 23 | 7 - 8 PM

The Art of Commemoration and America's First Rural Cemetery
Tuesday, Oct 29 | 7 - 8 PM

Board of Trustees

Thursday, Oct 10
8:30 - 10 AM
Main Library

HOURS

Main Library
40 Washington St.
617-376-1300

Monday - Thursday
9 AM - 9 PM

Friday & Saturday
9 AM - 5 PM

Sunday
1 - 5 PM

Adams Shore
519 Sea Street
617-376-1300 x7

Monday
1 - 9 PM

Tuesday
9 AM - 5 PM

Wednesday & Thursday
1 - 5 PM

North Quincy
381 Hancock Street
617-376-1300 x8

Monday & Wednesday
9 AM - 5 PM

Tuesday
1 - 9 PM

Thursday
1 - 5 PM

Saturday
9 AM - 5 PM

Wollaston
41 Beale Street
617-376-1300 x9

Monday & Tuesday
1 - 5 PM

Wednesday
1 - 9 PM

Thursday
9 AM - 5 PM

Recurring Events

Monthly Board Game Night @ Main Library Tuesday, Oct 1 7 - 8 PM	Monthly Acoustic Song Circle w/ Mike Delaney Thursday, Oct 3 6 - 8 PM	Monthly Dementia Caregivers Support Group NO OCT MEETING 6 - 7 PM
Monthly Board Game Night @ Wollaston Wednesday, Oct 9 6:30 - 8:30 PM	Monthly Genealogy Club Research Help Thursday, Oct 10 6 - 7 PM	Monthly DOVE Lawyer for DV Survivors Friday, Oct 18 10 AM - 12 PM
Bimonthly Banned Book Club @ Wollaston Wednesday, Oct 23 7 - 8 PM	Bimonthly Rush Hour Reading w/ Quincycles Tuesday, October 29 7 - 8:30 PM	Monthly Meditation w/ Neeni Decha Tuesday, Oct 29 7 - 8 PM

Special Movie Nights

Presidential Popcorn Night Amistad (1997) Tuesday, Oct 8 6 - 8 PM	DV Awareness The Invisible Man Thursday, Oct 17 6 - 8 PM	Presidential Popcorn Night Frost/Nixon (2008) Tuesday, Oct 22 6 - 8 PM
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Movie Matinees

Wednesdays at the Main Library at 2 PM

Oct 2 A Haunting in Venice	Oct 16 Ghostbusters
Oct 9 Dracula (1931)	Oct 23 10 Cloverfield Lane
SPLIT	Oct 30 Hocus Pocus

FRIENDS BOOK STORE

Mondays, Wednesdays, Fridays
12:30 - 3:30 PM

Tuesdays
CLOSED

Thursdays
5 - 8 PM

Saturdays
9:30 AM - 3:30 PM

Accessible

Learn More about Friends of the TCPL, Donations, and Volunteering:
bit.ly/FriendsTCPL

Audio-Described Movie

Split (2017)
CANCELED
2 - 4 PM

Foreign Film Friday:

The Orphanage (2007)
Friday, Oct 18
2 - 4 PM

Movie @ Adams Shore:

Hocus Pocus
Thursday, Oct 17 | 2 - 4 PM

QUINCY FOOD TRUCK & Music Festival

**SATURDAY
OCTOBER 5, 2024**

NOON - 6 P.M.

CODDINGTON STREET

From Quincy High School to
Thomas Crane Library and
at the Coddington Building

PRESENTED BY



Visit www.QuincyMa.gov for more details.



Scan here for
event details



FOOD TRUCKS!



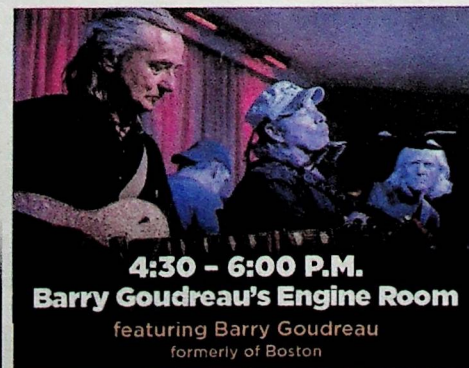
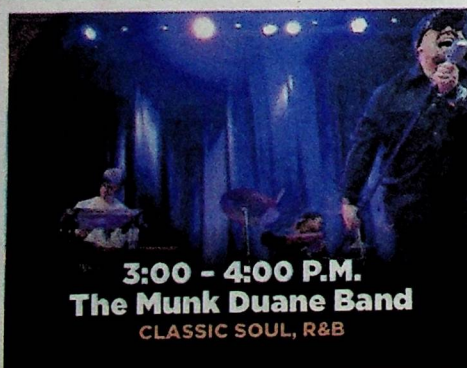
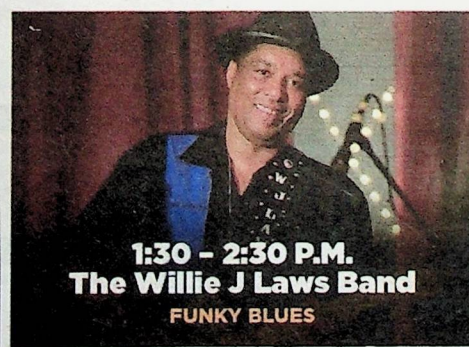
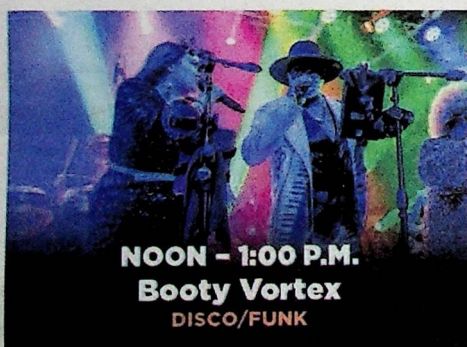
DESSERT TRUCKS!*

BEVERAGE TRUCKS!*



ALL DAY ENTERTAINMENT!*

ON THE MAIN STAGE



KIDS ENTERTAINMENT

ON THOMAS CRANE PUBLIC LIBRARY LAWN.
BRING BLANKETS AND LAWN CHAIRS.

NOON - 12:45 P.M.
PHILIP ALEXANDER
And The WILD THINGS!



1:15 - 2:00 P.M.
STEVIE KIDDING
THE RIDICULOUS MAGICIAN



2:30 - 3:15 P.M.
**MATT HEATON &
THE OUTSIDE TOYS**



3:45 - 4:30 P.M.
GREEN DRAGON CIRCUS
AERIALIST



4:00 - 6:00 P.M.
**DISNEY PRINCESS & SUPER
HEROS SING A LONG**



NOON - 4:00 P.M.
KIDS GAMING TRUCK



*SCHEDULED TO APPEAR.

** JUST ADDED